

Pos. Xeral	Dorsal	Nome	Tempo	Tempo Neto	Categoría	Pos Cat.	Sexo	Pos Sexo	Club	Cidade	O/Pos	CP1	O/Pos	CP2	O/Pos	Meta
1	1005	Abdelaziz Fatih Chhima	00:32:52	00:32:52	Senior	1	M	1	MARINEDA ATLETICO	A Coruña	4	00:03:27	5	00:20:40	1	00:32:52
2	1003	Juan Bueno Losada	00:33:05	00:33:05	Senior	2	M	2	ATLETISMO MACOTERA	Macotera	17	00:03:27	4	00:20:40	2	00:33:05
3	1029	Luis Pérez Varela	00:33:57	00:33:55	Senior	3	M	3	LA MOCHILA DEL DEPORTE	Ponteume	48	00:03:29	14	00:21:18	3	00:33:57
4	1007	Jonathan Fernández Ríos	00:34:14	00:34:13	Senior	4	M	4	PASA OU ENTORNA	Neda	32	00:03:29	12	00:21:23	5	00:34:14
5	1011	Javier Touris Fornos	00:34:19	00:34:18	Veterano 2	1	M	5	CLUB ATLETISMO SADA	A Coruña	16	00:03:26	1	00:21:23	4	00:34:19
6	1729	Alvaro Rodríguez Gonzalez	00:34:28	00:34:27	Veterano 2	2	M	6		Santiago De Compostela	34	00:03:26	2	00:21:44	7	00:34:28
7	1072	Luis Pinedo Armesto	00:34:38	00:34:37	Senior	5	M	7	CLUB ATLETISMO SADA	A Coruña	29	00:03:28	10	00:21:33	6	00:34:38
8	1073	Alvaro Presedo Fraguio	00:34:49	00:34:48	Senior	6	M	8		A Laracha	6	00:03:35	18	00:22:07	12	00:34:49
9	1020	Manuel Lorenzo Lopez	00:34:52	00:34:51	Senior	7	M	9	CLUB DEPORTIVO PINARIUM	Marín	8	00:03:27	6	00:21:46	8	00:34:52
10	1023	Antón Gómez González	00:35:00	00:34:59	Senior	8	M	10		Fonsagrada, A	7	00:03:28	11	00:22:01	9	00:35:00
11	1010	José Ángel Sánchez Redondo	00:35:02	00:35:01	Veterano 2	3	M	11	CLUB ATLETISMO MONTE SEGADE	Lugo	15	00:03:32	16	00:22:07	13	00:35:02
12	1024	Jesús Beceiro Novo	00:35:04	00:35:03	Veterano 1	1	M	12	Massalud	Ferrol	31	00:03:37	21	00:22:18	15	00:35:04
13	1070	Rubén Martínez Mayo	00:35:06	00:35:05	Senior	9	M	13	CLUB ATLETISMO NEGREIRA	Negreira	26	00:03:38	27	00:22:06	11	00:35:06
14	1028	Jose Suarez Leis	00:35:12	00:35:12	Veterano 3	1	M	14	CLUB ATLETISMO SAR VERMÚ PETRONI	A Baña	1	00:03:27	7	00:22:06	10	00:35:12
15	1025	Miguel Ángel Acosta Alcoba	00:35:13	00:35:13	Veterano 1	2	M	15	Cidade de Lugo Fluvial	A Coruña	11	00:03:28	9	00:22:07	14	00:35:13
16	1030	Jose Antonio Gontan Castro	00:35:56	00:35:55	Veterano 2	4	M	16	ATLETISMO FONTES DO SAR	Santiago De Compostela	14	00:03:42	41	00:22:45	23	00:35:56
17	1066	Alberto San Emeterio Fernández	00:35:59	00:35:58	Veterano 1	3	M	17	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	30	00:03:37	22	00:22:30	16	00:35:59
18	1087	Javier Oubiña Abuin	00:36:02	00:36:00	Veterano 1	4	M	18		A Coruña	39	00:03:34	17	00:22:35	19	00:36:02
19	1074	Pedro Pablo Outerelo Cousiño	00:36:02	00:36:00	Veterano 2	5	M	19	ATENAS RUNNING VDA	Vilagarcía De Arousa	54	00:03:41	39	00:22:45	22	00:36:02
20	1080	Jose Antonio Vidal Gonzalez	00:36:03	00:36:02	Veterano 1	5	M	20	CLUB ATLETISMO NEGREIRA	Brion	25	00:03:30	15	00:22:33	17	00:36:03
21	1018	Higinio Rodríguez Souto	00:36:10	00:36:09	Veterano 3	2	M	21	CLUB ATLETISMO MONTE SEGADE	Lugo	23	00:03:37	23	00:22:45	21	00:36:10
22	1085	Jose Luis Seoane Uzal	00:36:13	00:36:11	Veterano 1	6	M	22	Gando Taldea	A Coruña	42	00:03:40	30	00:22:46	24	00:36:13
23	1071	David Cano Conesa	00:36:18	00:36:16	Veterano 1	7	M	23	CORREDORES POPULARES ARMADA FERROL	Narón	59	00:03:40	32	00:22:44	20	00:36:18
24	1016	Mikel Ocerin Vazquez	00:36:43	00:36:42	Senior	10	M	24		Sada	10	00:03:36	19	00:22:34	18	00:36:43
25	1067	Fernando Manuel López De Las Heras	00:36:48	00:36:47	Veterano 2	6	M	25	CLUB ATLETISMO CORUÑA COMARCA	Culleredo	36	00:03:36	20	00:22:57	26	00:36:48
26	1095	Francisco Martínez Núñez	00:36:53	00:36:51	Veterano 2	7	M	26	CLUB ATLETISMO MONUMENTAL DE LUGO	Lugo	50	00:03:49	56	00:23:22	34	00:36:53
27	1062	Luis Alberto Villaverde Vázquez	00:36:54	00:36:53	Veterano 1	8	M	27	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Santiago De Compostela	12	00:03:37	25	00:23:19	33	00:36:54
28	1075	Lorenzo Sánchez Marcos	00:36:54	00:36:53	Veterano 3	3	M	28	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	27	00:03:41	38	00:23:14	30	00:36:54
29	1008	Jesus Maria Álvarez Rodríguez	00:37:00	00:36:59	Veterano 2	8	M	29	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	19	00:03:37	24	00:23:13	29	00:37:00
30	1081	Jose Manuel Teijeiro Iglesias	00:37:03	00:37:02	Veterano 2	9	M	30	CLUB CASTRO DE LOBADIZ	Narón	38	00:03:42	40	00:23:18	32	00:37:03
31	1086	Tomás Caamaño Sendón	00:37:05	00:37:03	Veterano 2	10	M	31		Muros	41	00:03:41	37	00:23:12	28	00:37:05
32	1089	Juan Carlos Raviña Furelos	00:37:06	00:37:05	Veterano 2	11	M	32	UNIVERSIDADE SANTIAGO DE COMPOSTELA	Santiago De Compostela	51	00:03:44	44	00:23:17	31	00:37:06
33	1027	Jose Manuel Seoane Pombo	00:37:24	00:37:23	Veterano 2	12	M	33	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Ames	22	00:03:29	13	00:22:55	25	00:37:24
34	1100	Alberto Castro Sanchez	00:37:24	00:37:22	Veterano 1	9	M	34	ATLETAS DE ACEA DE AMA	Culleredo	64	00:03:50	62	00:23:36	38	00:37:24
35	1077	Marcos Almozara Mayo	00:37:26	00:37:25	Senior	11	M	35	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Baña	20	00:03:39	28	00:23:23	35	00:37:26
36	1115	Jose Luis Roibas Fernandez	00:37:28	00:37:27	Veterano 2	13	M	36	CLUB ATLETISMO SADA	Cambre	35	00:03:41	35	00:23:29	36	00:37:28
37	1068	Xosé Manuel Penas Varela	00:37:35	00:37:11	Senior	12	M	37	Asociación Deportiva Cerne	Santiso	572	00:04:30	219	00:23:59	56	00:37:35
38	1200	Diego Collazo Varela	00:37:40	00:37:36	Senior	13	M	38	NOSPORTLIMIT	Culleredo	104	00:03:48	53	00:23:41	41	00:37:40
39	1105	Gustavo Graña Meijide	00:37:40	00:37:37	Senior	14	M	39	NOSPORTLIMIT	Carral	85	00:03:48	54	00:23:40	40	00:37:40
40	1079	Oscar Peña Rivera	00:37:43	00:37:39	Senior	15	M	40	CLUB OLYMPO AS PONTES	Monfero	112	00:03:52	67	00:23:49	45	00:37:43
41	1078	Roberto Vale Garcia	00:37:44	00:37:37	Veterano 2	14	M	41	FLUVIAL	Lugo	170	00:03:51	63	00:23:34	37	00:37:44
42	1061	Fran Moya Alcaina	00:37:48	00:37:46	Veterano 2	15	M	42	PEÑA DEPORTIVA SAN JOAQUIN	Bigastro	24	00:03:42	43	00:23:39	39	00:37:48
43	1109	Jose Antonio Juanatey Pérez	00:37:50	00:37:47	Veterano 2	16	M	43	ATLETISMO FONTES DO SAR	Santiago De Compostela	73	00:03:52	65	00:23:58	53	00:37:50
44	1163	Fernando Sierra Garcia	00:37:54	00:37:47	Veterano 1	10	M	44	NOSPORTLIMIT	A Coruña	203	00:03:57	86	00:23:59	55	00:37:54
45	1131	José Manuel Cao García	00:37:55	00:37:52	Veterano 2	17	M	45	ATLETISMO FONTES DO SAR	Santiago De Compostela	79	00:03:53	68	00:23:58	54	00:37:55
46	1133	Abel Lado Figueiras	00:37:55	00:37:54	Veterano 1	11	M	46	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Coruña	47	00:03:44	45	00:23:44	43	00:37:55

47	1096	Daniel Penas López	00:37:56	00:37:52	Senior	16	M	47		A Coruña	107	00:03:55	75	00:23:57	52	00:37:56
48	1012	Mauricio Loaliza Jaramillo	00:38:02	00:38:00	Veterano 1	12	M	48	CORREDORES POPULARES ARMADA FERROL	Narón	63	00:03:59	95	00:24:33	81	00:38:02
49	1120	Carlos Candano Bello	00:38:04	00:38:02	Senior	17	M	49	CLUB DEPORTIVO PINARIUM	Narón	61	00:03:42	42	00:23:56	49	00:38:04
50	1113	Francisco Javier Fernández García	00:38:09	00:38:06	Veterano 2	18	M	50		Muros	65	00:03:49	57	00:23:57	51	00:38:09
51	1125	Pablo Barreira Varela	00:38:11	00:38:10	Promesa	1	M	51	ATLETISMO RIAZOR CORUÑA	Malpica De Bergantiños	18	00:03:41	34	00:23:44	42	00:38:11
52	1108	Roberto Martínez Castro	00:38:11	00:38:07	Senior	18	M	52		Ferrol	111	00:03:46	48	00:23:56	50	00:38:11
53	1148	Kiko Calzas Suarez	00:38:12	00:38:08	Veterano 2	19	M	53	TERRA DE SONEIRA	Vimianzo	113	00:03:55	73	00:24:10	62	00:38:12
54	1144	José Losada Pérez	00:38:13	00:38:10	Veterano 1	13	M	54		A Coruña	75	00:03:47	52	00:24:00	57	00:38:13
55	1117	Jorge Carballeira Amarelo	00:38:14	00:38:11	Senior	19	M	55	CLUB CASTRO DE LOBADIZ	Pontes De García Rodríguez, As	98	00:03:58	90	00:24:09	61	00:38:14
56	1076	Emilio Martínez Núñez	00:38:14	00:38:12	Veterano 2	20	M	56	UNIVERSIDADE SANTIAGO DE COMPOSTELA	Santiago De Compostela	68	00:03:52	66	00:24:12	65	00:38:14
57	1114	Javier Paradelo Martico	00:38:19	00:38:17	Veterano 1	14	M	57	no tengo	Arteixo	55	00:03:47	50	00:24:03	59	00:38:19
58	1171	Diego Yañez Lamas	00:38:23	00:38:20	Senior	20	M	58		Cospito	60	00:03:45	47	00:24:27	77	00:38:23
59	1147	Jorge Sabio Fidalgo	00:38:24	00:38:22	Senior	21	M	59		Cambre	56	00:03:37	26	00:23:53	47	00:38:24
60	1069	Alfons Esquius Miquel	00:38:25	00:38:24	Veterano 3	4	M	60	CLUB ATLÉTIC MANRESA	Súria	45	00:03:40	31	00:23:53	46	00:38:25
61	1015	Manuel Corbelle Castro	00:38:27	00:38:26	Veterano 2	21	M	61		Lugo	21	00:03:41	36	00:24:02	58	00:38:27
62	1101	Angel Bello Ferreirós	00:38:29	00:38:29	Veterano 1	15	M	62	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Padrón	13	00:03:39	29	00:23:46	44	00:38:29
63	1107	Alfonso Garcia Bello	00:38:30	00:38:28	Veterano 3	5	M	63	CLUB ATLETISMO CORUÑA COMARCA	Cambre	44	00:03:56	81	00:24:24	74	00:38:30
64	1102	Angel García García	00:38:30	00:38:27	Veterano 2	22	M	64	CLUBE DE ATLETISMO VERXEL NUTRICION DEPORTIVA	Aranga	84	00:03:49	59	00:24:11	64	00:38:30
65	1311	Alejandro Rodríguez Fragueta	00:38:32	00:38:29	Senior	22	M	65	Club Natación Liceo	A Coruña	62	00:03:47	51	00:24:19	71	00:38:32
66	1137	Ramón García Teira	00:38:34	00:38:31	Veterano 2	23	M	66	ATLETISMO FONTES DO SAR	Santiago De Compostela	105	00:03:57	84	00:24:27	76	00:38:34
67	1182	José Noya Pérez	00:38:34	00:38:31	Veterano 2	24	M	67	ATLETISMO FONTES DO SAR	Santiago De Compostela	97	00:03:57	87	00:24:26	75	00:38:34
68	1084	Jose Luis Martínez Vicente	00:38:35	00:38:33	Veterano 2	25	M	68	PATUKOS TIM RANIN	A Coruña	70	00:03:56	80	00:24:19	70	00:38:35
69	1151	Miguel Budiño Vázquez	00:38:37	00:38:32	Senior	23	M	69		A Coruña	140	00:03:54	70	00:24:16	68	00:38:37
70	1488	Jorge Lara Rodríguez	00:38:41	00:38:36	Senior	24	M	70		Oleiros	131	00:03:57	83	00:23:54	48	00:38:41
71	1138	Miguel Ángel Fernández Casal	00:38:43	00:38:41	Veterano 3	6	M	71	ATLETAS VETERANOS OURENSE	Ourense	67	00:03:50	60	00:24:24	73	00:38:43
72	1112	David Herrera García	00:38:44	00:38:42	Veterano 1	16	M	72	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Coruña	43	00:03:55	79	00:24:10	63	00:38:44
73	1196	Euniciano Lopes Sousa	00:38:51	00:38:49	Senior	25	M	73	Clube Atletismo Vilaiba	Vilaiba	40	00:04:00	100	00:25:10	110	00:38:51
74	1127	Angel Cañizares Sánchez	00:38:51	00:38:47	Senior	26	M	74	CLUB OLYMPO AS PONTES	Pontes De García Rodríguez, As	108	00:03:57	85	00:24:15	66	00:38:51
75	1188	Carlos Becerra Do Ejo	00:38:52	00:38:48	Veterano 2	26	M	75	ATLETISMO FONTES DO SAR	Teo	106	00:04:08	135	00:24:50	92	00:38:52
76	1121	Borja Lastres	00:38:54	00:38:54	Senior	27	M	76		Oleiros	9	00:03:47	49	00:24:16	67	00:38:54
77	1297	Fran Garcia	00:38:55	00:38:50	Senior	28	M	77	Finisher Oleiros	Oleiros	132	00:04:08	133	00:24:54	96	00:38:55
78	1128	Juan Carlos Rodríguez Abruñedo	00:38:57	00:38:54	Veterano 2	27	M	78		Ares	90	00:03:54	72	00:24:30	79	00:38:57
79	1139	Iago Del Pozo Sanchez	00:38:59	00:38:56	Veterano 1	17	M	79		A Coruña	74	00:03:55	78	00:24:30	78	00:38:59
80	1119	Ricardo Alonso Fernandez	00:38:59	00:38:55	Veterano 1	18	M	80	C.D.V. TROTAPINARES	Arteixo	126	00:04:02	110	00:24:18	69	00:38:59
81	1176	Jose Luis Temprano Casal	00:38:59	00:38:56	Veterano 3	7	M	81	CLUB ATLETISMO SADA	Sada	103	00:03:48	55	00:24:21	72	00:38:59
82	1135	Gerardo Raposo Bujan	00:39:01	00:38:54	Veterano 2	28	M	82	CLUB ATLETISMO LUCUS CAIXA RURAL GALEGA	Lugo	175	00:04:06	124	00:24:48	89	00:39:01
83	1090	Antonio Carballal Gonzalez	00:39:02	00:38:59	Veterano 1	19	M	83	CLUB DEPORTIVO PINARIUM	Marín	76	00:03:59	92	00:24:37	83	00:39:02
84	1134	Juan Carlos Brandón Rodríguez	00:39:03	00:38:59	Veterano 3	8	M	84	ATLETISMO FONTES DO SAR	Santiago De Compostela	86	00:03:53	69	00:24:30	80	00:39:03
85	1186	Jose Manuel Vazquez Pose	00:39:03	00:38:58	Veterano 2	29	M	85	RUNNING OLEIROS	Oleiros	153	00:04:11	141	00:24:44	87	00:39:03
86	1352	David Esteban Ferreiro	00:39:06	00:39:01	Senior	29	M	86		Carral	142	00:04:05	121	00:24:47	88	00:39:06
87	1158	Mario Rodríguez Otero	00:39:11	00:39:07	Veterano 1	20	M	87	ATLETISMO FONTES DO SAR	Ames	89	00:03:58	89	00:24:36	82	00:39:11
88	1143	Jaime Cartelle Cudilleiro	00:39:11	00:39:04	Veterano 2	30	M	88	BESTARRUZA TRINITY TRAIL	Mugardos	195	00:04:11	143	00:24:58	101	00:39:11
89	1106	Antonio Priegue Leis	00:39:16	00:39:13	Veterano 2	31	M	89		Muros	93	00:03:58	91	00:24:38	84	00:39:16
90	1403	Roberto García Parga	00:39:18	00:39:09	Senior	30	M	90		Lugo	253	00:04:12	150	00:25:08	107	00:39:18
91	1124	David Jove Castro	00:39:20	00:39:18	Veterano 2	32	M	91	CLUB CASTRO DE LOBADIZ	Ferrol	58	00:04:04	115	00:25:03	104	00:39:20
92	1170	Alvaro Cimarras Iglesias	00:39:22	00:39:19	Veterano 1	21	M	92	Trinity triatlon	A Coruña	100	00:04:01	105	00:24:55	98	00:39:22
93	1149	Borja Lage Sexto	00:39:24	00:39:21	Senior	31	M	93		A Coruña	78	00:03:55	76	00:24:43	86	00:39:24

94	1155	Ignacio Prieto Garcia	00:39:26	00:39:20	Senior	32	M	94		Barjeza, La	178	00:04:09	137	00:24:53	95	00:39:26
95	2541	David Pelaez Alvarez	00:39:30	00:39:19	Veterano 1	22	M	95	ASOCIACION DEPORTIVA ATLETICA DO SIL (ADAS)	Barco De Valdeorras, O	285	00:04:19	165	00:25:11	112	00:39:30
96	1082	Byron Orejuela	00:39:31	00:39:29	Veterano 2	33	M	96	ATLETISMO RIAZOR CORUÑA	A Coruña	46	00:03:49	58	00:24:49	91	00:39:31
97	1333	Oscar Gonzalez Estevez	00:39:32	00:39:24	Senior	33	M	97	NOSPORTLIMIT	Culleredo	205	00:04:08	131	00:25:14	114	00:39:32
98	1093	Gonzalo Muño Codesido	00:39:33	00:39:29	Veterano 2	34	M	98	ATLETAS DE ACEA DE AMA	Cambre	121	00:03:58	88	00:24:41	85	00:39:33
99	1088	Roberto Garcia Pazos	00:39:34	00:39:31	Senior	34	M	99	CLUB ATLETISMO SADA	Sada	92	00:03:44	46	00:24:09	60	00:39:34
100	1156	Julio J. Souto Diz	00:39:35	00:39:33	Veterano 3	9	M	100		Oleiros	71	00:03:54	71	00:24:49	90	00:39:35
101	1132	Juan José Fernández Leira	00:39:37	00:39:34	Veterano 3	10	M	101	CLUB CASTRO DE LOBADIZ	Ferrol	80	00:04:00	102	00:24:59	103	00:39:37
102	1300	Bruno Bello La Fuente	00:39:38	00:39:33	Senior	35	M	102	TERRA DE SONEIRA	A Coruña	130	00:04:04	116	00:25:16	116	00:39:38
103	1331	Héctor Simón Martínez	00:39:39	00:39:33	Senior	36	M	103	NOSPORTLIMIT	A Coruña	139	00:04:04	117	00:25:16	117	00:39:39
104	1145	Javier Villamizar Vázquez	00:39:41	00:39:35	Senior	37	M	104	Club Hércules Termaria	A Coruña	158	00:04:06	123	00:24:52	93	00:39:41
105	1166	Carlos Caneda Prieto	00:39:44	00:39:40	Senior	38	M	105		A Coruña	95	00:03:56	82	00:24:57	100	00:39:44
106	1197	Juan Carlos Castro Fernandez	00:39:44	00:39:42	Senior	39	M	106	RUNNING OLEIROS	Oleiros	57	00:03:52	64	00:25:05	105	00:39:44
107	1179	José Manuel Guerrero Castillo	00:39:47	00:39:44	Veterano 2	35	M	107	Atletismo Novo Mesoiro - A Coruña	A Coruña	96	00:04:01	107	00:24:53	94	00:39:47
108	1177	Jose Antonio Romero Barreiro	00:39:49	00:39:45	Senior	40	M	108	CLUB ATLETISMO BOIMORTO	Mesía	99	00:03:59	94	00:24:57	99	00:39:49
109	2625	Manuel Lorenzo Mejuto	00:39:49	00:39:45	Veterano 2	36	M	109	FLUVIAL	A Coruña	115	00:03:55	77	00:24:55	97	00:39:49
110	1189	Carlos Alvedro Fernandez	00:39:51	00:39:47	Veterano 2	37	M	110	FRANCISCANOS	A Coruña	122	00:04:07	126	00:25:12	113	00:39:51
111	1129	Miguel Gómez Senín	00:39:53	00:39:51	Veterano 1	23	M	111	RUNNING OLEIROS	Cambre	72	00:04:01	103	00:25:10	109	00:39:53
112	1083	Oscar Dopazo Penin	00:39:53	00:39:48	Veterano 2	38	M	112	MARINEDA ATLETICO	A Coruña	146	00:04:13	153	00:25:25	125	00:39:53
113	1226	Quique Jené Izquierdo	00:39:56	00:39:52	Veterano 3	11	M	113		Barcelona	109	00:04:04	114	00:25:15	115	00:39:56
114	1343	Alberto Garcia Golan	00:39:57	00:39:43	Senior	41	M	114		Negreira	353	00:04:16	159	00:25:21	121	00:39:57
115	1192	Giovani García Estévez	00:39:59	00:39:55	Senior	42	M	115	NOSPORTLIMIT	Culleredo	118	00:04:06	122	00:25:17	119	00:39:59
116	2543	Martín González Vázquez	00:40:01	00:39:53	Senior	43	M	116	NOSPORTLIMIT	Betanzos	206	00:04:08	132	00:25:09	108	00:40:01
117	1395	Alberto Fraga Suarez	00:40:02	00:39:53	Senior	44	M	117		A Coruña	259	00:04:23	181	00:25:31	130	00:40:02
118	1116	Óscar Fresnedo	00:40:02	00:39:52	Senior	45	M	118		Culleredo	277	00:04:22	176	00:25:26	126	00:40:02
119	1159	Miguel Ángel González Cal	00:40:05	00:40:02	Veterano 1	24	M	119		A Coruña	82	00:04:00	96	00:25:21	122	00:40:05
120	1165	Saul Gomez Arrojo	00:40:06	00:40:04	Veterano 3	12	M	120	RUNNING OLEIROS	A Coruña	53	00:04:02	108	00:24:58	102	00:40:06
121	1322	Juan Carlos Bardanca Sanjurjo	00:40:07	00:40:00	Veterano 2	39	M	121	CLUB ATLETISMO SADA	Bergondo	183	00:04:02	109	00:25:07	106	00:40:07
122	1141	Javi Bregua Dalmeda	00:40:11	00:40:05	Veterano 1	25	M	122	Run4one	A Coruña	163	00:04:03	113	00:25:23	124	00:40:11
123	1371	Javier Fernández Padin	00:40:13	00:40:05	Veterano 2	40	M	123	TIRAMILLAS	Cambre	214	00:04:24	189	00:25:51	142	00:40:13
124	1160	Alexandre Garcia Lopez	00:40:16	00:40:14	Veterano 1	26	M	124	ESCOLA DE ATLETISMO PAULA MAYOBRE	Fene	33	00:03:50	61	00:25:11	111	00:40:16
125	1216	Eloy Diaz Lopez	00:40:17	00:40:08	Veterano 1	27	M	125		Baralla	250	00:04:27	202	00:25:46	137	00:40:17
126	1111	Pablo Menendez Iglesias	00:40:18	00:40:15	Veterano 2	41	M	126	CLUB SOCIAL BANCO PASTOR	A Coruña	88	00:04:03	111	00:25:18	120	00:40:18
127	1205	Alejandro Núñez Martín	00:40:20	00:40:17	Veterano 1	28	M	127	ATHLETICS SMOOY TEAM	Vigo	66	00:04:10	140	00:25:44	136	00:40:20
128	1201	Javier Blanco Blanco	00:40:27	00:40:21	Veterano 2	42	M	128		Santiago De Compostela	168	00:04:07	125	00:25:30	129	00:40:27
129	1002	Teresa Castro Villaverde	00:40:34	00:40:33	Veterano 2	1	F	1	CLUB ATLETISMO NOIA	Vimianzo	28	00:04:01	106	00:25:26	127	00:40:34
130	1091	Javier Novo Bujero	00:40:35	00:40:31	Veterano 1	29	M	129	C.D. OS MUDITOS	Vimianzo	94	00:04:00	97	00:25:22	123	00:40:35
131	1325	Jose Antonio Chuecos Escalona	00:40:37	00:40:32	Veterano 1	30	M	130	CLUB CASTRO DE LOBADIZ	Narón	124	00:04:03	112	00:25:34	132	00:40:37
132	1185	Santiago Garcia Bello	00:40:43	00:40:41	Veterano 2	43	M	131	Trasnos coruña	Cambre	49	00:04:00	101	00:25:28	128	00:40:43
133	1308	Manuel Bouzas Espasandin	00:40:49	00:40:44	Veterano 1	31	M	132	ATLETISMO RIAZOR CORUÑA	A Coruña	127	00:04:14	157	00:25:49	141	00:40:49
134	1375	Luis Martinez Freire	00:40:55	00:40:43	Veterano 1	32	M	133		Narón	302	00:04:30	218	00:26:11	157	00:40:55
135	1161	Jose Saez Suarez	00:40:55	00:40:51	Veterano 1	33	M	134	CLUB CASTRO DE LOBADIZ	Narón	114	00:04:07	127	00:25:33	131	00:40:55
136	1301	Carlos García Amigo	00:40:59	00:40:54	Veterano 2	44	M	135	C.A.R. MARISQUEIRO	Santiago De Compostela	137	00:04:10	139	00:25:35	133	00:40:59
137	1199	Remigio Rioboo Gutiérrez	00:41:00	00:40:54	Veterano 2	45	M	136	MARINEDA ATLETICO	A Coruña	165	00:04:13	154	00:25:36	135	00:41:00
138	1332	Iker Mansilla Gascón	00:41:03	00:40:48	Veterano 1	34	M	137		A Coruña	388	00:04:27	206	00:26:04	150	00:41:03
139	1315	Luis Enrique Fernandez Rodriguez	00:41:04	00:40:59	Veterano 3	13	M	138		A Coruña	133	00:04:07	130	00:25:35	134	00:41:04
140	1162	Ramon Lopez Roman	00:41:05	00:40:59	Veterano 3	14	M	139		A Coruña	145	00:04:09	138	00:26:02	149	00:41:05

141	1207	Alvaro Seara Perez	00:41:06	00:41:01	Veterano 1	35	M	140	ATLETISMO FONTES DO SAR	Teo	144	00:04:22	180	00:26:07	153	00:41:06
142	1202	Ignacio Lorenzo Ramos	00:41:09	00:40:28	Senior	46	M	141	Parga Rules	Guitiriz	870	00:05:01	389	00:26:23	165	00:41:09
143	1198	Francisco Basalo Vazquez	00:41:12	00:41:04	Veterano 2	46	M	142	TIRAMILLAS	Cambre	216	00:04:24	188	00:25:53	143	00:41:12
144	1103	Jose Manuel Garcia Estevez	00:41:18	00:41:13	Veterano 2	47	M	143	ATLETISMO MILLADOIRO	Negreira	148	00:04:09	136	00:25:17	118	00:41:18
145	1838	Alejandro Carreira Villaverde	00:41:21	00:41:14	Veterano 1	36	M	144		Oleiros	185	00:04:12	146	00:25:55	146	00:41:21
146	1031	Noemi Moral Navazo	00:41:23	00:41:20	Veterano 1	1	F	2	CLUBE DE ATLETISMO VERXEL NUTRICION DEPORTIVA	Oleiros	87	00:04:05	120	00:25:54	145	00:41:23
147	1183	Alberto Fernandez Muñiz	00:41:24	00:41:21	Veterano 2	48	M	145	NOSPORTLIMIT	A Coruña	77	00:04:00	99	00:25:57	147	00:41:24
148	1178	Pablo Franco Yáñez	00:41:27	00:41:22	Senior	47	M	146	Club Triatlón Coruña	A Coruña	147	00:04:22	174	00:26:10	155	00:41:27
149	1146	Rafael Suarez Fernandez	00:41:28	00:41:21	Veterano 2	49	M	147	MARINEDA ATLETICO	A Coruña	177	00:04:13	156	00:26:05	152	00:41:28
150	1361	Manuel Puente Veiga	00:41:29	00:41:20	Veterano 2	50	M	148	SOLORUNNERS CORUÑA	A Coruña	249	00:04:34	238	00:26:30	171	00:41:29
151	1099	Roberto Cid Sanmartin	00:41:31	00:41:29	Veterano 2	51	M	149	TRIATLON CORUÑA	Oleiros	52	00:04:00	98	00:25:49	140	00:41:31
152	1032	Raquel Vázquez	00:41:34	00:41:32	Senior	1	F	3	CLUB ATLETISMO SADA	Betanzos	69	00:04:01	104	00:25:53	144	00:41:34
153	1225	Javier Cupeiro Frade	00:41:36	00:41:30	Veterano 2	52	M	150		A Coruña	156	00:04:07	129	00:26:11	156	00:41:36
154	1142	Antonio Rivas Feal	00:41:38	00:41:34	Veterano 3	15	M	151	A.D. FOGAR CARBALLO	Oleiros	110	00:04:08	134	00:26:07	154	00:41:38
155	1208	Tomás García Gallego	00:41:41	00:41:32	Veterano 2	53	M	152	Zapatilla Veloz	A Coruña	263	00:04:25	194	00:26:19	164	00:41:41
156	1214	Gonzalo Ortiz Alonso	00:41:43	00:41:37	Veterano 2	54	M	153		A Coruña	171	00:04:12	149	00:26:04	151	00:41:43
157	1211	Enrique Santos Lorenzo	00:41:50	00:41:32	Veterano 2	55	M	154	TERRA DE SONEIRA	Vimianzo	437	00:04:40	270	00:26:44	177	00:41:50
158	1446	Brais Barreiros Dapena	00:41:50	00:41:44	Senior	48	M	155	TROPA DO CARALLO	Ourense	173	00:04:13	152	00:26:27	167	00:41:50
159	1377	Daniel Rivera Suarez	00:41:52	00:41:34	Senior	49	M	156		A Coruña	453	00:04:41	280	00:26:46	179	00:41:52
160	1359	Fernando Vazquez Ares	00:41:53	00:41:45	Veterano 1	37	M	157		Cambre	196	00:04:23	184	00:26:29	170	00:41:53
161	1319	Fernando Garcia-carpintero Díaz	00:41:54	00:41:51	Veterano 1	38	M	158	Club Triatlón Coruña	Cambre	83	00:03:59	93	00:26:15	160	00:41:54
162	1317	Miguel Ángel Varela López	00:41:56	00:41:51	Veterano 3	16	M	159	CLUB CASTRO DE LOBADIZ	Ferrol	135	00:04:13	151	00:26:28	169	00:41:56
163	1386	Juan Galán Presas	00:41:58	00:41:51	Veterano 2	56	M	160	CLUB ATLETISMO SADA	A Coruña	186	00:04:18	163	00:26:17	162	00:41:58
164	1191	Adrián Viaño Iglesias	00:41:59	00:41:54	Senior	50	M	161	NOSPORTLIMIT	Santiago De Compostela	119	00:04:05	118	00:25:47	138	00:41:59
165	1022	Manuel Freire Gonzalez	00:42:00	00:41:56	Veterano 1	39	M	162	CLUB SOCIAL BANCO PASTOR	Bueu	117	00:03:55	74	00:25:48	139	00:42:00
166	1164	Fco Javier Perez Cascudo	00:42:03	00:41:55	Veterano 2	57	M	163	CLUB DEPORTIVO JIMBARAN	Lugo	201	00:04:05	119	00:26:00	148	00:42:03
167	1478	Jorge Busto Mariño	00:42:03	00:41:21	Veterano 1	40	M	164		A Coruña	880	00:05:04	408	00:26:33	172	00:42:03
168	1034	Emma Iglesias Penelas	00:42:05	00:41:59	Veterano 2	2	F	4	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Lugo	174	00:04:26	200	00:26:39	174	00:42:05
169	1376	Jose Reiré Castro	00:42:05	00:41:56	Veterano 2	58	M	165		A Coruña	251	00:04:16	160	00:26:16	161	00:42:05
170	1193	Manuel Sánchez Castedo	00:42:07	00:42:00	Veterano 3	17	M	166	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Lugo	189	00:04:25	196	00:26:39	173	00:42:07
171	1393	Germán Barbeito Rey	00:42:10	00:41:56	Veterano 2	59	M	167	C.A. OUTES. JOHN-TURKEY	Culleredo	360	00:04:22	172	00:26:28	168	00:42:10
172	1454	Eduardo Pinedo Iglesias	00:42:12	00:42:06	Veterano 4	1	M	168	CLUB ATLETISMO SADA	Oleiros	187	00:04:20	167	00:26:17	163	00:42:12
173	1173	Ángel Juvíño Prego	00:42:13	00:42:08	Veterano 2	60	M	169		A Coruña	141	00:04:22	178	00:26:45	178	00:42:13
174	1416	Pablito Teijo Lopez	00:42:19	00:41:48	Veterano 1	41	M	170		Betanzos	680	00:04:51	338	00:26:50	185	00:42:19
175	1689	Jesus Fondevila	00:42:20	00:42:04	Veterano 2	61	M	171		A Coruña	406	00:04:49	323	00:27:27	227	00:42:20
176	1544	Manuel Angel González Brañas	00:42:21	00:42:10	Veterano 2	62	M	172		Lugo	300	00:04:26	199	00:26:48	182	00:42:21
177	1224	Hugo Cascudo Fojo	00:42:22	00:42:17	Senior	51	M	173		A Coruña	128	00:04:07	128	00:26:26	166	00:42:22
178	1059	Elena Gonzalez Fernandez	00:42:23	00:42:16	Veterano 2	3	F	5	LA MOCHILA DEL DEPORTE	A Coruña	184	00:04:27	203	00:27:00	190	00:42:23
179	1335	David Acevedo Edreira	00:42:24	00:42:18	Senior	52	M	174		A Coruña	164	00:04:11	144	00:26:42	176	00:42:24
180	1418	Álvaro Barca Buyo	00:42:26	00:42:20	Veterano 2	63	M	175		A Coruña	179	00:04:22	175	00:26:53	188	00:42:26
181	1309	Jesus Vazquez Rodriguez	00:42:28	00:42:22	Veterano 4	2	M	176	ATLETISMO MILLADOIRO	A Coruña	157	00:04:22	177	00:26:47	181	00:42:28
182	1168	Roberto Andrade Villar	00:42:29	00:42:23	Senior	53	M	177	TERRA DE SONEIRA	Arteixo	143	00:04:12	147	00:26:12	158	00:42:29
183	1434	Jose Antonio Valiño Ces	00:42:31	00:42:26	Veterano 1	42	M	178	ATLETISMO FONTES DO SAR	Santiago De Compostela	129	00:04:24	187	00:26:52	186	00:42:31
184	1451	Fernando Varela Castro	00:42:32	00:42:22	Senior	54	M	179		A Coruña	266	00:04:31	221	00:26:53	187	00:42:32
185	1387	Alberto Dopazo Holgado	00:42:33	00:42:24	Veterano 2	64	M	180	CLUB ATLETISMO SADA	Sada	218	00:04:19	166	00:26:40	175	00:42:33
186	1452	Carlos López Domínguez	00:42:36	00:42:27	Veterano 3	18	M	181		Carballo	255	00:04:22	179	00:27:00	191	00:42:36
187	1511	Daniel Nogueira Carro	00:42:39	00:42:28	Senior	55	M	182		A Coruña	279	00:04:34	236	00:27:06	197	00:42:39

188	1353	Lino Espiñeira Castro	00:42:40	00:42:28	Veterano 2	65	M	183		Frades	306	00:04:32	229	00:27:10	202	00:42:40
189	1404	Alfonso Javier Castro Souto	00:42:42	00:42:28	Senior	56	M	184	MARINEDA ATLETICO	A Coruña	378	00:04:34	239	00:27:04	194	00:42:42
190	1221	Borja Blanco Rey	00:42:45	00:42:07	Senior	57	M	185		A Coruña	827	00:05:14	453	00:27:34	237	00:42:45
191	1344	José Enrique Gómez López	00:42:49	00:42:41	Veterano 3	19	M	186		A Coruña	230	00:04:31	225	00:27:05	195	00:42:49
192	2371	Julio Alberto Simón Blanco	00:42:51	00:42:24	Veterano 3	20	M	187		A Coruña	635	00:04:57	365	00:27:28	230	00:42:51
193	1324	José Manuel Dopico Soto	00:42:51	00:42:47	Veterano 3	21	M	188	EGOVARROS DE VIVEIRO	Neda	116	00:04:21	171	00:27:09	201	00:42:51
194	1419	Javier Fernández Martínez	00:42:51	00:42:41	Veterano 2	66	M	189		Cambre	282	00:04:31	223	00:26:58	189	00:42:51
195	1401	Francisco Del Busto González	00:42:52	00:42:41	Veterano 2	67	M	190		Cambre	294	00:04:33	232	00:27:17	206	00:42:52
196	1152	Oscar Dieguez Pintor	00:42:52	00:42:38	Senior	58	M	191	Cerne	Arzúa	367	00:04:50	333	00:27:53	261	00:42:52
197	1154	Fco. Javier Garcia Palleiro	00:42:53	00:42:48	Veterano 2	68	M	192		Culleredo	123	00:04:21	169	00:27:08	199	00:42:53
198	1338	Pedro Prada Rodríguez	00:42:55	00:42:47	Veterano 2	69	M	193		Culleredo	219	00:04:12	148	00:26:47	180	00:42:55
199	1169	César Ramil Ferreiro	00:42:57	00:42:49	Veterano 1	43	M	194	Triume	Pontes De García Rodríguez, As	223	00:04:33	234	00:27:22	217	00:42:57
200	1466	Jose Antonio Fernandez Vazquez	00:42:58	00:42:44	Veterano 2	70	M	195		A Coruña	366	00:04:54	352	00:27:26	226	00:42:58
201	1423	Jose Luis Bergondo Vazquez	00:43:00	00:42:47	Veterano 1	44	M	196		A Coruña	327	00:04:31	224	00:27:11	203	00:43:00
202	1358	Jorge González Fernández	00:43:00	00:42:45	Senior	49	M	197	ESPRINTES OURENSE	Ourense	389	00:04:25	195	00:27:03	193	00:43:00
203	1890	Jesús Méndez Lamas	00:43:00	00:42:43	Veterano 1	45	M	198		Baralla	443	00:05:00	377	00:27:32	222	00:43:00
204	1363	Jorge Vilarño Mozo	00:43:02	00:42:51	Veterano 4	3	M	199		Ferrol	287	00:04:41	275	00:27:23	231	00:43:02
205	1098	Felix Quintans Melendez	00:43:02	00:42:18	Veterano 2	71	M	200	C.D. SAN PAIO A ESTRADA	Oleiros	907	00:05:03	404	00:27:30	231	00:43:02
206	1485	Alberto Varela Collazo	00:43:02	00:42:55	Veterano 1	46	M	201		A Coruña	198	00:04:30	220	00:27:25	224	00:43:02
207	1187	Xabier Varela López	00:43:02	00:42:46	Veterano 2	72	M	202	A.D.CERNE	Melide	411	00:04:52	343	00:27:54	263	00:43:02
208	1306	Javier Portas Lemus	00:43:03	00:42:37	Veterano 2	73	M	203		A Coruña	606	99:99:99	999999	00:27:23	220	00:43:03
209	1318	Xosé Manuel Pampín Fuciños	00:43:04	00:42:47	Veterano 3	22	M	204	A.D.Cerne	Melide	412	00:04:51	339	00:27:54	262	00:43:04
210	1411	Antonio Garcia Bello	00:43:04	00:42:53	Veterano 3	23	M	205	ATLETAS DE ACEA DE AMA	Culleredo	295	00:04:29	213	00:27:19	209	00:43:04
211	1473	Jesus Francisco Gómez Santos	00:43:05	00:42:59	Senior	60	M	206	NOSPORTLIMIT	Pontececeo	150	00:04:37	254	00:27:37	243	00:43:05
212	1465	Ignacio García González	00:43:06	00:42:53	Senior	61	M	207	NOSPORTLIMIT	A Coruña	355	00:04:43	291	00:27:32	233	00:43:06
213	1528	Perfecto Vázquez Rivera	00:43:07	00:42:52	Senior	62	M	208		A Coruña	384	00:04:34	242	00:27:20	212	00:43:07
214	1437	José Mª Rubio Jiménez De Llano	00:43:10	00:42:56	Veterano 2	74	M	209		A Coruña	369	00:04:31	222	00:27:09	200	00:43:10
215	1303	Iván López González	00:43:10	00:43:03	Veterano 1	47	M	210	ATLETAS DE ACEA DE AMA	Bergondo	199	00:04:18	164	00:27:06	196	00:43:10
216	1477	Gustavo Rodríguez Pérez	00:43:11	00:43:07	Veterano 2	75	M	211		Oleiros	101	00:04:18	161	00:27:19	208	00:43:11
217	1355	Jorge Diaz Villalba	00:43:14	00:43:04	Veterano 1	48	M	212	ATLETAS DE ACEA DE AMA	Culleredo	260	00:04:30	216	00:27:20	211	00:43:14
218	2630	David Viña	00:43:14	00:43:05	Veterano 1	49	M	213		Carballo	234	00:04:27	205	00:27:21	215	00:43:14
219	1320	Luis Manuel Hernández Crespo	00:43:16	00:42:49	Veterano 2	76	M	214		Miño	634	00:04:53	349	00:27:24	223	00:43:16
220	1392	Miguel Gomez C.	00:43:17	00:43:09	Veterano 2	77	M	215		Curtis	229	00:04:40	268	00:27:40	250	00:43:17
221	1424	Alvaro Gago Fernandez	00:43:18	00:43:06	Veterano 2	78	M	216		A Coruña	325	00:04:36	247	00:27:13	204	00:43:18
222	1505	Carlos Ojea Castro	00:43:20	00:43:12	Veterano 2	79	M	217	NOSPORTLIMIT	A Coruña	233	00:04:24	190	00:27:16	205	00:43:20
223	1381	Manuel Ayose Miraba Hemanadez	00:43:22	00:43:06	Senior	63	M	218	CORREDORES POPULARES ARMADA FERROL	Palmas De Gran Canaria, Las	395	00:04:36	248	00:27:23	219	00:43:22
224	1405	Iago Crespo Taboada	00:43:22	00:43:14	Senior	64	M	219	CD GAS NATURAL FENOSA	A Coruña	241	00:04:26	201	00:27:00	192	00:43:22
225	1542	Alejandro Iglesias García	00:43:24	00:43:14	Senior	65	M	220		Teo	274	00:04:28	207	00:27:32	234	00:43:24
226	1541	Javier Vazquez Pereiro	00:43:25	00:43:14	Veterano 1	50	M	221		Culleredo	290	00:04:29	214	00:27:34	236	00:43:25
227	1167	Iván Palleiro Pérez	00:43:25	00:43:21	Senior	66	M	222	Garrapucho	A Coruña	120	00:04:11	142	00:26:50	184	00:43:25
228	1321	Jose Luis Prieto Souto	00:43:27	00:43:18	Veterano 3	24	M	223		A Coruña	228	00:04:36	244	00:27:21	216	00:43:27
229	1438	Manuel Garea Suárez	00:43:27	00:43:06	Senior	67	M	224	NOSPORTLIMIT	Frades	510	00:04:37	249	00:27:20	210	00:43:27
230	1373	Victor Hugo Torrado Muñiz	00:43:29	00:42:33	Senior	68	M	225		Arteixo	1091	00:05:47	648	00:28:03	277	00:43:29
231	1346	Enrique Rivas Pulpeiro	00:43:30	00:43:23	Senior	69	M	226	RUNNING OLEIROS	Cambre	180	00:04:37	251	00:27:38	247	00:43:30
232	1368	Enrique Grifan Torrado	00:43:30	00:43:11	Veterano 2	80	M	227	NOSPORTLIMIT	Oleiros	447	00:04:39	258	00:27:25	225	00:43:30
233	1498	Jesús Ángel Santiuste Insua	00:43:30	00:43:18	Veterano 3	25	M	228		A Coruña	311	00:04:46	309	00:27:57	267	00:43:30
234	1043	Mónica Mezquita Vázquez	00:43:31	00:43:26	Senior	2	F	6	NOSPORTLIMIT	A Coruña	149	00:04:37	255	00:27:38	245	00:43:31

235	1184	Jose Luis Lopez Valcarcel	00:43:34	00:43:34	Veterano 3	26	M	229	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	999999	99:99:99	999999	00:28:00	273	00:43:34
236	2512	Miguel Rodríguez Rodríguez	00:43:35	00:42:58	Senior	70	M	230		Bergondo	793	00:05:13	448	00:27:49	258	00:43:35
237	1657	Jesús Vaamonde Rúa	00:43:36	00:43:28	Veterano 3	27	M	231		La Coruña	217	00:04:21	170	00:27:22	218	00:43:36
238	1194	Giovanni Quintans Melendez	00:43:36	00:43:30	Veterano 2	81	M	232	C.D. SAN PAIO A ESTRADA	A Coruña	169	00:04:26	198	00:27:21	214	00:43:36
239	1347	Ruben Buceta Seijas	00:43:40	00:43:34	Promesa	2	M	233	ATLETISMO RIAZOR CORUÑA	Culleredo	160	00:04:24	193	00:27:37	242	00:43:40
240	1441	Adrián Barreiro Afón	00:43:42	00:43:33	Veterano 1	51	M	234		A Laracha	231	00:04:24	186	00:27:18	207	00:43:42
241	1415	Juan José Ortega Ortega	00:43:43	00:43:35	Veterano 2	82	M	235	CLUB MONTE PENA RUBIA	Lugo	240	00:04:23	182	00:27:39	248	00:43:43
242	1448	Marcos Garcia Garcia	00:43:45	00:43:34	Veterano 2	83	M	236	NOSPORTLIMIT	Cambre	291	00:04:29	212	00:27:27	229	00:43:45
243	1402	Fernando Miguez Sánchez	00:43:45	00:43:38	Veterano 2	84	M	237	CLUB ATLETISMO SADA	Sada	211	00:04:29	210	00:27:45	254	00:43:45
244	1174	Marcelo Bello Gómez	00:43:46	00:43:40	Veterano 2	85	M	238	ATLETAS DE ACEA DE AMA	Culleredo	159	00:04:23	185	00:27:20	213	00:43:46
245	1475	Pachi Dopico	00:43:47	00:43:41	Veterano 2	86	M	239	metalúrgica herculina	A Coruña	176	00:04:16	158	00:27:08	198	00:43:47
246	1462	Esteban Gomez Rodriguez	00:43:48	00:43:34	Veterano 2	87	M	240	Porcos Bravos Lugo	Lugo	357	00:04:41	281	00:27:35	239	00:43:48
247	1313	Alfonso Perez Sanfiz	00:43:50	00:43:37	Veterano 2	88	M	241	PORCOS BRAVOS	Outeiro De Rei	356	00:04:40	274	00:27:35	238	00:43:50
248	2565	Dani Insua	00:43:55	00:43:35	Senior	71	M	242		Culleredo	490	00:04:59	375	00:28:50	337	00:43:55
249	1399	Alejandro Castro Román	00:43:55	00:43:37	Veterano 1	52	M	243		A Coruña	456	00:04:39	261	00:27:47	256	00:43:55
250	1555	José Andrés Freire Gato	00:43:56	00:43:40	Veterano 3	28	M	244	CORREDORES POPULARES ARMADA FERROL	Fene	407	00:04:44	292	00:27:42	252	00:43:56
251	2645	Jose Manuel Gonzalez Durán	00:43:57	00:43:51	Senior	72	M	245		A Coruña	166	00:04:24	192	00:27:37	244	00:43:57
252	1033	Feli López Arnau	00:43:59	00:43:54	Veterano 1	2	F	7	PATUKOS TIM RANIN	A Coruña	154	00:04:38	256	00:27:57	266	00:43:59
253	1740	David Ulloa Sobrino	00:44:00	00:43:39	Senior	73	M	246		A Coruña	513	00:04:44	296	00:27:41	251	00:44:00
254	1049	Tina Formoso Noceda	00:44:02	00:43:56	Veterano 1	3	F	8		A Coruña	155	00:04:11	145	00:27:27	228	00:44:02
255	1409	Tomás González Vidal	00:44:02	00:43:56	Promesa	3	M	247		A Coruña	182	00:04:31	227	00:27:43	253	00:44:02
256	1421	Jorge Paz Amado	00:44:04	00:43:53	Veterano 1	53	M	248		A Coruña	313	00:04:44	298	00:28:07	282	00:44:04
257	1692	Martin Suarez Peleteiro	00:44:06	00:43:50	Veterano 2	89	M	249		A Coruña	396	00:04:40	272	00:27:58	271	00:44:06
258	1039	Teresa Corral Marcos	00:44:09	00:44:06	Veterano 3	1	F	9	INDEPENDIENTE	Lugo	81	00:04:28	208	00:27:40	249	00:44:09
259	1364	Julio Suarez Vazquez	00:44:10	00:44:05	Veterano 4	4	M	250		A Coruña	136	00:04:28	209	00:27:33	235	00:44:10
260	1439	Jose Maria Fernandez Lopez	00:44:12	00:43:56	Veterano 2	90	M	251	RUNNING OLEIROS	Cambre	398	00:04:48	320	00:28:11	290	00:44:12
261	1123	Ricardo Rey Rodríguez	00:44:13	00:44:04	Senior	74	M	252		Ferrol	262	00:04:40	265	00:27:58	270	00:44:13
262	1238	Vanessa Lodeiro Corral	00:44:13	00:44:04	Veterano 1	4	F	10		Oleiros	261	00:04:40	267	00:27:58	269	00:44:13
263	1688	Ivan Estévez Lamas	00:44:14	00:43:38	Senior	75	M	253		Ourense	784	00:05:16	463	00:28:32	313	00:44:14
264	1831	Marcos Gallego Handford	00:44:16	00:43:52	Senior	76	M	254		A Coruña	558	00:04:53	350	00:27:51	259	00:44:16
265	1512	Pedro García Moreno	00:44:17	00:44:04	Senior	77	M	255		Ferrol	342	00:04:46	306	00:27:59	272	00:44:17
266	1220	Daniel López García	00:44:21	00:44:05	Senior	78	M	256	Kurai	Oleiros	394	00:04:55	359	00:28:14	294	00:44:21
267	1561	Santiago García González	00:44:27	00:44:20	Veterano 2	91	M	257	NOSPORTLIMIT	A Coruña	181	00:04:41	282	00:27:56	265	00:44:27
268	1521	Adrian Morales Enríquez	00:44:27	00:44:16	Senior	79	M	258	NOSPORTLIMIT	Cambre	297	00:04:39	260	00:28:12	291	00:44:27
269	1891	Juan Cayuela Miguel	00:44:28	00:44:10	Veterano 1	54	M	259		A Coruña	442	00:04:59	373	00:28:01	274	00:44:28
270	1351	Ángel Blanco Vázquez	00:44:28	00:44:17	Senior	80	M	260		A Coruña	308	00:04:44	301	00:28:30	311	00:44:28
271	1535	Javier Varela Garcia	00:44:30	00:44:21	Veterano 1	55	M	261	Koes running	Arteixo	237	00:04:23	183	00:27:23	222	00:44:30
272	1804	Francisco Ramón Pampín Huerta	00:44:32	00:44:09	Veterano 1	56	M	262		A Coruña	547	00:04:51	337	00:28:11	289	00:44:32
273	2643	Laura Nuñez Naveira	00:44:32	00:44:25	Veterano 1	5	F	11	CLUB ATLETISMO SADA	A Coruña	207	00:04:22	173	00:27:52	260	00:44:32
274	1493	Rafael Carrasco Del Pozo	00:44:32	00:44:20	Veterano 1	57	M	263		A Coruña	321	00:04:33	233	00:27:55	264	00:44:32
275	1350	Miguel Angel Carreira Garcia	00:44:34	00:44:23	Veterano 2	92	M	264		Aranga	312	00:04:42	287	00:28:29	308	00:44:34
276	1327	Rodrigo Marino Taibo	00:44:35	00:44:18	Veterano 1	58	M	265	KLØVER	A Coruña	434	99:99:99	999999	00:28:41	328	00:44:35
277	1660	Sergio Vázquez Crespo	00:44:36	00:44:26	Veterano 2	93	M	266		Betanzos	268	00:04:32	231	00:27:58	268	00:44:36
278	1310	Daniel Cernadas Campos	00:44:37	00:44:23	Veterano 1	59	M	267		A Coruña	368	00:04:37	252	00:28:03	276	00:44:37
279	1349	Juan Carlos Rivas Varela	00:44:37	00:44:23	Veterano 3	29	M	268	MARZO SAUDE	Lugo	363	00:04:44	300	00:28:05	278	00:44:37
280	1430	Sergio Garcia Acon	00:44:38	00:44:23	Veterano 2	94	M	269		A Coruña	376	00:04:46	310	00:28:17	297	00:44:38
281	1210	Jacobo Ponlla Encinas	00:44:40	00:44:25	Veterano 1	60	M	270		A Coruña	375	00:04:48	316	00:28:16	296	00:44:40

282	1456	Agustín Caamaño Salgado	00:44:42	00:44:34	Senior	81	M	271		A Coruña	215	00:04:30	217	00:28:13	292	00:44:42
283	1889	Marcos Antelo Piñeiro	00:44:42	00:44:26	Senior	82	M	272	Os fillos do vento	A Coruña	413	00:04:50	329	00:28:21	301	00:44:42
284	1664	Evaristo Gonzalez Jorge	00:44:43	00:44:26	Veterano 2	95	M	273		Oleiros	399	00:04:57	366	00:28:41	329	00:44:43
285	1481	José Luis Lombao Núñez	00:44:47	00:44:31	Veterano 2	96	M	274	RUNNING OLEIROS	Cambre	391	00:04:45	305	00:28:14	295	00:44:47
286	1461	Cesar Castro Caamaño	00:44:48	00:44:36	Veterano 2	97	M	275	CLUB ATLETISMO SADA	Ames	326	00:04:42	285	00:28:11	288	00:44:48
287	1694	Antonio Pachón Moreno	00:44:48	00:44:30	Senior	83	M	276		A Coruña	438	00:04:43	290	00:28:43	332	00:44:48
288	1396	Diego Calveche Barranco	00:44:50	00:44:38	Senior	84	M	277		Burela	305	00:04:45	303	00:28:36	319	00:44:50
289	1357	Fernando Leal Irimia	00:44:50	00:44:40	Veterano 1	61	M	278		A Coruña	270	00:04:41	283	00:28:08	285	00:44:50
290	1499	Fernando Sales Agra	00:44:50	00:44:34	Veterano 1	62	M	279		Cambre	400	00:05:00	378	00:28:31	312	00:44:50
291	1050	Natalia Garcia Sanchez	00:44:52	00:44:44	Veterano 1	6	F	12	CLUB ATLETISMO SADA	Oleiros	224	00:04:37	253	00:28:06	280	00:44:52
292	1678	Cristóbal Balseiro Pita	00:44:53	00:44:44	Veterano 2	98	M	280	CLUB ATLETISMO SADA	Burela	238	00:04:34	240	00:28:07	283	00:44:53
293	1763	Manuel Rodríguez Rodríguez	00:44:54	00:44:17	Senior	85	M	281		Sada	798	00:05:13	449	00:28:18	299	00:44:54
294	2534	Marcos Méndez Bouza	00:44:55	00:44:20	Veterano 1	63	M	282		Mondoñedo	763	00:05:20	489	00:28:36	323	00:44:55
295	1195	Pablo Rodriguez Alvarez	00:44:56	00:44:46	Veterano 2	99	M	283		Sada	265	00:04:50	328	00:28:44	334	00:44:56
296	1037	Marlen Trucios	00:44:56	00:44:50	Veterano 1	7	F	13		A Coruña	152	00:04:18	162	00:28:05	279	00:44:56
297	1690	Jesús Manuel Gómez Fernández	00:44:56	00:44:45	Veterano 3	30	M	284	CD GAS NATURAL FENOSA	A Coruña	284	00:04:47	312	00:28:22	302	00:44:56
298	1484	Alfonso Remuñán Sánchez	00:44:57	00:44:37	Veterano 3	31	M	285	ATLETISMO CARBALLO	A Coruña	473	00:04:49	327	00:27:36	240	00:44:57
299	1866	Daniel Martínez Rey	00:44:57	00:44:47	Senior	86	M	286		A Coruña	264	00:04:41	277	00:28:27	306	00:44:57
300	2579	Javier Herva Míguez	00:44:58	00:44:49	Veterano 1	64	M	287		A Coruña	248	00:04:32	230	00:28:06	281	00:44:58
301	1450	Jacinto Parga Fernández	00:44:58	00:44:51	Veterano 2	100	M	288	CLUB ATLETISMO SADA	Sada	209	00:04:29	215	00:27:46	255	00:44:58
302	1378	Manuel Carreira	00:45:00	00:44:26	Veterano 1	65	M	289	SANTA MARIA DEL MAR	A Coruña	747	00:05:11	440	00:28:46	336	00:45:00
303	1483	Domingo Alvarez Iglesias	00:45:00	00:44:43	Veterano 4	5	M	290	EGOVARROS DE VIVEIRO	A Coruña	420	00:04:34	243	00:28:19	300	00:45:00
304	1406	Antonio Cambados Gondar	00:45:02	00:44:55	Senior	87	M	291		Grove, O	167	00:04:36	245	00:28:33	314	00:45:02
305	1658	Manuel López Roibás	00:45:03	00:44:52	Veterano 3	32	M	292		A Coruña	314	00:04:47	315	00:28:36	320	00:45:03
306	1507	Jorge Barata Martínez	00:45:04	00:44:57	Veterano 2	101	M	293	ATLETAS DE ACEA DE AMA	A Coruña	193	00:04:29	211	00:27:48	257	00:45:04
307	1442	Hector Santos Lopez	00:45:05	00:44:53	Senior	88	M	294		Sada	322	00:05:04	407	00:29:10	357	00:45:05
308	1455	Jose Moares Espiñeira	00:45:05	00:44:54	Veterano 2	102	M	295	CLUB SOCIAL BANCO PASTOR	A Coruña	296	00:05:03	398	00:29:10	358	00:45:05
309	1314	Martín Lamas Díaz	00:45:06	00:44:33	Senior	89	M	296		Culleredo	736	00:05:01	386	00:28:10	287	00:45:06
310	1329	Francisco Javier Fernandez Perez	00:45:06	00:45:00	Senior	90	M	297	NOSPORTLIMIT	A Coruña	172	00:04:39	264	00:28:56	342	00:45:06
311	1431	Oscar Rosende Ábrodos	00:45:07	00:44:47	Veterano 2	103	M	298		A Coruña	495	00:05:00	381	00:28:35	318	00:45:07
312	1683	Pablo Moar Blanco	00:45:08	00:44:51	Veterano 1	66	M	299		Cambre	419	00:04:55	360	00:28:42	331	00:45:08
313	1908	Eloy Cabarcos Barro	00:45:08	00:44:51	Senior	91	M	300		A Coruña	428	00:05:03	402	00:28:38	325	00:45:08
314	1470	Jose Luis Mella Maroño	00:45:08	00:45:01	Veterano 2	104	M	301		A Coruña	208	00:04:34	237	00:28:13	293	00:45:08
315	1536	Nestor Torea Moledo	00:45:09	00:44:47	Veterano 1	67	M	302		Muros	514	00:05:00	379	00:28:24	303	00:45:09
316	1296	Juan Jose Gómez Negreira	00:45:11	00:44:58	Veterano 2	105	M	303	TRIATLON CORUÑA	A Coruña	347	00:04:49	326	00:28:34	316	00:45:11
317	1725	Sergio Lozano García	00:45:11	00:44:51	Veterano 1	68	M	304		A Coruña	496	00:04:58	372	00:28:50	338	00:45:11
318	1097	Ismael Fernández Díaz	00:45:12	00:44:25	Senior	92	M	305		A Coruña	957	00:05:38	593	00:29:13	362	00:45:12
319	1716	Roi Siero De Ceano-vivas	00:45:13	00:44:57	Veterano 1	69	M	306	CLUB ATLETISMO SADA	Sada	397	00:04:52	347	00:29:00	347	00:45:13
320	1389	Damian Rodriguez Blanco	00:45:14	00:44:51	Senior	93	M	307		Carnota	545	00:05:09	434	00:29:12	361	00:45:14
321	2509	Manuel Ángel Jove Santos	00:45:15	00:44:59	Veterano 3	33	M	308	ATLETISMO RIAZOR CORUÑA	A Coruña	409	00:05:02	393	00:28:59	345	00:45:15
322	1714	Jose Mansilla Barreira	00:45:17	00:44:43	Senior	94	M	309		A Coruña	734	00:05:32	562	00:29:05	353	00:45:17
323	1394	José Paris López	00:45:19	00:45:12	Veterano 1	70	M	310		Abegondo	200	00:04:21	168	00:26:50	183	00:45:19
324	1554	Oscar Regal	00:45:22	00:45:15	Veterano 1	71	M	311		A Coruña	194	00:04:32	228	00:27:37	241	00:45:22
325	1788	Carlos Alvedro Garcia	00:45:23	00:45:12	Veterano 2	106	M	312	INFERNO	A Coruña	293	00:04:50	336	00:28:46	335	00:45:23
326	1524	Manuel Garcia Edeira	00:45:24	00:45:01	Veterano 2	107	M	313	Manuel F.C.	A Coruña	531	00:05:06	420	00:28:43	333	00:45:24
327	1741	Alberto Armada Villar	00:45:24	00:45:00	Veterano 3	34	M	314	ALTAFIT	Narón	561	00:04:56	362	00:28:28	307	00:45:24
328	1051	Isabel Felgar López	00:45:24	00:44:59	Veterano 2	4	F	14	PASA OU ENTORNA	Valdoviño	591	00:05:10	436	00:28:53	340	00:45:24

329	1508	Ramon Miguel Garcia Barba	00:45:25	00:45:14	Veterano 3	35	M	315		A Coruña	283	00:04:37	250	00:28:36	322	00:45:25
330	1408	Felix Cantua Guardiola	00:45:27	00:45:19	Veterano 3	36	M	316	CLUB ATLETISMO SADA	Oleiros	225	00:04:39	263	00:28:33	315	00:45:27
331	1429	Fernando Aldao Sánchez	00:45:27	00:45:08	Senior	95	M	317	CORUÑASPORTCENTRE	A Coruña	471	00:05:07	424	00:29:27	380	00:45:27
332	1707	Juan Carlos Herves Rodríguez	00:45:28	00:45:13	Veterano 2	108	M	318		A Coruña	373	00:04:33	235	00:28:09	286	00:45:28
333	2511	José Crespo Riestra	00:45:30	00:45:14	Veterano 3	37	M	319		A Coruña	403	00:04:46	307	00:28:29	309	00:45:30
334	1433	Alberto Pardo Fernandez	00:45:31	00:45:02	Veterano 2	109	M	320	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	656	00:05:10	438	00:28:26	305	00:45:31
335	1532	Roberto Francos Vázquez	00:45:32	00:44:28	Veterano 1	72	M	321		A Coruña	1172	00:05:58	705	00:29:28	383	00:45:32
336	1496	Gerardo Mariño Balsa	00:45:33	00:45:24	Veterano 1	73	M	322		Arteixo	257	00:04:41	278	00:28:17	298	00:45:33
337	1702	Borja Pampin Ramos	00:45:33	00:45:24	Senior	96	M	323		A Coruña	254	00:04:40	271	00:28:08	284	00:45:33
338	1235	Sara Pita Gonzalez	00:45:33	00:45:24	Senior	3	F	15	LA MOCHILA DEL DEPORTE	Oleiros	244	00:04:38	257	00:28:37	324	00:45:33
339	1379	Oscar Herbon Pazos	00:45:33	00:45:02	Promesa	4	M	324	ATLETISMO RIAZOR CORUÑA	Cambre	700	00:05:09	432	00:28:52	339	00:45:33
340	1471	Jorge Juan Gonzalez Vazquez	00:45:34	00:45:23	Senior	97	M	325	NOSPORTLIMIT	La Coruña	301	00:05:16	461	00:29:29	385	00:45:34
341	1709	Toni Rey Costa	00:45:36	00:45:19	Veterano 2	110	M	326	CLUB OLYMPO AS PONTES	Narón	416	00:04:55	358	00:28:57	343	00:45:36
342	1480	Benito Blanco Pequeño	00:45:36	00:45:28	Veterano 2	111	M	327	PATUKOS TIM RANIN	Cambre	243	00:04:41	276	00:28:36	321	00:45:36
343	1501	Gonzalo López Osorio	00:45:36	00:45:22	Veterano 1	74	M	328	CORREDORES DO MIÑO	Ourense	372	00:04:36	246	00:28:01	275	00:45:36
344	1036	Pilar Cainzos Pan	00:45:36	00:45:33	Veterano 3	2	F	16	CLUB ATLETISMO SADA	Oleiros	91	00:04:27	204	00:28:26	304	00:45:36
345	1443	Jesús Balleja De Jesús	00:45:36	00:45:27	Veterano 2	112	M	329		Ames	247	00:04:31	226	00:28:30	310	00:45:36
346	1706	Manuel Angel Lopez Hermo	00:45:38	00:45:21	Veterano 1	75	M	330		Culleredo	426	00:05:03	403	00:29:11	360	00:45:38
347	1518	Angel Turrión Pereiro	00:45:39	00:45:28	Veterano 3	38	M	331		A Coruña	292	00:04:43	289	00:28:35	317	00:45:39
348	1848	Javier Rodríguez Prada	00:45:40	00:45:23	Senior	98	M	332		A Coruña	410	00:05:01	385	00:28:57	344	00:45:40
349	1675	Angel Mera	00:45:44	00:45:36	Veterano 1	76	M	333	TARTARUNNERS	A Coruña	197	00:04:48	321	00:28:40	327	00:45:44
350	1560	Dario Romar Montero	00:45:45	00:45:37	Senior	99	M	334		A Coruña	210	00:04:44	295	00:29:14	363	00:45:45
351	1677	Victor Novo Carballeira	00:45:45	00:44:49	Veterano 2	113	M	335		Miño	1075	00:05:39	602	00:29:20	373	00:45:45
352	1245	Lucía Vázquez Sesar	00:45:46	00:45:36	Senior	4	F	17		Culleredo	276	00:05:06	418	00:29:16	366	00:45:46
353	1514	Alberto Cerqueiro Mosquera	00:45:48	00:45:30	Veterano 3	39	M	336		A Coruña	445	00:04:45	302	00:28:42	330	00:45:48
354	1699	Marco Antonio Piriz Verdura	00:45:50	00:45:11	Veterano 2	114	M	337	Trasnos coruña	Cambre	840	00:06:01	721	00:29:52	421	00:45:50
355	1530	David Serrano Martinez	00:45:55	00:45:47	Veterano 1	77	M	338		A Coruña	212	00:04:34	241	00:28:39	326	00:45:55
356	1768	Antonio Suarez Pombo	00:45:57	00:45:19	Senior	100	M	339		A Coruña	824	00:05:40	603	00:30:05	434	00:45:57
357	1755	Carlos Alvarez Fernandez	00:45:58	00:45:44	Veterano 2	115	M	340		Culleredo	362	00:04:56	363	00:29:03	349	00:45:58
358	1732	Miguel Ángel Gómez Carabel	00:45:58	00:45:32	Veterano 2	116	M	341		Malpica De Bergantiños	616	00:05:23	502	00:29:34	393	00:45:58
359	1721	Vicente Fernandez Bermudez	00:45:58	00:45:40	Veterano 1	78	M	342		A Coruña	459	00:04:54	355	00:29:09	356	00:45:58
360	1472	Fernando Rodríguez Vázquez	00:46:00	00:45:47	Veterano 3	40	M	343	A Fume de Carozo-Alfa Fisioterapia A Coruña	Aranga	350	00:04:44	294	00:29:02	348	00:46:00
361	1874	Ricardo Patiño Gestal	00:46:01	00:45:48	Veterano 3	41	M	344		A Coruña	338	00:04:54	354	00:29:20	372	00:46:01
362	1435	Nicolás López Rey	00:46:02	00:45:43	Senior	101	M	345		Cariño	472	00:05:06	417	00:29:28	382	00:46:02
363	1759	Hugo Cristino Trillo	00:46:03	00:46:03	Senior	102	M	346		A Coruña	999999	00:05:12	443	00:29:11	359	00:46:03
364	1398	Jorge García Mallo	00:46:04	00:45:19	Veterano 1	79	M	347		A Coruña	932	99:99:99	999999	00:29:36	396	00:46:04
365	2612	Francisco Santiso López	00:46:05	00:45:20	Veterano 1	80	M	348		A Coruña	927	00:05:39	600	00:29:36	395	00:46:05
366	1565	Ana Bernardes Rodríguez	00:46:05	00:45:20	Senior	5	F	18		A Coruña	926	00:05:40	606	00:29:37	398	00:46:05
367	1698	Agustín Ferrán Anegón	00:46:07	00:45:41	Veterano 2	117	M	349	MIXMASTER RUNNING	Culleredo	603	00:05:07	426	00:29:04	350	00:46:07
368	2632	Diego Guimarey Espiño	00:46:11	00:45:37	Veterano 1	81	M	350		Culleredo	749	00:05:36	579	00:29:30	386	00:46:11
369	1339	Luis Gamundi Miraz	00:46:13	00:46:02	Veterano 3	42	M	351	CLUB CASTRO DE LOBADIZ	Ferrol	289	00:04:52	344	00:29:20	370	00:46:13
370	1746	Diego Vázquez Pérez	00:46:13	00:45:52	Senior	103	M	352		A Coruña	524	00:05:10	435	00:29:15	365	00:46:13
371	1548	Alejandro Fernandez Lopez	00:46:14	00:46:07	Veterano 1	82	M	353	CLUB ATLETISMO SADA	Betanzos	192	00:04:49	325	00:29:29	384	00:46:14
372	2555	Adrián Villares Aceña	00:46:16	00:45:41	Senior	104	M	354		A Coruña	761	00:05:34	571	00:29:41	403	00:46:16
373	2517	Ruben Castro Porto	00:46:17	00:45:31	Veterano 1	83	M	355		Betanzos	933	00:06:01	719	00:30:17	450	00:46:17
374	1126	Iago Carnero Nuñez	00:46:19	00:45:59	Senior	105	M	356		A Coruña	485	00:05:17	473	00:29:44	408	00:46:19
375	1681	Jose Manuel Ourense Pardo	00:46:19	00:46:10	Veterano 1	84	M	357	CLUB ATLETISMO SADA	Oleiros	236	00:04:42	288	00:29:15	364	00:46:19

376	1816	Carlos Anula Rodriguez	00:46:20	00:46:07	Veterano 2	118	M	358		Oleiros	330	00:05:35	576	00:29:51	420	00:46:20
377	1711	Enrique Barral Gomez	00:46:20	00:46:06	Veterano 4	6	M	359		Culleredo	358	00:04:44	297	00:29:00	346	00:46:20
378	1515	Joaquin Docampo Garcia	00:46:20	00:46:02	Veterano 1	85	M	360		Sada	439	00:04:58	368	00:28:54	341	00:46:20
379	1762	Ruben Reborido Reboredo	00:46:20	00:45:58	Veterano 1	86	M	361		Arteixo	546	00:05:12	446	00:29:42	404	00:46:20
380	1244	Isabel Carbajales Casal	00:46:21	00:46:12	Veterano 2	5	F	19	CLUB ATLETISMO SADA	Oleiros	245	00:04:45	304	00:29:32	390	00:46:21
381	1417	José Sas Golpe	00:46:25	00:46:16	Veterano 2	119	M	362	As Mariñas Betanzos	Betanzos	252	00:04:48	318	00:29:19	369	00:46:25
382	1384	Juan Antonio Domínguez Lopez	00:46:28	00:46:13	Veterano 2	120	M	363		A Coruña	381	00:04:42	286	00:29:06	354	00:46:28
383	1747	Juan Jose Cuns Carreira	00:46:30	00:46:13	Veterano 1	87	M	364		Arteixo	427	00:04:58	369	00:29:25	378	00:46:30
384	1231	Ana Luisa Hernández Cabrera	00:46:30	00:46:19	Veterano 2	6	F	20		Betanzos	299	00:04:58	371	00:29:19	368	00:46:30
385	1679	Sergio Leiro Mouríño	00:46:31	00:46:01	Senior	106	M	365		Bergondo	675	00:05:47	645	00:30:20	453	00:46:31
386	2535	Brais Lopez Lopez	00:46:34	00:46:05	Junior	1	M	366		A Coruña	649	00:05:58	707	00:30:46	491	00:46:34
387	1383	Alejandro Vilaríño Hidalgo	00:46:36	00:46:24	Senior	107	M	367	ATLETISMO RIAZOR CORUÑA	A Coruña	318	00:04:54	353	00:29:30	387	00:46:36
388	1504	Eric Vazquez Veiras	00:46:37	00:46:25	Promesa	5	M	368	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	317	00:04:54	357	00:29:31	388	00:46:37
389	1236	Victoria Eugenia Lopez Permuy	00:46:45	00:46:26	Veterano 2	7	F	21		A Coruña	458	00:04:53	351	00:29:21	374	00:46:45
390	1825	Oscar Vazquez Edreira	00:46:45	00:46:14	Veterano 1	88	M	369		Betanzos	688	99:99:99	999999	00:29:50	416	00:46:45
391	1547	Diego Diaz Rodriguez	00:46:45	00:46:33	Veterano 1	89	M	370		Muxía	329	00:04:44	293	00:29:04	351	00:46:45
392	1044	Mariana Irigoyen Machado	00:46:45	00:46:42	Senior	6	F	22	ATHLETICS SMOOY TEAM	Vigo	102	00:04:26	197	00:29:04	352	00:46:45
393	1545	Javier Torres Crespo	00:46:47	00:46:17	Veterano 3	43	M	371		A Coruña	661	00:05:18	482	00:29:48	411	00:46:47
394	1914	Marcos Secane Vilaríño	00:46:48	00:46:17	Veterano 2	121	M	372	NOSPORTLIMIT	A Coruña	692	00:05:14	454	00:29:54	425	00:46:48
395	1400	Juan Antonio Rivas Romero	00:46:52	00:46:40	Veterano 3	44	M	373		A Coruña	320	00:04:47	314	00:29:18	367	00:46:52
396	1722	Marcos Veiga Rodríguez	00:46:53	00:46:28	Veterano 2	122	M	374		A Coruña	592	00:05:03	401	00:29:27	381	00:46:53
397	1526	Javier De Pedro López	00:46:53	00:46:43	Senior	108	M	375	NOSPORTLIMIT	A Coruña	267	00:04:52	345	00:29:25	379	00:46:53
398	1233	Elisa Paz Souto	00:46:55	00:46:50	Veterano 3	3	F	23		A Coruña	138	00:04:40	273	00:29:23	376	00:46:55
399	1793	Xosé Manuel Cambón Arceo	00:46:56	00:46:36	Veterano 3	45	M	376	ADC BOMBEIROS A CORUÑA	A Coruña	483	00:05:16	462	00:29:51	418	00:46:56
400	1920	Juan Carlos Vazquez Grela	00:46:56	00:46:24	Senior	109	M	377		A Coruña	698	00:05:25	518	00:29:45	409	00:46:56
401	1757	Miguel Ibáñez Pérez	00:46:58	00:46:44	Veterano 1	90	M	378		A Coruña	374	99:99:99	999999	00:29:32	391	00:46:58
402	1900	Miguel Fernández Padín	00:46:59	00:46:42	Veterano 2	123	M	379	TIRAMILLAS	Cambre	417	00:05:11	441	00:29:51	417	00:46:59
403	2647	Maximino Lagares Carro	00:47:00	00:46:47	Veterano 2	124	M	380	ESPRINTES OURENSE	Oroso	340	00:05:03	397	00:29:38	401	00:47:00
404	1800	José Manuel Martínez Lema	00:47:02	00:46:49	Veterano 1	91	M	381		A Coruña	345	00:04:47	313	00:29:22	375	00:47:02
405	1718	Jose Lopez Aneiros	00:47:03	00:46:48	Veterano 3	46	M	382	RIA FERROL-CONCEPCION ARENAL	Ferrol	385	00:05:03	396	00:29:33	392	00:47:03
406	1771	Felipe Ovalle Pintor	00:47:04	00:46:51	Senior	110	M	383		A Coruña	336	00:04:59	374	00:29:46	410	00:47:04
407	1737	Ricardo Calvo López	00:47:04	00:46:37	Veterano 2	125	M	384	ATLETAS DE ACEA DE AMA	A Coruña	639	00:05:25	519	00:29:54	423	00:47:04
408	1712	Juan Manuel Gonzalez Quiroga	00:47:05	00:46:44	Veterano 4	7	M	385	ESPRINTES OURENSE	Ourense	487	00:05:04	409	00:29:54	424	00:47:05
409	1552	Jose Diaz Garcia	00:47:05	00:45:57	Veterano 1	92	M	386		Narón	1223	00:06:15	775	00:30:44	489	00:47:05
410	2530	Juan Carlos Santos Ferreiro	00:47:05	00:46:53	Veterano 1	93	M	387		Sada	316	00:05:07	423	00:30:20	455	00:47:05
411	1519	Juan Manuel Crespo Gómez	00:47:05	00:45:59	Veterano 2	126	M	388		Súria	1211	00:05:58	706	00:30:14	445	00:47:05
412	1727	Jose Francisco Varela Val	00:47:05	00:46:47	Veterano 2	127	M	389		A Coruña	462	00:05:00	380	00:29:20	371	00:47:05
413	1789	Federico Romero Yuste	00:47:08	00:46:59	Veterano 3	47	M	390	CLUB ATLETISMO SADA	A Coruña	222	00:04:39	262	00:29:36	394	00:47:08
414	1510	Andrés Rodríguez Rodríguez	00:47:08	00:46:57	Junior	2	M	391		A Coruña	309	00:04:46	308	00:29:37	397	00:47:08
415	2448	Manuel Felipe Rodríguez Garcia	00:47:11	00:46:33	Veterano 2	128	M	392		Ames	815	99:99:99	999999	00:30:23	457	00:47:11
416	1837	Martín Gómez Bergondo	00:47:13	00:46:47	Senior	111	M	393		A Coruña	602	00:05:14	452	00:30:11	441	00:47:13
417	1710	Ramón García-barros Alfonso	00:47:13	00:47:03	Veterano 3	48	M	394		Oleiros	273	00:04:40	269	00:29:44	407	00:47:13
418	1445	Daniel Losada González	00:47:15	00:47:01	Veterano 2	129	M	395		A Coruña	354	00:05:04	406	00:29:49	414	00:47:15
419	1856	José Emilio Martínez Suárez	00:47:16	00:47:04	Veterano 1	94	M	396		A Coruña	315	00:05:05	412	00:30:20	454	00:47:16
420	1227	Pablo Padilla Exposito	00:47:17	00:47:12	Veterano 1	95	M	397		A Coruña	134	00:04:24	191	00:29:08	355	00:47:17
421	1341	Oscar Barallobre Eiroa	00:47:20	00:47:11	Veterano 2	130	M	398	TRIATLON MOTOBIKE PONTEVEDRA	Oleiros	239	00:05:01	383	00:30:13	443	00:47:20
422	1705	Victor Manuel Vazquez Mosteiro	00:47:20	00:46:31	Veterano 3	49	M	399		A Coruña	991	00:06:08	742	00:30:33	473	00:47:20

423	1700	Claudio Legide Vila	00:47:20	00:46:58	Veterano 2	131	M	400		A Coruña	537	00:05:32	561	00:30:52	500	00:47:20
424	1391	Francisco Javier Lama Carballo	00:47:22	00:47:09	Veterano 3	50	M	401	ATLETISMO CARBALLO	A Coruña	324	00:05:02	392	00:29:42	405	00:47:22
425	1795	José Rubén Barrán Ferreiro	00:47:22	00:47:01	Senior	112	M	402		A Coruña	506	00:05:08	428	00:30:11	442	00:47:22
426	2299	Oscar Gonzalez Martinez	00:47:22	00:46:56	Veterano 1	96	M	403		A Coruña	609	00:05:20	487	00:30:07	436	00:47:22
427	1382	Manuel Jose Vazquez Sanjurjo	00:47:23	00:46:51	Veterano 2	132	M	404		Arzúa	716	00:05:37	585	00:30:19	452	00:47:23
428	1884	Jorge Yáñez Lamas	00:47:24	00:46:44	Senior	113	M	405		Fene	844	00:05:49	659	00:30:47	493	00:47:24
429	1673	Jose Luis Sanchez Prado	00:47:24	00:46:58	Veterano 2	133	M	406		Lugo	615	00:05:25	524	00:30:32	469	00:47:24
430	1369	Carlos Riadigos Mosquera	00:47:27	00:47:10	Veterano 1	97	M	407	non teño	A Coruña	404	00:05:05	416	00:29:51	419	00:47:27
431	1497	Alberto González De Chaves Aguilera	00:47:27	00:47:18	Veterano 1	98	M	408		La Coruña	246	00:04:42	284	00:29:38	399	00:47:27
432	2359	Jorge Jose Rico Rico	00:47:28	00:46:56	Veterano 2	134	M	409	paderne	Pademe	704	00:05:25	525	00:30:02	431	00:47:28
433	1426	Alejandro Blanco Blanco	00:47:28	00:47:03	Veterano 1	99	M	410	Club Triatlón Coruña	Oleiros	586	00:05:20	493	00:30:25	460	00:47:28
434	1295	Susana Fernandez Copa	00:47:28	00:47:09	Veterano 2	8	F	24		Lugo	470	00:05:15	457	00:30:08	438	00:47:28
435	1865	Santiago Albelá González	00:47:28	00:46:58	Veterano 1	100	M	411		A Coruña	682	00:05:47	650	00:31:08	524	00:47:28
436	1796	Jose Manuel Álvarez Loureiro	00:47:29	00:46:34	Veterano 3	51	M	412		A Coruña	1064	00:06:10	755	00:30:25	459	00:47:29
437	2510	Marcos Gómez Rama	00:47:30	00:46:50	Veterano 1	101	M	413		A Coruña	846	00:05:56	692	00:30:50	496	00:47:30
438	2605	Juan Blanco Anta	00:47:31	00:46:55	Senior	114	M	414		Barco De Valdeorras, O	771	00:05:46	642	00:30:28	463	00:47:31
439	1764	Jorge San Luis Castro	00:47:31	00:47:15	Senior	115	M	415		A Coruña	402	00:05:03	405	00:29:48	412	00:47:31
440	1180	Oscar Carracedo Requeira	00:47:34	00:47:14	Veterano 1	102	M	416		Arteixo	493	00:05:26	526	00:30:45	490	00:47:34
441	1390	José Antonio Bangueses García	00:47:35	00:47:27	Veterano 2	135	M	417	CLUB ATLETISMO SADA	Sada	221	00:04:49	324	00:30:08	439	00:47:35
442	1057	Patricia Suso Sanchez	00:47:35	00:47:25	Junior	1	F	25	CLUB ATLETISMO SANTIAGO	A Coruña	272	00:05:05	415	00:30:15	447	00:47:35
443	1766	David Villar Villar	00:47:36	00:47:17	Veterano 1	103	M	418		A Coruña	461	00:05:14	455	00:30:40	485	00:47:36
444	1428	Xesús Marquina Leal	00:47:36	00:47:23	Veterano 2	136	M	419		A Coruña	339	00:05:13	450	00:30:22	456	00:47:36
445	2256	Fernando Martinez Lopez	00:47:37	00:47:03	Veterano 2	137	M	420		A Coruña	752	00:05:14	456	00:30:05	435	00:47:37
446	2611	Miguel Angel Arias Castro	00:47:39	00:47:15	Veterano 1	104	M	421	Runinimg Altafit Odeon	Narón	578	00:05:01	387	00:30:24	458	00:47:39
447	1440	Roberto Ponte Noya	00:47:40	00:47:30	Veterano 1	105	M	422		A Coruña	269	00:04:41	279	00:29:50	415	00:47:40
448	1232	Lina García Portas	00:47:42	00:47:34	Veterano 2	9	F	26	CLUB ATLETISMO SADA	Sada	213	00:04:48	322	00:30:00	428	00:47:42
449	1693	Alberto Barallobre Beade	00:47:43	00:46:58	Veterano 1	106	M	423		Betanzos	922	00:06:09	749	00:32:01	589	00:47:43
450	1464	Rafael Señaris Gonzalez	00:47:43	00:47:37	Veterano 3	52	M	424	CLUB SOCIAL BANCO PASTOR	Ames	188	00:04:46	311	00:30:05	433	00:47:43
451	1458	Manuel Julio Suarez Martín	00:47:43	00:47:33	Veterano 3	53	M	425		A Coruña	281	00:04:51	340	00:29:53	422	00:47:43
452	1550	Javier Grueiro Bouza	00:47:44	00:47:34	Veterano 2	138	M	426	RIALTO	A Coruña	286	00:04:40	266	00:29:32	389	00:47:44
453	1659	Gonzalo Rivas Rodriguez	00:47:44	00:47:10	Veterano 1	107	M	427		A Coruña	743	00:05:38	594	00:30:32	468	00:47:44
454	1813	Miguel Pardo Pereira	00:47:44	00:47:26	Veterano 1	108	M	428		A Coruña	451	00:05:18	477	00:30:30	465	00:47:44
455	1288	María Novo Lago	00:47:46	00:47:36	Senior	7	F	27	NOSPORTLIMIT	A Coruña	275	00:04:50	334	00:29:39	402	00:47:46
456	1063	Victor Hugo Conde López	00:47:46	00:47:45	Veterano 2	139	M	429	ASOCIACION DEPORTIVA OLIMPIA	Cee	37	00:04:13	155	00:29:43	406	00:47:46
457	1370	Javier Fernández Fraga	00:47:47	00:47:18	Veterano 3	54	M	430		Arteixo	646	00:05:25	514	00:30:33	470	00:47:47
458	1803	Ruben Garcia Matos	00:47:47	00:46:31	Veterano 1	109	M	431		A Coruña	1347	00:06:23	825	00:30:54	503	00:47:47
459	2569	Eduardo Daniel Fernandez Sanchez	00:47:48	00:47:16	Veterano 3	55	M	432		San Justo	710	00:05:36	583	00:30:18	451	00:47:48
460	1666	Alejandro Rodríguez Lorenzo	00:47:49	00:47:28	Veterano 2	140	M	433	NOSPORTLIMIT	Cambre	525	00:05:26	528	00:30:55	505	00:47:49
461	1045	Nuria Palacios Ibán	00:47:52	00:47:46	Veterano 2	10	F	28	LA MOCHILA DEL DEPORTE	A Coruña	161	00:04:48	319	00:30:04	432	00:47:52
462	1502	Breogán García Matos	00:47:54	00:46:34	Veterano 1	110	M	434		A Coruña	1367	00:06:52	985	00:31:07	521	00:47:54
463	1780	Emilio Bosch Vila	00:47:55	00:47:31	Veterano 1	111	M	435		A Coruña	587	00:05:20	492	00:30:25	461	00:47:55
464	1529	Jorge Giraldo Lozano	00:47:56	00:47:23	Senior	116	M	436		A Coruña	727	99:99:99	999999	00:30:41	486	00:47:56
465	1035	Eva De La Fuente Iglesias	00:47:56	00:47:44	Veterano 2	11	F	29	CLUB DEPORTIVO VAGALUME ENERGIA	Santiago De Compostela	323	00:04:58	367	00:30:07	437	00:47:56
466	1697	Enrique Gandara Ulloa	00:47:57	00:47:51	Veterano 3	56	M	437	ATLETAS DE ACEA DE AMA	Cambre	151	00:04:50	330	00:30:25	462	00:47:57
467	1229	Ionela Róman	00:47:57	00:47:49	Senior	8	F	30	CLUB ATLETISMO SADA	Sada	220	00:04:48	317	00:30:14	446	00:47:57
468	1797	Roberto Hernando Santalla	00:47:58	00:47:28	Veterano 1	112	M	438	BEER RUNNERS CORUÑA	A Coruña	677	00:05:49	661	00:31:04	515	00:47:58
469	1907	Bruno Santos Pereiro	00:48:00	00:47:40	Senior	117	M	439		A Coruña	488	00:05:05	413	00:30:16	449	00:48:00

470	1897	David Blasco Fagundo	00:48:02	00:47:45	Senior	118	M	440		Gata	433	99:99:99	999999	00:30:15	448	00:48:02
471	2287	Fran Vazquez Seoane	00:48:04	00:47:20	Veterano 1	113	M	441		Cambre	914	00:06:09	750	00:32:03	591	00:48:04
472	1730	Carlos Pazos Oviedo	00:48:06	00:47:41	Veterano 2	141	M	442		A Coruña	588	00:05:12	444	00:30:10	440	00:48:06
473	1413	David Vidal Lagares	00:48:06	00:47:04	Senior	119	M	443		A Coruña	1158	00:06:31	864	00:32:05	595	00:48:06
474	1223	Jose Maria Brea Sanchez	00:48:07	00:48:00	Veterano 3	57	M	444	CLUB ATLETISMO BOIMORTO	A Coruña	190	00:04:51	341	00:30:33	471	00:48:07
475	1849	Natalio Lorenzo Pintos	00:48:09	00:47:54	Veterano 3	58	M	445		Culleredo	392	00:04:55	361	00:30:13	444	00:48:09
476	1786	Javier Pampin Villar	00:48:10	00:47:38	Veterano 2	142	M	446		Santa Cruz De Tenerife	717	00:05:30	551	00:30:30	466	00:48:10
477	2198	María Uria	00:48:12	00:47:48	Senior	9	F	31	GANTESPORT	Santiago De Compostela	579	00:05:03	395	00:30:01	430	00:48:12
478	2199	Estefanía Hernández García	00:48:12	00:47:48	Senior	10	F	32	GANTESPORT	A Coruña	580	00:05:02	391	00:30:00	429	00:48:12
479	1752	Jose Antonio Santiso Seoane	00:48:13	00:47:23	Veterano 3	59	M	447		Cambre	998	00:06:07	738	00:30:35	476	00:48:13
480	2262	Eduardo Barral Prado	00:48:13	00:47:43	Veterano 2	143	M	448	PORCOS BRAVOS	Lugo	672	00:05:23	503	00:30:35	477	00:48:13
481	1538	Juan J. Barreiro Perez	00:48:14	00:48:00	Veterano 2	144	M	449		A Coruña	359	00:04:52	346	00:29:38	400	00:48:14
482	1863	Javier Palacio Alvarez	00:48:14	00:47:30	Veterano 2	145	M	450	INDRA RUNNERS	Oleiros	916	00:06:11	757	00:31:33	552	00:48:14
483	1506	Bruno Santiago Aneiros	00:48:14	00:48:03	Senior	120	M	451		Narón	298	00:05:01	384	00:29:59	427	00:48:14
484	1500	Ricardo Area Teijeiro	00:48:14	00:47:41	Veterano 2	146	M	452		A Coruña	738	00:05:28	540	00:30:42	487	00:48:14
485	1058	Isabel Del Canto Fernández	00:48:16	00:47:53	Veterano 1	8	F	33		A Coruña	549	00:05:20	490	00:30:38	481	00:48:16
486	2041	Tatiana Casal Reloy	00:48:16	00:47:52	Senior	11	F	34		A Coruña	560	00:05:28	543	00:30:33	472	00:48:16
487	2004	María Fernández Figueroa	00:48:16	00:47:55	Veterano 1	9	F	35		A Coruña	507	00:05:22	500	00:30:40	484	00:48:16
488	1682	Manuel Paz Carbon	00:48:17	00:47:54	Veterano 2	147	M	453		A Coruña	548	00:05:24	508	00:30:53	502	00:48:17
489	1924	Adrián Bouza Campello	00:48:17	00:47:53	Veterano 1	114	M	454		A Coruña	582	00:05:20	485	00:30:39	482	00:48:17
490	1826	Manuel Outes Paz	00:48:17	00:48:05	Veterano 4	8	M	455		Carballo	335	00:05:05	414	00:30:35	478	00:48:17
491	1842	Alberto Fraga Rodríguez	00:48:18	00:47:29	Veterano 2	148	M	456		A Coruña	990	00:05:51	669	00:31:19	533	00:48:18
492	1662	Juan Carlos Domato Verdía	00:48:20	00:47:53	Senior	121	M	457	Os Desbroza Carreteras	Arteixo	637	00:05:30	550	00:31:14	528	00:48:20
493	1887	Jose Manuel Vilas Sanchez	00:48:21	00:48:10	Veterano 3	60	M	458		A Coruña	303	00:04:50	331	00:29:57	426	00:48:21
494	1799	Alejandro Fortes Lopes	00:48:21	00:47:48	Senior	122	M	459		Culleredo	742	00:05:17	475	00:30:37	480	00:48:21
495	1674	Rubén Fernández Álvarez	00:48:22	00:47:58	Veterano 1	115	M	460		Sada	567	00:05:32	563	00:31:03	513	00:48:22
496	1703	Alberto Calvofermandez	00:48:26	00:47:57	Veterano 4	9	M	461	CLUB CASTRO DE LOBADIZ	Ferrol	657	00:05:33	566	00:31:04	516	00:48:26
497	1522	Víctor X. Mosquera Rodríguez	00:48:26	00:47:48	Veterano 1	116	M	462		A Coruña	820	00:05:24	510	00:30:34	475	00:48:26
498	1685	Gustavo Sánchez Ares	00:48:27	00:47:49	Veterano 2	149	M	463		A Coruña	818	00:05:23	504	00:30:34	474	00:48:27
499	1503	Daniel Fraga Romero	00:48:28	00:48:14	Veterano 2	150	M	464		A Coruña	383	00:05:09	431	00:30:48	494	00:48:28
500	1665	Hermes Amoso Giao	00:48:29	00:48:23	Senior	123	M	465	NOSPORTLIMIT	A Coruña	162	00:04:39	259	00:27:38	246	00:48:29
501	1761	Daniel Pose García	00:48:30	00:48:13	Senior	124	M	466		Cambre	424	00:05:06	422	00:30:50	498	00:48:30
502	2303	José David Ríos Lesta	00:48:30	00:47:57	Senior	125	M	467	UNIVERSIDADE SANTIAGO DE COMPOSTELA	A Coruña	741	00:05:18	483	00:30:31	467	00:48:30
503	1676	Javier Rodríguez Torres	00:48:31	00:48:16	Senior	126	M	468		A Coruña	387	00:04:50	332	00:29:23	377	00:48:31
504	1259	María Bermúdez Rodríguez	00:48:32	00:48:11	Senior	12	F	36		A Coruña	511	00:05:23	505	00:31:00	511	00:48:32
505	1821	Jose Miguel Vazquez Gonzalez	00:48:33	00:48:19	Veterano 1	117	M	469		Melide	344	00:05:01	388	00:30:55	504	00:48:33
506	1773	Fernando Garea Vidal	00:48:37	00:48:08	Veterano 3	61	M	470		Bergondo	660	00:05:45	632	00:30:51	499	00:48:37
507	1733	Jose Antonio Méndez Pampin	00:48:38	00:48:22	Veterano 4	10	M	471		Arzúa	401	00:05:20	484	00:30:43	488	00:48:38
508	1209	Oscar Estraviz Lorenzo	00:48:39	00:48:11	Veterano 1	118	M	472	oscar	Culleredo	651	00:05:29	546	00:30:30	464	00:48:39
509	2551	Iago Ron Rodríguez	00:48:39	00:48:22	Senior	127	M	473		A Coruña	425	00:05:18	479	00:30:59	510	00:48:39
510	2572	Manuel Real Ruiz	00:48:41	00:48:26	Senior	128	M	474		A Coruña	365	00:05:37	590	00:31:11	526	00:48:41
511	1695	Isaac Gomez Linares	00:48:41	00:47:55	Veterano 1	119	M	475		A Coruña	954	00:06:15	777	00:31:26	542	00:48:41
512	2582	Jorge Fernández García	00:48:42	00:48:01	Senior	129	M	476		Castroillón	868	00:05:54	683	00:31:19	532	00:48:42
513	1925	Miguel Marrozos Lopez	00:48:42	00:48:09	Veterano 1	120	M	477		A Coruña	720	00:05:52	674	00:31:43	570	00:48:42
514	1534	Juan Domato Añón	00:48:43	00:48:30	Veterano 1	121	M	478		A Coruña	351	00:05:25	516	00:31:22	536	00:48:43
515	1052	Balbina Tarrío Mangas	00:48:46	00:47:59	Senior	13	F	37	AD. FOGAR	Coristanco	956	00:05:38	596	00:30:36	479	00:48:46
516	1533	Miguel Ángel Palmeiro Quelle	00:48:46	00:48:28	Veterano 1	122	M	479		Culleredo	450	00:05:31	554	00:32:13	605	00:48:46

517	2525	Artur Luis Rodrigues	00:48:47	00:47:25	Veterano 2	151	M	480		Arrifana	1368	00:07:35	1239	00:33:18	710	00:48:47
518	2527	Pedro Luis Dias	00:48:48	00:47:25	Veterano 1	123	M	481		S.j.madeira	1370	00:07:35	1244	00:33:19	711	00:48:48
519	2584	Luis Manuel Garcia Taboada	00:48:49	00:47:49	Veterano 1	124	M	482		Arteixo	1112	00:06:44	937	00:31:27	544	00:48:49
520	2378	Fernando Castro Villaseñin	00:48:49	00:48:14	Senior	130	M	483		Ordes	755	00:05:40	604	00:31:24	538	00:48:49
521	1836	Fermin Pan Otero	00:48:51	00:48:31	Veterano 4	11	M	484	EGOVARROS DE VIVEIRO	A Coruña	491	00:05:17	469	00:30:53	501	00:48:51
522	1904	Nacho Crespo	00:48:52	00:48:33	Veterano 2	152	M	485	RUNNING OLEIROS	Oleiros	460	00:05:03	399	00:30:40	483	00:48:52
523	1307	José Miguel González González	00:48:52	00:47:38	Veterano 2	153	M	486	XINO-XANO	A Coruña	1323	00:06:12	767	00:31:25	539	00:48:52
524	2597	Joaquin Pantin Cadilla	00:48:52	00:47:50	Senior	131	M	487		Pademe	1159	00:06:31	867	00:31:10	525	00:48:52
525	1858	Santiago Simón Cuadrado	00:48:53	00:48:07	Veterano 3	62	M	488		A Coruña	950	00:05:57	698	00:30:50	495	00:48:53
526	2600	Andres Padilla Freire	00:48:54	00:48:20	Senior	132	M	489		Narón	739	00:05:41	608	00:31:08	523	00:48:54
527	1784	Antón Pérez Vázquez	00:48:54	00:48:33	Veterano 3	63	M	490		Mugardos	509	00:05:25	517	00:31:15	531	00:48:54
528	2274	Rubén Fernández Vázquez	00:48:54	00:48:24	Veterano 2	154	M	491		A Coruña	676	00:05:31	556	00:31:07	522	00:48:54
529	1531	Martín Garaza Carneiro	00:48:59	00:48:41	Veterano 2	155	M	492		A Coruña	444	00:05:10	437	00:30:50	497	00:48:59
530	1543	Jose Antonio Regueiro Suarez	00:49:01	00:48:23	Veterano 2	156	M	493		Mesia	811	00:05:46	637	00:31:06	518	00:49:01
531	1756	Servando Otero Puente	00:49:01	00:48:28	Veterano 3	64	M	494		Sada	745	00:05:53	678	00:31:42	566	00:49:01
532	1876	José Feliciano Alvarez Doallo	00:49:05	00:47:57	Veterano 1	125	M	495	ALTAFIT	A Coruña	1248	00:06:40	912	00:32:07	601	00:49:05
533	1724	Manuel Fernandez Gomez	00:49:05	00:48:48	Veterano 1	126	M	496		Vigo	422	00:05:24	511	00:31:29	548	00:49:05
534	2253	Rogelio Granja Mendez	00:49:08	00:48:43	Veterano 4	12	M	497		A Coruña	593	00:05:32	564	00:31:31	551	00:49:08
535	1717	Ángel Manuel Miguens Vazquez	00:49:09	00:48:14	Veterano 2	157	M	498		A Coruña	1070	00:06:09	744	00:31:25	541	00:49:09
536	1264	Ángeles Castro Fernández	00:49:09	00:48:58	Veterano 2	12	F	38	CLUB ATLETISMO SADA	A Coruña	288	00:04:50	335	00:30:47	492	00:49:09
537	1827	Sergio Rodríguez Rodríguez	00:49:09	00:48:34	Veterano 1	127	M	499		Bergondo	772	00:05:24	509	00:31:06	519	00:49:09
538	1591	Yoly Vázquez Espasandín	00:49:12	00:48:28	Senior	14	F	39	altafit gym club	Cambre	917	00:05:57	699	00:31:15	530	00:49:12
539	1460	Juan David Ruiz Piñeiro	00:49:12	00:48:28	Senior	133	M	500		A Coruña	920	00:05:57	700	00:31:14	529	00:49:12
540	1605	Nuria Díaz Pérez	00:49:14	00:48:43	Veterano 2	13	F	40	CLUB OLYMPO AS PONTES	Pontes De García Rodríguez, As	679	00:05:45	634	00:31:40	563	00:49:14
541	1886	Alberto Pedreira Fernandez	00:49:16	00:48:35	Veterano 2	158	M	501		A Coruña	860	00:06:14	774	00:31:52	580	00:49:16
542	2254	José Manuel Sande Gil	00:49:18	00:48:40	Veterano 2	159	M	502		A Coruña	817	00:05:53	680	00:32:19	618	00:49:18
543	1255	Aya Sueiro García	00:49:18	00:49:05	Veterano 1	10	F	41		Oleiros	341	00:05:37	587	00:31:25	540	00:49:18
544	2451	Marcos Iglesias Mata	00:49:19	00:48:23	Veterano 2	160	M	503		A Coruña	1079	00:06:47	955	00:32:42	646	00:49:19
545	2514	Jose Francisco Ferreres Gayoso	00:49:19	00:48:54	Veterano 2	161	M	504		Betanzos	596	00:05:18	478	00:30:57	508	00:49:19
546	1269	María Cristina Nanín López	00:49:21	00:49:06	Veterano 3	4	F	42	ATLETAS VETERANOS OURENSE	Ourense	382	00:05:08	429	00:31:21	535	00:49:21
547	1267	Mirian Ripoll Pernas	00:49:23	00:49:14	Veterano 3	5	F	43	CLUB ATLETISMO SADA	A Coruña	235	00:04:51	342	00:30:56	507	00:49:23
548	1883	Ismael Veiga Perez	00:49:24	00:48:56	Senior	134	M	505	pademe	Pademe	653	00:05:28	542	00:30:58	509	00:49:24
549	1026	Pedro Álvarez Rodríguez	00:49:26	00:49:26	Promesa	6	M	506	A.D. FOGAR CARBALLO	Oleiros	2	00:03:28	8	00:26:14	159	00:49:26
550	1580	Mariluz Sanda Guerra	00:49:28	00:49:09	Veterano 3	6	F	44	LA MOCHILA DEL DEPORTE	Cambre	457	00:05:05	411	00:31:07	520	00:49:28
551	1001	Zelin Spencer Conceição	00:49:28	00:49:07	Senior	15	F	45	Clube Atletismo Vilaiba	Vilaiba	503	00:05:16	464	00:31:05	517	00:49:28
552	1921	Julían Moreno Martos	00:49:32	00:49:00	Veterano 3	65	M	507	INDEPENDIENTE	A Coruña	695	00:05:49	657	00:31:52	581	00:49:32
553	1669	Roberto Pablo Jallas Amigo	00:49:32	00:49:02	Veterano 2	162	M	508	INDEPENDIENTE	A Coruña	668	00:05:44	629	00:31:48	574	00:49:32
554	1781	Fernando Couselo Barrio	00:49:33	00:49:00	Veterano 2	163	M	509		Santiago De Compostela	735	00:05:42	620	00:31:53	540	00:49:33
555	2049	Sandra Fernández Carrera	00:49:33	00:49:12	Veterano 2	14	F	46		Oleiros	504	00:05:21	495	00:31:27	543	00:49:33
556	1249	Seila Blanco Varela	00:49:34	00:49:07	Veterano 1	11	F	47		Miño	633	00:05:24	507	00:31:34	553	00:49:34
557	1567	Patricia Perterra Castaño	00:49:34	00:49:25	Veterano 2	15	F	48	CLUB ATLETISMO SADA	Oleiros	256	00:05:05	410	00:31:41	564	00:49:34
558	2452	Antonio Abuin Quiroga	00:49:34	00:48:36	Senior	135	M	510		Culleredo	1100	00:06:47	956	00:32:41	644	00:49:34
559	2450	Antonio Buide Paz	00:49:34	00:48:37	Veterano 2	164	M	511		A Coruña	1098	00:06:47	954	00:32:42	645	00:49:34
560	2121	Isabel Diaz Perez	00:49:35	00:49:04	Veterano 2	16	F	49		As Pontes De Garcia Rodriguez	693	00:05:48	651	00:31:44	572	00:49:35
561	1892	Pablo Garcia Facal	00:49:36	00:48:31	Veterano 1	128	M	512		A Coruña	1202	00:07:07	1082	00:32:51	664	00:49:36
562	1818	Luis Pita Andreu	00:49:37	00:49:18	Veterano 2	165	M	513		A Coruña	478	00:05:17	470	00:31:20	534	00:49:37
563	1901	Jorge Castro Vazquez	00:49:38	00:48:46	Veterano 2	166	M	514		Culleredo	1023	00:05:54	684	00:31:53	583	00:49:38

564	1250	Yan Li Chen Li	00:49:38	00:49:03	Senior	16	F	50	BEER RUNNER	Ferrol	764	00:05:47	647	00:31:48	575	00:49:38
565	1847	Vicente Maltes	00:49:42	00:49:20	Veterano 1	129	M	515		A Coruña	541	00:05:29	548	00:31:28	546	00:49:42
566	1274	Maca Alonso Fernández	00:49:43	00:49:24	Veterano 2	17	F	51		A Coruña	464	00:05:26	531	00:31:38	559	00:49:43
567	1774	Tomas Alvarez Primo	00:49:43	00:49:24	Veterano 2	167	M	516		A Coruña	468	00:05:27	532	00:31:36	557	00:49:43
568	1276	Maite Salgado Albores	00:49:48	00:49:12	Veterano 1	12	F	52		A Coruña	797	00:05:53	682	00:32:19	617	00:49:48
569	1671	Francisco Abeijon Costa	00:49:49	00:49:00	Veterano 2	168	M	517	C.A. Outes. John Turkey	Ames	994	00:05:56	695	00:32:24	623	00:49:49
570	1798	Jose Luis Quintans Fernandez	00:49:50	00:49:50	Veterano 1	130	M	518		A Coruña	999999	00:06:01	717	00:32:05	594	00:49:50
571	2588	Pablo Souto Salgado	00:49:53	00:49:28	Junior	3	M	519	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	601	00:05:41	611	00:31:41	565	00:49:53
572	1253	Esther Álvarez Pereira	00:49:54	00:49:32	Veterano 3	7	F	53	NOSPORTLIMIT	Cambre	526	00:05:20	488	00:31:31	550	00:49:54
573	2270	Victor Núñez Rodríguez	00:49:54	00:49:25	Veterano 2	169	M	520	C.B. Xerión. Sección Trotadas de Barrio	A Coruña	662	00:05:45	630	00:31:30	549	00:49:54
574	2206	Pilar Villar Recarey	00:49:55	00:49:03	Veterano 1	13	F	54	A.D. DOWNHILL	A Laracha	1030	00:06:12	766	00:31:50	578	00:49:55
575	1776	Fabián Santos Pose	00:49:55	00:49:31	Senior	136	M	521	INDEPENDIENTE	Vimianzo	585	00:05:35	577	00:31:48	576	00:49:55
576	1731	Juan Pedro Vigo Sanz	00:49:56	00:49:42	Veterano 2	170	M	522		Santiago De Compostela	361	00:04:56	364	00:31:02	512	00:49:56
577	1769	Rafael Diz Veiga	00:49:56	00:49:31	Veterano 3	66	M	523	Zeppelin Torguesa Finfloor	Lugo	594	00:05:45	631	00:31:51	579	00:49:56
578	1734	Jorge Franco Ferrando	00:49:57	00:48:49	Veterano 1	131	M	524		A Coruña	1249	00:06:40	910	00:32:44	650	00:49:57
579	1835	Jose Angel Lorenzo Riveiro	00:49:57	00:49:50	Veterano 2	171	M	525		A Coruña	202	00:04:59	376	00:31:03	514	00:49:57
580	1854	Daniel Losada Naveira	00:49:59	00:49:35	Senior	137	M	526		Bergondo	570	00:05:37	586	00:32:05	596	00:49:59
581	1760	Juan Manuel Álvaro Francés	00:50:00	00:49:47	Veterano 2	172	M	527		Madrid	334	00:05:15	460	00:31:24	537	00:50:00
582	1708	Pedro Peteiro Rosende	00:50:00	00:49:36	Veterano 2	173	M	528	RUNNING OLEIROS	A Coruña	577	00:05:24	512	00:31:35	555	00:50:00
583	1882	Antonio Vigo Rivera	00:50:00	00:49:02	Senior	138	M	529	CLUB OLYMPO AS PONTES	Pontes De García Rodríguez, As	1105	00:06:20	800	00:32:16	613	00:50:00
584	1753	Juan Ignacio Paleo Vieito	00:50:01	00:49:07	Veterano 1	132	M	530		A Coruña	1050	00:06:23	824	00:32:32	633	00:50:01
585	2301	Jose Manuel Martinez Martinez	00:50:03	00:49:18	Veterano 2	174	M	531	S2M	Vilanova De Arousa	940	00:06:00	714	00:31:54	585	00:50:03
586	1750	Juan Cartelle Saez	00:50:05	00:49:45	Senior	139	M	532		A Coruña	484	00:05:16	468	00:31:29	547	00:50:05
587	2396	Javier Aparicio Diaz	00:50:09	00:49:44	Veterano 3	67	M	533		A Coruña	597	00:05:50	664	00:32:20	619	00:50:09
588	1248	Estefanía Delgado Regueira	00:50:11	00:49:10	Veterano 1	14	F	55		Arteixo	1139	00:06:25	837	00:32:13	606	00:50:11
589	2488	Joaquín Carrero Díaz	00:50:11	00:48:59	Veterano 2	175	M	534		Huelva	1306	00:06:59	1028	00:32:24	624	00:50:11
590	2596	Yago Dopazo Penín	00:50:11	00:48:59	Senior	140	M	535		A Coruña	1300	00:06:59	1023	00:32:25	626	00:50:11
591	1839	Francisco Javier Ucha De La Barrera	00:50:13	00:49:32	Veterano 3	68	M	536		A Coruña	861	00:05:42	615	00:31:40	562	00:50:13
592	1575	Laura Fernández Nocelo	00:50:14	00:50:06	Veterano 1	15	F	56	ATLETAS DE ACEA DE AMA	Oleiros	232	00:05:02	390	00:31:36	556	00:50:14
593	2269	Javier Álvarez Pérez	00:50:15	00:49:35	Senior	141	M	537		A Coruña	862	00:05:59	713	00:32:23	621	00:50:15
594	1801	Jose Luis Penalta Datorre	00:50:17	00:49:23	Veterano 3	69	M	538		Cambre	1053	00:06:23	822	00:32:32	634	00:50:17
595	2271	José Luis López López	00:50:18	00:49:56	Senior	142	M	539		Fonsagrada, A	540	00:05:28	545	00:31:44	571	00:50:18
596	1814	Francisco Javier Varela Mazás	00:50:20	00:50:01	Veterano 2	176	M	540		A Coruña	463	00:05:09	433	00:31:34	554	00:50:20
597	2255	Francisco Rodríguez Pereira	00:50:20	00:49:07	Veterano 2	177	M	541		Ferrol	1310	00:07:03	1056	00:32:59	675	00:50:20
598	1593	Paula González Pazos	00:50:22	00:50:05	Veterano 1	16	F	57	CLUBE ATLETISMO FENE	Fene	430	00:05:25	513	00:32:00	588	00:50:22
599	1563	Carlos Cortés Rey	00:50:24	00:49:46	Veterano 2	178	M	542		A Coruña	812	00:05:49	656	00:32:05	593	00:50:24
600	1578	Ana Amigo Gonzalez	00:50:25	00:49:47	Veterano 1	17	F	58		A Coruña	809	00:05:48	653	00:32:06	597	00:50:25
601	1879	Oscar López Figueroa	00:50:25	00:49:43	Senior	143	M	543		A Coruña	883	00:06:19	796	00:32:50	662	00:50:25
602	1572	Carmela Cusimano	00:50:25	00:49:55	Veterano 2	18	F	59	CLUB ATLETISMO RIBADEO	Boal	670	00:05:44	626	00:32:15	612	00:50:25
603	1574	Araceli Veiga Bermejo	00:50:27	00:50:07	Veterano 4	1	F	60	ATLETISMO CARBALLO	A Coruña	476	00:05:25	523	00:31:38	558	00:50:27
604	1425	Eduardo Nistal García	00:50:28	00:50:28	Veterano 2	179	M	544	CC EO RIBADEO	A Coruña	999999	00:04:54	356	00:31:27	545	00:50:28
605	1772	Manuel Angel Cobas Otero	00:50:28	00:50:24	Veterano 3	70	M	545	ATLETISMO FONTES DO SAR	Ames	125	00:04:44	299	00:31:13	527	00:50:28
606	2348	Jesús Garea Vidal	00:50:28	00:49:59	Veterano 3	71	M	546		A Coruña	665	00:05:46	636	00:32:07	599	00:50:28
607	1257	Sandra Castro Boedo	00:50:29	00:50:15	Veterano 2	19	F	61		A Coruña	352	00:05:28	544	00:32:14	607	00:50:29
608	2276	Antonio Manuel Villar Tejjido	00:50:30	00:49:57	Veterano 2	180	M	547		A Coruña	721	00:05:41	613	00:31:47	573	00:50:30
609	2554	Jorge Losada Tejera	00:50:30	00:49:18	Senior	144	M	548		A Coruña	1299	00:06:46	952	00:33:47	760	00:50:30
610	2258	Carlos Fernández Muifos	00:50:31	00:49:54	Veterano 2	181	M	549		Sada	804	00:05:55	690	00:32:08	603	00:50:31

611	2367	Alexandre Ares Villamor	00:50:34	00:49:45	Veterano 1	133	M	550		A Coruña	993	00:06:35	889	00:32:48	660	00:50:34
612	1923	Paulo Loiacono	00:50:35	00:49:38	Veterano 2	182	M	551		A Coruña	1082	00:06:36	896	00:33:02	679	00:50:35
613	1254	Marina Gil Perez	00:50:35	00:50:17	Veterano 2	20	F	62		A Coruña	446	00:05:22	498	00:31:54	584	00:50:35
614	1736	Eduard Franquet Sugañes	00:50:35	00:50:11	Veterano 2	183	M	552		Santiago De Compostela	569	00:05:34	572	00:32:16	614	00:50:35
615	1896	Rubén Pérez	00:50:36	00:49:51	Veterano 1	134	M	553		A Coruña	931	00:06:39	906	00:33:17	706	00:50:36
616	2515	Jose Ignacio Sánchez García	00:50:36	00:49:23	Veterano 2	184	M	554		Culleredo	1309	00:06:41	915	00:33:08	691	00:50:36
617	1294	Pury Campos Regueiro	00:50:36	00:50:08	Veterano 2	21	F	63		Cambre	652	00:05:31	557	00:31:58	586	00:50:36
618	1684	Nestor Arias Paz	00:50:37	00:50:17	Veterano 2	185	M	555	CLUB MONTE PENA RUBIA	Lugo	494	00:05:16	465	00:30:55	506	00:50:37
619	2576	Jacobo Vázquez Lorenzo	00:50:38	00:50:01	Senior	145	M	556		Carballiño, O	803	00:06:13	770	00:32:45	653	00:50:38
620	2532	Victor Ledo Lema	00:50:38	00:50:07	Veterano 1	135	M	557		A Coruña	696	00:05:58	704	00:32:39	640	00:50:38
621	1918	Pablo Cobas Sande	00:50:39	00:49:58	Veterano 2	186	M	558	SIEIRO RUNNING	A Coruña	856	00:06:21	809	00:32:15	611	00:50:39
622	2346	Lorenzo Capllonch Casteleiro	00:50:39	00:50:39	Veterano 2	187	M	559	CLUB ATLETISMO SADA	Sada	999999	00:06:09	748	00:32:46	656	00:50:39
623	2280	Renato Rivas Lopez	00:50:40	00:49:30	Veterano 1	136	M	560	ORUJO TEAM	A Coruña	1263	00:07:11	1111	00:33:14	701	00:50:40
624	2622	Luis Pais	00:50:40	00:50:14	Senior	146	M	561		Estrada, A	613	00:05:33	567	00:32:07	600	00:50:40
625	1270	Bego Lois	00:50:42	00:50:20	Veterano 2	22	F	64	RUNNING OLEIROS	A Coruña	530	00:05:31	553	00:32:18	616	00:50:42
626	1857	Roberto Picos	00:50:45	00:49:55	Veterano 2	188	M	562		A Coruña	999	00:06:26	840	00:32:55	669	00:50:45
627	1606	Lorena Franqueira Losada	00:50:47	00:50:26	Veterano 1	18	F	65		A Coruña	505	00:05:33	569	00:32:08	602	00:50:47
628	2288	Raúl Tardío Ezama	00:50:47	00:50:16	Veterano 1	137	M	563		Oleiros	694	00:05:50	665	00:32:25	625	00:50:47
629	1898	Adrián García Mata	00:50:47	00:50:28	Senior	147	M	564	RANNASS	A Coruña	475	00:05:18	480	00:31:48	577	00:50:47
630	1271	Silvia Gestal Golán	00:50:47	00:50:38	Veterano 2	23	F	66	CLUB ATLETISMO SADA	Culleredo	258	00:05:08	430	00:31:42	568	00:50:47
631	2149	Silvia Escobar Pin	00:50:49	00:50:26	Senior	17	F	67		Pontevedra	553	00:05:53	681	00:33:09	694	00:50:49
632	2340	Sergio Rodriguez Martinez	00:50:52	00:49:45	Senior	148	M	565		Cambre	1230	00:06:36	893	00:33:10	696	00:50:52
633	1832	Lucas Oubiña Yañez	00:50:53	00:49:45	Veterano 1	138	M	566		A Coruña	1239	00:06:30	860	00:32:41	642	00:50:53
634	1299	Emilio Jose Jove Casto	00:50:54	00:50:31	Veterano 2	189	M	567	CLUB CASTRO DE LOBADIZ	Ferrol	554	00:05:54	688	00:33:10	695	00:50:54
635	1278	Marta Muíño Vidal	00:50:54	00:50:32	Senior	18	F	68		A Coruña	539	00:05:06	421	00:31:40	561	00:50:54
636	1279	Beatriz Muíño Vidal	00:50:54	00:50:32	Senior	19	F	69		A Coruña	535	00:05:06	419	00:31:39	560	00:50:54
637	2621	Antonio Figueirido Domínguez	00:50:55	00:49:47	Senior	149	M	568		A Coruña	1247	00:06:58	1016	00:34:37	849	00:50:55
638	1744	Juan Manuel Herbon Arias	00:50:58	00:50:43	Veterano 2	190	M	569		Cambre	390	00:05:55	691	00:32:49	661	00:50:58
639	2322	Miguel Martinez Martinez	00:50:59	00:50:19	Veterano 2	191	M	570		A Coruña	851	00:06:25	834	00:33:06	687	00:50:59
640	1782	Sergio Busto Durán	00:50:59	00:50:33	Junior	4	M	571		Cambre	625	00:06:06	736	00:32:40	641	00:50:59
641	2008	María Begoña Martínez Lorenzo	00:51:00	00:50:36	Veterano 2	24	F	70		Arteixo	571	00:05:38	592	00:32:23	622	00:51:00
642	1667	Luciano Fernández Novoa	00:51:01	00:50:13	Veterano 4	13	M	572	CLUB SOCIAL BANCO PASTOR	A Coruña	971	00:06:15	778	00:32:59	676	00:51:01
643	2139	Sandra Babío Suárez	00:51:02	00:50:49	Veterano 2	25	F	71	CLUB ATLETISMO SADA	Sada	333	00:05:17	471	00:32:31	632	00:51:02
644	1850	Angel Ramon Martínez Cambon	00:51:03	00:50:39	Veterano 3	72	M	573		A Coruña	568	00:05:34	573	00:32:22	620	00:51:03
645	1791	Reinaldo Gonzalez Pedreira	00:51:04	00:50:37	Veterano 2	192	M	574		A Coruña	631	00:05:39	599	00:32:28	629	00:51:04
646	1247	Marta Rua Lopez	00:51:04	00:50:46	Veterano 2	26	F	72		Culleredo	448	00:05:33	568	00:32:15	609	00:51:04
647	1987	Iria Barba Montes	00:51:04	00:50:20	Senior	20	F	73		A Coruña	911	00:06:16	782	00:33:17	708	00:51:04
648	2531	José Miguel Malo Herrera	00:51:05	00:50:20	Veterano 2	193	M	575	CLUB ATLETISMO SADA	Bergondo	929	00:06:09	745	00:32:47	658	00:51:05
649	1546	Alberto Fernández Pueyo	00:51:09	00:50:26	Senior	150	M	576		A Coruña	902	00:06:50	972	00:34:10	802	00:51:09
650	1056	Azucena Vázquez Alvaríño	00:51:09	00:50:25	Veterano 2	27	F	74		A Coruña	910	00:06:49	964	00:34:09	799	00:51:09
651	1258	Marí Luz Sanmartín Fdez	00:51:09	00:51:01	Veterano 4	2	F	75	EGOVARROS DE VIVEIRO	A Coruña	227	00:05:00	382	00:32:02	590	00:51:09
652	1581	Ana María Sánchez Manteiga	00:51:09	00:51:00	Veterano 2	28	F	76	CLUB ATLETISMO SADA	Sada	271	00:04:52	348	00:31:42	567	00:51:09
653	1252	Elizabeth Obrien	00:51:10	00:50:06	Senior	21	F	77		Palatine	1186	99:99:99	999999	00:33:33	736	00:51:10
654	1265	Beatriz Garcia Vazquez	00:51:10	00:50:09	Veterano 3	8	F	78		Culleredo	1146	00:06:25	835	00:32:59	674	00:51:10
655	1748	José Antonio Sumay Rey	00:51:12	00:50:07	Veterano 2	194	M	577		A Coruña	1188	00:06:30	859	00:33:33	735	00:51:12
656	1648	Andrea Espiño Albela	00:51:12	00:50:49	Senior	22	F	79		Vedra	559	00:05:31	555	00:32:04	592	00:51:12
657	1632	Silvia Seoane Rodríguez	00:51:17	00:50:56	Veterano 1	19	F	80	CLUB ATLETISMO SADA	Oleiros	521	00:05:28	538	00:32:46	655	00:51:17

658	2202	Siva Fernandez Gamez	00:51:17	00:51:05	Veterano 1	20	F	81	CLUB ATLETISMO SADA	Sada	319	00:05:17	472	00:32:35	637	00:51:17
659	2416	Emilio Alcalá-zamora Canel	00:51:19	00:50:16	Veterano 2	195	M	578		A Coruña	1168	99:99:99	999999	00:32:45	652	00:51:19
660	1342	Alvaro Carreira	00:51:19	00:50:16	Senior	151	M	579		Culleredo	1169	00:06:23	826	00:32:44	651	00:51:19
661	1557	Agustín Ces Martínez	00:51:19	00:50:16	Veterano 2	196	M	580		A Coruña	1163	00:06:24	830	00:32:43	648	00:51:19
662	1765	Jose Francisco Buño Barreiro	00:51:26	00:50:45	Veterano 2	197	M	581		A Coruña	865	00:06:21	810	00:33:07	689	00:51:26
663	1895	Diego Nueñez Cuarema	00:51:27	00:51:03	Senior	152	M	582		A Coruña	565	00:05:45	633	00:32:06	598	00:51:27
664	2397	Juan Carlos Menéndez Domínguez	00:51:28	00:51:06	Veterano 3	73	M	583		Arteixo	534	00:05:32	558	00:32:18	615	00:51:28
665	1878	Alejandro Santos Foux	00:51:30	00:51:13	Senior	153	M	584		A Coruña	421	00:05:20	486	00:32:15	610	00:51:30
666	1861	Ignacio Carmona Pérez	00:51:31	00:51:00	Senior	154	M	585	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	678	00:06:18	787	00:33:29	726	00:51:31
667	1237	Dosi López López	00:51:32	00:51:23	Veterano 2	29	F	82		Culleredo	226	00:05:03	400	00:32:14	608	00:51:32
668	1844	Andres Moreno Fernandez	00:51:33	00:51:33	Veterano 2	198	M	586		A Coruña	999999	00:05:03	394	00:29:48	413	00:51:33
669	1579	Montse Veiga Blanco	00:51:33	00:51:01	Veterano 2	30	F	83	ATLETISMO FONTES DO SAR	Santiago De Compostela	712	00:05:56	694	00:32:41	643	00:51:33
670	2272	Manuel Angel Seijo Fernandez	00:51:33	00:50:54	Veterano 2	199	M	587	KARATE TOTAL	A Coruña	843	00:06:07	737	00:32:57	670	00:51:33
671	1587	Lola Pazos Mallo	00:51:34	00:51:17	Veterano 2	31	F	84	CLUB ATLETISMO SADA	Sada	429	00:05:26	529	00:32:37	638	00:51:34
672	2251	Manuel Losada Fernández	00:51:34	00:51:08	Veterano 3	74	M	588		Sada	623	00:05:34	575	00:32:09	604	00:51:34
673	2472	Mariano Ramirez Fernandez	00:51:36	00:50:31	Veterano 2	200	M	589		A Coruña	1197	00:07:12	1123	00:33:31	729	00:51:36
674	1140	Manuel Otero Gomez	00:51:37	00:50:29	Veterano 2	201	M	590	NOSPORTLIMIT	Cambre	1251	00:06:58	1019	00:33:46	758	00:51:37
675	1509	Dositeo Pena Gómez	00:51:38	00:50:48	Veterano 2	202	M	591		Santiago De Compostela	1001	00:06:26	841	00:33:05	685	00:51:38
676	2327	Alberto Vilas Martínez	00:51:38	00:51:15	Veterano 3	75	M	592	ATLETISMO RIAZOR CORUÑA	A Coruña	551	00:05:41	614	00:32:51	665	00:51:38
677	2504	Antonio Guerreiro Pantaleón	00:51:38	00:50:30	Veterano 2	203	M	593	ATLETAS DE ACEA DE AMA	Arteixo	1244	00:06:57	1012	00:33:47	761	00:51:38
678	1775	Arturo Buide López	00:51:39	00:51:03	Veterano 4	14	M	594		A Coruña	770	00:05:38	595	00:32:30	631	00:51:39
679	2307	Fernando Arnaiz Rubio	00:51:40	00:51:28	Veterano 3	76	M	595	CLUB ATLETISMO SADA	Oleiros	310	00:05:10	439	00:31:59	587	00:51:40
680	1601	Marcela Parga Fernández	00:51:40	00:51:28	Veterano 2	32	F	85	CLUB ATLETISMO SADA	Sada	328	00:05:11	442	00:32:27	627	00:51:40
681	2261	Manuel Vazquez Alvedro	00:51:43	00:51:16	Veterano 4	15	M	596		Cambre	621	00:05:43	623	00:32:47	657	00:51:43
682	1600	María Luisa Armesto Miguel	00:51:43	00:51:30	Veterano 4	3	F	86	CLUB ATLETISMO SADA	Oleiros	343	00:05:16	466	00:32:37	639	00:51:43
683	2317	Antoni Oliveras Dominguez	00:51:46	00:50:37	Veterano 3	77	M	597	CLUB SOCIAL BANCO PASTOR	A Coruña	1264	00:06:39	905	00:33:17	707	00:51:46
684	1284	Alejandra Losada Novoa	00:51:47	00:51:13	Senior	23	F	87		Monforte De Lemos	746	00:06:25	839	00:33:28	725	00:51:47
685	2361	Luis Antonio Garcia Linares	00:51:48	00:51:03	Veterano 2	204	M	598		Chantada	930	00:06:40	909	00:34:17	824	00:51:48
686	2365	Roberto Taboada Patiño	00:51:51	00:50:59	Veterano 2	205	M	599		Cambre	1039	00:06:43	930	00:33:44	754	00:51:51
687	1822	Victor Alvar Pariente	00:51:52	00:51:26	Promesa	7	M	600		A Coruña	610	00:06:22	814	00:34:15	815	00:51:52
688	1281	Gema Martinez Carrera	00:51:52	00:51:41	Veterano 2	33	F	88		A Coruña	304	00:05:13	451	00:32:44	649	00:51:52
689	2560	José Manuel López Duarte	00:51:53	00:51:00	Veterano 1	139	M	601		A Coruña	1043	00:06:41	919	00:33:12	698	00:51:53
690	1602	Mira Ambrus	00:51:54	00:51:36	Senior	24	F	89		A Coruña	455	00:05:21	496	00:33:08	692	00:51:54
691	2432	Manuel Silva Rioboo	00:51:54	00:51:10	Veterano 1	140	M	602	libre	Sada	908	00:06:14	773	00:33:53	766	00:51:54
692	2268	Alberto Miniño Oujo	00:51:56	00:50:45	Veterano 1	141	M	603	C.D. GAS NATURAL FENOSA	A Coruña	1284	00:07:07	1081	00:33:16	703	00:51:56
693	2321	Fernando Vazquez Blanco	00:51:58	00:51:36	Veterano 3	78	M	604	oscar vazquez garcia	A Coruña	538	00:05:42	621	00:33:14	702	00:51:58
694	2382	Carlos Liñares Gestal	00:52:00	00:50:42	Veterano 1	142	M	605		A Coruña	1362	00:07:32	1219	00:33:22	715	00:52:00
695	2385	Alex Seoane Bujía	00:52:00	00:50:43	Veterano 1	143	M	606		A Coruña	1359	00:07:34	1229	00:33:22	716	00:52:00
696	2383	Jose Angel Castro Sanchez	00:52:02	00:50:44	Veterano 1	144	M	607		A Coruña	1361	00:07:34	1230	00:33:23	719	00:52:02
697	1873	Carlos Dourito Alvarez	00:52:02	00:51:00	Veterano 2	206	M	608		A Coruña	1156	00:07:04	1058	00:33:56	770	00:52:02
698	1282	Noelia Rodríguez Delgado	00:52:02	00:51:01	Senior	25	F	90		Arteixo	1138	00:06:29	854	00:33:04	683	00:52:02
699	2314	Daniel Castro Moscoso	00:52:02	00:50:59	Veterano 1	145	M	609		Pino, O	1173	00:06:36	894	00:34:16	819	00:52:02
700	1817	Miguel Ángel Aymerich	00:52:04	00:51:08	Veterano 3	79	M	610	CD GAS NATURAL FENOSA	A Coruña	1084	00:06:41	918	00:34:04	785	00:52:04
701	1410	Victor Alvarez Taboada	00:52:04	00:51:54	Veterano 1	146	M	611		A Coruña	280	00:05:15	458	00:32:54	668	00:52:04
702	1611	Sonia Quintá Mancebo	00:52:04	00:50:59	Veterano 2	34	F	91		A Coruña	1206	00:06:32	871	00:33:19	712	00:52:04
703	1915	Jose Luis Alvarez Vidal	00:52:06	00:51:40	Veterano 3	80	M	612		A Coruña	626	00:05:52	672	00:33:21	713	00:52:06
704	2334	Juan José Redondo Lago	00:52:09	00:51:22	Veterano 3	81	M	613		A Coruña	960	00:06:18	790	00:33:32	731	00:52:09

705	1726	Hugo Iglesias Vigil	00:52:09	00:51:22	Senior	155	M	614		A Coruña	964	00:06:16	781	00:33:32	732	00:52:09
706	2368	Oscar Martínez Serra	00:52:10	00:51:44	Senior	156	M	615		A Coruña	618	00:05:25	515	00:32:58	672	00:52:10
707	1713	José Alejandro Álvarez Rodríguez	00:52:10	00:51:02	Senior	157	M	616	Leones running team	A Coruña	1242	00:07:25	1185	00:34:41	855	00:52:10
708	1242	Vanesa Naveira López	00:52:12	00:51:50	Veterano 1	21	F	92		A Coruña	527	00:05:28	541	00:33:05	686	00:52:12
709	1945	Susana Basterrechea Noya	00:52:15	00:51:54	Veterano 2	35	F	93	CLUB ATLETISMO SADA	Sada	517	00:05:27	533	00:33:00	677	00:52:15
710	2620	Alberto Galban	00:52:16	00:51:30	Veterano 2	207	M	617		A Coruña	953	00:06:08	740	00:33:49	762	00:52:16
711	2319	José Manuel Abruñedo Barbeito	00:52:17	00:51:09	Veterano 2	208	M	618		A Coruña	1240	00:07:24	1184	00:34:41	854	00:52:17
712	2586	Marcos Souto Amado	00:52:19	00:51:39	Veterano 2	209	M	619		Zas	850	99:99:99	999999	99:99:99	999999	00:52:19
713	2608	Pedro Vázquez Vilaríño	00:52:20	00:51:37	Veterano 2	210	M	620		Cambre	899	00:06:23	823	00:33:50	764	00:52:20
714	1805	Chema Bergantiños Lopez	00:52:23	00:51:37	Veterano 1	147	M	621	Queimón Team Sport	Foz	951	00:06:29	853	00:33:55	768	00:52:23
715	2296	Alberto Ballón Lage	00:52:24	00:51:57	Veterano 2	211	M	622		A Coruña	624	00:05:27	535	00:32:34	636	00:52:24
716	1885	Eduardo Alvarez Pose	00:52:25	00:51:53	Senior	158	M	623		Arteixo	711	00:05:44	625	00:33:24	720	00:52:25
717	2406	Ignacio Sanchez Pellitero	00:52:25	00:51:47	Veterano 1	148	M	624		Cerceda	835	00:06:23	818	00:33:37	743	00:52:25
718	1646	Carmen Garcia Sierra	00:52:29	00:51:19	Veterano 1	22	F	94		A Coruña	1267	00:07:08	1088	00:34:04	787	00:52:29
719	2283	Jose Ángel Marcos Marcos	00:52:29	00:51:55	Veterano 2	212	M	625		A Coruña	756	00:05:53	679	00:32:51	663	00:52:29
720	1613	Fatima Fernandez Carro	00:52:29	00:52:08	Veterano 1	23	F	95	VIA XVIII MACEDA	Maceda	523	00:05:47	649	00:33:38	740	00:52:29
721	1806	José Alfonso López Vázquez	00:52:30	00:51:50	Veterano 3	82	M	626	CLUB CASTRO DE LOBADIZ	Cariño	845	00:06:03	727	00:33:43	753	00:52:30
722	2332	José Angel Teijo López	00:52:31	00:51:59	Veterano 2	213	M	627		Betanzos	703	00:06:01	718	00:33:12	699	00:52:31
723	1811	Marcelo Gabriel Tripodi	00:52:31	00:51:37	Veterano 3	83	M	628		Bagnara	1047	00:06:52	983	00:34:09	800	00:52:31
724	2293	Enrique Fernandez Rosado	00:52:32	00:52:14	Veterano 2	214	M	629		A Coruña	435	00:05:20	491	00:32:47	659	00:52:32
725	1944	Ana Hermida Carballo	00:52:33	00:52:13	Veterano 1	24	F	96	LA MOCHILA DEL DEPORTE	A Coruña	481	00:05:17	474	00:32:54	667	00:52:33
726	1809	Jose Luis Fernández Trisac	00:52:33	00:52:07	Veterano 2	215	M	630		A Coruña	614	00:05:27	534	00:32:34	630	00:52:33
727	2546	Daniel Quintela Díaz	00:52:33	00:51:21	Promesa	8	M	631		A Coruña	1302	00:07:07	1086	00:33:32	730	00:52:33
728	1905	Daniel Muñiz Torres	00:52:33	00:52:15	Veterano 1	149	M	632		A Coruña	449	00:05:17	476	00:32:42	647	00:52:33
729	2292	Jaime Morado Paredes	00:52:34	00:51:55	Senior	159	M	633		Narón	839	00:06:19	795	00:33:44	755	00:52:34
730	1469	Miguel Ángel Vazquez Gonzalez	00:52:34	00:52:14	Veterano 1	150	M	634		A Coruña	498	00:05:18	481	00:32:53	666	00:52:34
731	1273	Sabela Paz Fraga	00:52:35	00:51:56	Senior	26	F	97		A Coruña	836	00:06:08	743	00:33:17	705	00:52:35
732	1585	Aracelis Ortega Pérez	00:52:35	00:52:02	Veterano 2	36	F	98		Culleredo	728	00:05:34	570	00:32:58	673	00:52:35
733	1859	Manuel Devesa Suárez	00:52:35	00:51:37	Senior	160	M	635		A Coruña	1104	00:07:09	1099	00:34:36	846	00:52:35
734	1619	Lucia Vazquez Blanco	00:52:36	00:51:32	Senior	27	F	99		A Coruña	1190	00:06:44	935	00:33:58	773	00:52:36
735	2379	Carlos María Fernandez Pita	00:52:37	00:51:32	Veterano 2	216	M	636		A Coruña	1187	00:06:44	940	00:33:59	775	00:52:37
736	1663	José María Sanchez Parada	00:52:37	00:51:24	Veterano 1	151	M	637		A Coruña	1314	00:07:33	1221	00:34:31	840	00:52:37
737	1888	Ángel Carlos Izquierdo Lopez	00:52:40	00:52:25	Veterano 2	217	M	638		A Coruña	377	00:05:22	497	00:33:26	721	00:52:40
738	1286	Elia Rodríguez Gallego	00:52:41	00:52:05	Veterano 2	37	F	100	NOSPORTLIMIT	Cambre	775	00:05:47	644	00:33:36	742	00:52:41
739	1583	Nieves Vázquez Novo	00:52:44	00:52:31	Veterano 2	38	F	101	CLUB ATLETISMO SADA	A Coruña	348	00:05:15	459	00:33:00	678	00:52:44
740	1060	Pilar Marquiz Hernandez	00:52:45	00:52:36	Veterano 4	4	F	102	CLUB ATLETISMO SADA	A Coruña	242	00:05:08	427	00:33:02	680	00:52:45
741	1622	Adela Seoane Rosende	00:52:45	00:52:32	Veterano 2	39	F	103	CLUB ATLETISMO SADA	Sada	332	00:05:25	520	00:33:34	739	00:52:45
742	2389	Alberto Perez Pardiñas	00:52:45	00:51:46	Veterano 1	152	M	639	NOSPORTLIMIT	Carral	1121	00:06:53	987	00:33:54	767	00:52:45
743	2311	Fernando Carmona Elizalde	00:52:46	00:52:17	Veterano 3	84	M	640		A Coruña	664	00:06:20	802	00:33:45	756	00:52:46
744	2154	Carmen Cantero	00:52:47	00:52:14	Senior	28	F	104		A Coruña	737	99:99:99	999999	00:32:58	671	00:52:47
745	1913	Raimundo Otero Guldriés	00:52:47	00:51:34	Veterano 1	153	M	641		A Coruña	1322	00:07:01	1042	00:34:07	795	00:52:47
746	2614	Carlos Coto Merelas	00:52:47	00:51:34	Veterano 3	85	M	642		A Coruña	1325	00:06:58	1021	00:34:07	794	00:52:47
747	1680	José Agra Ramos	00:52:48	00:52:37	Veterano 2	218	M	643	INDEPENDIENTE	A Coruña	307	00:05:26	530	00:33:07	690	00:52:48
748	2188	Jessica Neilan	00:52:49	00:52:06	Veterano 1	25	F	105	Trieueme	New York	889	00:06:08	741	00:33:31	727	00:52:49
749	1592	Nuria Lago Fustes	00:52:49	00:51:41	Senior	29	F	106		Cariño	1246	00:06:51	981	00:34:06	791	00:52:49
750	1899	Diego Fernandez Losada	00:52:49	00:51:40	Veterano 2	219	M	644		A Coruña	1261	99:99:99	999999	00:34:06	792	00:52:49
751	1635	María Castro Candamio	00:52:50	00:52:33	Veterano 2	40	F	107	CLUB ATLETISMO SADA	Oleiros	432	00:05:27	536	00:33:03	682	00:52:50

752	2493	Manuel García-lastra Martorell	00:52:51	00:52:18	Senior	161	M	645		A Coruña	729	00:06:01	723	00:33:16	704	00:52:51
753	1922	David J Martínez Maquez	00:52:52	00:52:36	Veterano 2	220	M	646		Betanzos	405	00:05:25	521	00:33:18	709	00:52:52
754	2281	Oscar Hernandez Acevedo	00:52:53	00:52:23	Veterano 1	154	M	647		Oaxaca	671	00:06:09	747	00:34:13	808	00:52:53
755	1808	Alonso Álvarez Ventoso	00:52:55	00:52:14	Veterano 3	86	M	648		A Coruña	864	00:06:21	804	00:33:55	769	00:52:55
756	2066	María Teresa Sierra Caballero	00:52:55	00:51:44	Veterano 2	41	F	108		A Coruña	1292	00:06:40	911	00:33:35	741	00:52:55
757	2505	Xabier Rodríguez Soto	00:52:58	00:52:26	Veterano 1	155	M	649	Athletic Coruña Hockey	A Coruña	714	00:06:12	764	00:34:17	821	00:52:58
758	1758	Andrés González García	00:52:58	00:52:26	Veterano 3	87	M	650	CLUB CASTRO DE LOBADIZ	Ferrol	725	00:05:53	677	00:34:04	786	00:52:58
759	2291	Francisco Vázquez Gil	00:52:59	00:52:21	Veterano 2	221	M	651	CLUB ATLETISMO SADA	A Coruña	816	00:05:54	686	00:33:06	688	00:52:59
760	1967	Ana López Gao	00:52:59	00:52:40	Veterano 2	42	F	109	LA MOCHILA DEL DEPORTE	Culleredo	474	00:05:37	589	00:33:40	747	00:52:59
761	1742	Francisco Javier Salgado Badás	00:52:59	00:52:15	Veterano 1	156	M	652	INDRA RUNNERS	A Coruña	918	00:06:39	901	00:34:17	825	00:52:59
762	1586	Silvia Sánchez Bascoy	00:52:59	00:52:40	Veterano 3	9	F	110		A Coruña	477	00:05:39	601	00:33:21	714	00:52:59
763	1668	Antonio Vázquez Gil	00:53:00	00:52:22	Veterano 1	157	M	653		A Coruña	831	00:05:46	640	00:33:05	684	00:53:00
764	1947	Lucia Valles Barbeito	00:53:00	00:52:36	Veterano 2	43	F	111	LA MOCHILA DEL DEPORTE	A Coruña	574	00:05:39	598	00:33:40	748	00:53:00
765	2629	Jose Antonio Lamas Noya	00:53:01	00:52:04	Veterano 3	88	M	654		A Coruña	1097	00:07:00	1034	00:34:23	833	00:53:01
766	2607	Jorge Peón Liñeira	00:53:02	00:52:19	Senior	162	M	655		A Coruña	894	00:05:59	712	00:33:31	728	00:53:02
767	1790	Eloy Calderón Fernández	00:53:06	00:52:43	Veterano 3	89	M	656		A Coruña	550	00:05:38	591	00:33:26	722	00:53:06
768	2310	Carlos Facal Domínguez	00:53:07	00:52:02	Veterano 2	222	M	657		A Coruña	1199	00:07:04	1061	00:34:03	782	00:53:07
769	2324	José Manuel García Becerra	00:53:09	00:52:42	Veterano 3	90	M	658		Carballo	622	00:05:30	552	00:32:46	654	00:53:09
770	2265	Alejandro Cañada Muñoz	00:53:13	00:52:06	Veterano 3	91	M	659		A Coruña	1232	00:06:41	913	00:34:19	827	00:53:13
771	2132	María Cuartero Modrego	00:53:14	00:52:41	Senior	30	F	112		Tudela	730	00:05:47	643	00:33:34	738	00:53:14
772	2231	Paula Garcia Sanchez	00:53:14	00:52:12	Veterano 2	44	F	113		A Coruña	1147	00:06:41	917	00:34:42	857	00:53:14
773	1607	Sara González Gayoso	00:53:14	00:52:43	Senior	31	F	114	CLUB OLYMPO AS PONTES	Pontes De García Rodríguez, As	686	00:05:46	638	00:33:10	697	00:53:14
774	1751	Manuel Javier Muñoz Seijas	00:53:14	00:52:54	Veterano 3	92	M	660		A Coruña	499	00:05:41	612	00:33:33	737	00:53:14
775	1628	Susi Abad Lago	00:53:14	00:52:55	Veterano 2	45	F	115	ATLETISMO PORRIÑO	Porriño, O	467	00:05:44	627	00:33:59	777	00:53:14
776	1323	Victor Manuel García Pérez	00:53:15	00:52:56	Veterano 2	223	M	661	ATLETISMO PORRIÑO	Porriño, O	469	00:05:44	628	00:34:00	778	00:53:15
777	1956	Alba Xisela Rodríguez Martínez	00:53:16	00:52:36	Senior	32	F	116		Oleiros	858	00:06:06	733	00:33:35	740	00:53:16
778	2411	Luis Alvarez Cámara	00:53:17	00:52:38	Veterano 4	16	M	662		A Coruña	842	00:05:50	666	00:33:38	745	00:53:17
779	2318	Pablo Parguñá Fernández	00:53:18	00:52:31	Veterano 3	93	M	663		A Coruña	959	00:06:22	817	00:34:01	779	00:53:18
780	2594	Daniel Alberca Piñeiro	00:53:20	00:52:04	Senior	163	M	664		A Coruña	1346	00:07:17	1164	00:35:41	924	00:53:20
781	1870	Ramón Álvarez Muñoz	00:53:20	00:52:25	Senior	164	M	665		A Coruña	1067	99:99:99	999999	00:34:16	817	00:53:20
782	1654	Gabriela Bascuas Gonçalves	00:53:21	00:52:38	Senior	33	F	117		Estrada, A	896	00:06:27	842	00:34:09	798	00:53:21
783	2464	Alejandro Garcia Castro	00:53:21	00:52:08	Senior	165	M	666		A Coruña	1308	00:06:53	989	00:34:32	842	00:53:21
784	1691	Rafael Pena Fernandez	00:53:21	00:52:27	Veterano 2	224	M	667	CD GAS NATURAL FENOSA	A Coruña	1057	00:06:49	966	00:34:16	816	00:53:21
785	1903	Israel Martínez Lopez	00:53:21	00:52:16	Veterano 1	158	M	668		Oza Dos Rios	1192	00:07:12	1125	00:34:31	841	00:53:21
786	2345	Jose Manuel Castelao Diaz	00:53:23	00:52:58	Veterano 3	94	M	669		Nava	600	00:05:35	578	00:33:42	751	00:53:23
787	2470	Avelino Dopazo Ponte	00:53:26	00:52:54	Veterano 3	95	M	670		A Coruña	705	00:05:46	639	00:33:23	717	00:53:26
788	2357	José Ramón Torres Freire	00:53:26	00:52:18	Veterano 2	225	M	671		A Coruña	1241	00:06:32	868	00:34:10	805	00:53:26
789	1354	Juan Carlos Rodil Castanedo	00:53:27	00:53:08	Veterano 2	226	M	672	CLUB SOCIAL	A Coruña	466	00:05:39	597	00:33:42	752	00:53:27
790	1783	Hermínio Santos Cameán	00:53:27	00:53:12	Veterano 2	227	M	673	CLUB ATLETISMO SADA	Sada	393	00:05:12	445	00:32:27	628	00:53:27
791	2495	Eduardo Fernandez Collazo	00:53:28	00:52:56	Senior	166	M	674		A Coruña	706	99:99:99	999999	00:33:23	718	00:53:28
792	1268	Lourdes Liqueste Medrano	00:53:30	00:53:17	Veterano 3	10	F	118	BEER RUNNERS	Ponferrada	346	00:05:32	560	00:34:01	780	00:53:30
793	1627	Montserrat Fraga Martínez	00:53:30	00:52:47	Veterano 2	46	F	119		A Coruña	898	00:06:15	776	00:34:11	806	00:53:30
794	1610	Graciela Coteló Veira	00:53:31	00:52:16	Veterano 1	26	F	120		Carballo	1338	00:07:06	1080	00:34:22	831	00:53:31
795	1272	Nayem Mosquera Castro	00:53:32	00:53:10	Senior	34	F	121	NOSPORTLIMIT	A Coruña	522	00:05:42	619	00:33:52	765	00:53:32
796	2601	Juan Carlos Choufiño Pena	00:53:33	00:52:59	Veterano 3	96	M	675		A Coruña	740	00:06:11	761	00:34:18	826	00:53:33
797	1986	Olalla Fernandez Rivas	00:53:33	00:52:58	Senior	35	F	122	Toxiza Club de Montaña	Mondoñedo	769	00:06:24	831	00:34:12	807	00:53:33
798	1927	Ramón Devesa Morandeira	00:53:34	00:53:19	Veterano 2	228	M	676		A Coruña	371	00:05:21	494	00:33:27	724	00:53:34

799	1926	José Ramón Louzao Cabo	00:53:34	00:53:20	Veterano 3	97	M	677		A Coruña	370	00:05:22	501	00:33:26	723	00:53:34
800	1828	Benigno Garea Cao	00:53:36	00:53:21	Veterano 3	98	M	678		A Coruña	380	00:05:26	527	00:33:13	700	00:53:36
801	2528	José Francisco Rodríguez García	00:53:36	00:53:05	Senior	167	M	679		Neda	687	00:06:01	716	00:34:14	812	00:53:36
802	1928	Beatriz Astray Merino	00:53:37	00:53:15	Veterano 2	47	F	123	CLUB ATLETISMO SADA	Oleiros	529	00:05:40	607	00:34:04	784	00:53:37
803	1872	Jose Lopez Soto	00:53:37	00:53:13	Veterano 3	99	M	680		Oleiros	563	00:05:51	671	00:33:58	774	00:53:37
804	1996	Carolina Papin Estevez	00:53:37	00:53:24	Veterano 1	27	F	124	CLUB ATLETISMO SADA	Carral	349	00:05:29	547	00:34:03	783	00:53:37
805	1894	Ismael Lopez Fernandez	00:53:38	00:53:14	Senior	168	M	681		A Coruña	573	00:05:51	670	00:34:07	793	00:53:38
806	2140	Beatriz Babio Suárez	00:53:40	00:53:19	Veterano 2	48	F	125	CLUB ATLETISMO SADA	Sada	520	00:05:41	609	00:34:10	801	00:53:40
807	2167	Nuria Benito Gutierrez	00:53:43	00:52:29	Veterano 2	49	F	126		A Coruña	1320	00:06:58	1020	00:34:43	858	00:53:43
808	1568	Rosa Maria Soto Guardado	00:53:44	00:53:23	Veterano 2	50	F	127	CLUB DEPORTIVO JIMBARAN	Lugo	516	00:05:49	660	00:33:47	759	00:53:44
809	1912	Eugenio Pérez Chao	00:53:45	00:53:25	Senior	169	M	682		Mondoñedo	489	00:05:07	425	00:33:02	681	00:53:45
810	2356	Antonio Franco Ruiz	00:53:46	00:53:23	Veterano 4	17	M	683	CLUB ATLETISMO SADA	Oleiros	543	00:05:41	610	00:34:10	804	00:53:46
811	1645	Susana Goyanes Martínez	00:53:46	00:53:22	Veterano 2	51	F	128	RUNNING OLEIROS	A Coruña	584	00:05:42	616	00:33:41	749	00:53:46
812	2176	Beatriz Souto Suárez	00:53:48	00:53:34	Senior	36	F	129		A Coruña	364	00:05:37	588	00:33:56	771	00:53:48
813	1569	María Fraga Rivas	00:53:48	00:53:38	Senior	37	F	130		A Coruña	278	00:05:16	467	00:33:41	750	00:53:48
814	2390	Javier Mira	00:53:49	00:53:16	Veterano 1	159	M	684		Oleiros	713	00:05:54	687	00:34:13	811	00:53:49
815	1582	Uxia Gomez Mendez	00:53:49	00:53:32	Senior	38	F	131		Monterroso	418	00:05:36	580	00:34:17	820	00:53:49
816	1661	Carlos Morán Franc	00:53:49	00:52:55	Veterano 2	229	M	685		A Coruña	1051	00:06:44	941	00:34:14	813	00:53:49
817	1449	Jose Manuel Sanchez Loureda	00:53:50	00:53:00	Veterano 3	100	M	686		Arteixo	1007	00:06:35	890	00:34:16	818	00:53:50
818	2165	Lola García Cambon	00:53:50	00:53:04	Veterano 2	52	F	132		A Coruña	948	00:06:30	858	00:34:29	836	00:53:50
819	1566	Diana Morales Rodríguez	00:53:52	00:53:33	Veterano 1	28	F	133	CLUB OURENSE ATLETISMO	Ourense	454	00:05:25	522	00:33:39	746	00:53:52
820	1881	Alberto Fernández Garcia	00:53:52	00:53:06	Veterano 2	230	M	687		A Coruña	946	00:06:32	869	00:34:30	838	00:53:52
821	1604	Miriam Piñeiro Portela	00:53:52	00:53:07	Veterano 2	53	F	134		A Coruña	943	00:06:23	821	00:34:10	803	00:53:52
822	1589	Montse Jurjo Garcia	00:53:53	00:53:14	Veterano 1	29	F	135		A Coruña	833	00:06:20	799	00:34:17	823	00:53:53
823	1537	Oscar Castellanos Jimenez	00:53:53	00:53:26	Veterano 2	231	M	688		A Coruña	628	00:06:16	779	00:34:43	859	00:53:53
824	2573	Diego Taboada Lesta	00:53:54	00:53:27	Veterano 2	232	M	689		A Coruña	636	00:05:55	689	00:33:49	763	00:53:54
825	1262	Paula Avendaño Pérez	00:53:54	00:53:18	Senior	39	F	136		A Coruña	785	00:06:08	739	00:34:15	814	00:53:54
826	2042	Lucía Varela	00:53:56	00:53:43	Veterano 1	30	F	137	CLUB ATLETISMO SADA	Sada	331	00:05:30	549	00:34:02	781	00:53:56
827	1570	Giselle Montero Salinas	00:53:56	00:52:53	Senior	40	F	138		Lugo	1171	00:06:38	898	00:34:44	860	00:53:56
828	1573	Rosa María Maceiras Seoane	00:53:57	00:52:56	Veterano 2	54	F	139		Arteixo	1142	00:06:39	908	00:34:40	853	00:53:57
829	1551	Pablo Pardo Bermúdez	00:53:58	00:53:13	Veterano 2	233	M	690	Sen clube	A Coruña	928	00:07:01	1036	00:34:34	844	00:53:58
830	2624	Luis Patiño Varela	00:54:01	00:53:02	Junior	5	M	691		Oleiros	1118	00:06:27	844	00:33:09	693	00:54:01
831	2627	Juan Carlos Barbeito Iglesias	00:54:01	00:53:35	Veterano 3	101	M	692		A Coruña	608	00:05:42	617	00:33:59	776	00:54:01
832	2427	Marcelino De Juan Barquin	00:54:02	00:53:19	Veterano 4	18	M	693		A Coruña	885	00:06:20	801	00:33:57	772	00:54:02
833	2316	Fidel Castro Prado	00:54:03	00:53:19	Veterano 1	160	M	694		Lugo	915	00:06:18	791	00:34:37	848	00:54:03
834	2313	Daniel Villadangos Iglesias	00:54:04	00:53:23	Senior	170	M	695		A Coruña	867	00:06:18	786	00:34:05	788	00:54:04
835	2328	Gonzalo Anido Herránz	00:54:05	00:53:19	Senior	171	M	696		Carballo	942	00:06:36	895	00:35:11	888	00:54:05
836	1609	Marjorie Garrido Salazar	00:54:07	00:53:10	Veterano 2	55	F	140		Culleredo	1101	00:06:33	874	00:33:33	734	00:54:07
837	1949	María Jesús García Caparrós	00:54:08	00:53:29	Veterano 2	56	F	141		A Coruña	849	00:06:29	851	00:34:21	829	00:54:08
838	2377	Alejandro Montero Salinas	00:54:09	00:53:05	Senior	172	M	697		A Coruña	1177	00:06:38	897	00:34:44	861	00:54:09
839	1864	Daniel Solera López	00:54:09	00:53:46	Veterano 1	161	M	698		Sada	564	00:05:36	584	00:32:30	630	00:54:09
840	2477	Alberto Martínez De Mena	00:54:10	00:53:08	Veterano 2	234	M	699		A Coruña	1155	00:06:44	938	00:35:15	889	00:54:10
841	1792	Gonzalo Alfonsín Soliño	00:54:15	00:53:42	Veterano 3	102	M	700	TARATRUGAS	Santiago De Compostela	744	00:05:56	693	00:34:36	847	00:54:15
842	2065	Iria Louzán Lema	00:54:17	00:53:57	Veterano 1	31	F	142	CLUB ATLETISMO SADA	Sada	501	00:05:28	539	00:34:08	797	00:54:17
843	1230	Raquel Armesto Pinedo	00:54:18	00:53:57	Veterano 2	57	F	143	CLUB ATLETISMO SADA	Oleiros	497	00:05:28	537	00:34:08	796	00:54:18
844	2171	Inmaculada Mourin Gonzalez	00:54:20	00:53:18	Veterano 2	58	F	144		Lugo	1160	99:99:99	999999	00:34:13	809	00:54:20
845	2290	David Franco Iglesias	00:54:21	00:53:14	Veterano 1	162	M	701		A Coruña	1216	00:06:57	1010	00:34:51	867	00:54:21

846	1525	Felipe Vilarinho Cutrín	00:54:24	00:53:57	Veterano 2	235	M	702	gas natural fenosa	A Coruña	632	00:06:19	794	00:35:50	942	00:54:24
847	2392	Alejandro Pazos Sanchez	00:54:25	00:53:35	Senior	173	M	703		A Coruña	1002	00:06:43	928	00:34:24	834	00:54:25
848	1588	Marta Martínez Rodríguez	00:54:26	00:53:40	Senior	41	F	145		A Coruña	947	00:06:31	865	00:34:30	837	00:54:26
849	1778	Julio Sejal Lema	00:54:27	00:53:41	Veterano 1	163	M	704	Startan	A Coruña	944	00:06:31	866	00:34:30	839	00:54:27
850	2246	Alba Losada Duran	00:54:29	00:53:52	Senior	42	F	146		Pontes De García Rodríguez, As	802	00:06:22	812	00:34:38	851	00:54:29
851	2631	Alejandro Antón Fernandez	00:54:29	00:53:52	Senior	174	M	705		Pontes De García Rodríguez, As	801	00:06:20	803	00:34:38	850	00:54:29
852	1704	Fernando Dabarca Fidalgo	00:54:32	00:53:16	Veterano 3	103	M	706	C.A.R. MARISQUEIRO	Vigo	1345	00:07:16	1162	00:35:25	902	00:54:32
853	1686	Miguel Ángel Díaz Varela	00:54:33	00:54:10	Veterano 2	236	M	707		A Coruña	555	00:05:50	662	00:34:06	789	00:54:33
854	1571	Amira Simón Martínez	00:54:34	00:53:48	Senior	43	F	147	NOSPORTLIMIT	A Coruña	949	00:06:01	720	00:33:33	733	00:54:34
855	1599	Ana Vigo Barreira	00:54:35	00:54:00	Veterano 2	59	F	148	RUNNING OLEIROS	A Coruña	773	00:06:27	846	00:35:35	920	00:54:35
856	1603	Candela Gomez Gonzalez	00:54:35	00:54:18	Senior	44	F	149		Santiago De Compostela	414	00:05:36	581	00:34:17	822	00:54:35
857	1630	María Mantifán Paredes	00:54:37	00:54:13	Veterano 1	32	F	150		A Coruña	566	00:05:51	668	00:34:06	790	00:54:37
858	2323	Virgilio Calvo Martínez	00:54:37	00:53:43	Veterano 2	237	M	708	MIXMASTER RUNNING	A Coruña	1059	00:06:57	1009	00:35:08	883	00:54:37
859	1251	Eva Sanchez Martinez	00:54:37	00:53:43	Veterano 2	60	F	151	MIXMASTER RUNNING	A Coruña	1060	00:06:57	1008	00:35:08	884	00:54:37
860	2298	Jose Antonio Afion Costa	00:54:39	00:53:44	Veterano 1	164	M	709		A Coruña	1071	00:07:07	1084	00:34:42	856	00:54:39
861	2172	Beatriz Castellanos Jimenez	00:54:40	00:54:13	Veterano 1	33	F	152	CLUB ATLETISMO SADA	Sada	638	00:06:41	920	00:34:46	863	00:54:40
862	2343	Carlos Armenteros León	00:54:40	00:53:42	Veterano 2	238	M	710		A Coruña	1102	00:06:59	1027	00:35:20	896	00:54:40
863	2294	Miguel Baldomir Mato	00:54:42	00:53:35	Veterano 1	165	M	711	Leones running team	A Coruña	1236	00:07:27	1195	00:35:43	929	00:54:42
864	2204	Sabela Río Vilarifo	00:54:44	00:54:10	Senior	45	F	153		Narón	753	00:06:05	730	00:34:49	865	00:54:44
865	2295	Mateo Bello Castro	00:54:46	00:53:54	Senior	175	M	712		A Coruña	1022	00:06:25	836	00:34:40	852	00:54:46
866	2102	Angeles Sanjuan Espiñeira	00:54:46	00:54:07	Veterano 2	61	F	154		A Coruña	841	00:06:42	925	00:35:47	938	00:54:46
867	2467	Alberto Vence Corton	00:54:48	00:53:48	Veterano 2	239	M	713		A Coruña	1123	00:07:10	1109	00:37:27	1067	00:54:48
868	1843	Eduardo Gomez Ramos	00:54:48	00:54:00	Veterano 1	166	M	714		Oleiros	984	00:07:04	1063	00:35:55	949	00:54:48
869	1812	José Manuel García Castro	00:54:51	00:54:16	Veterano 3	104	M	715		Culleredo	759	00:05:56	697	00:35:04	877	00:54:51
870	2211	Lorena Rodríguez Fernandez	00:54:51	00:54:25	Veterano 2	62	F	155	Altaliti gym club naron	Mugardos	607	00:05:32	559	00:33:45	757	00:54:51
871	1620	Montse Oxinalde Ríos	00:54:51	00:54:32	Senior	46	F	156		A Coruña	480	00:05:58	708	00:35:16	890	00:54:51
872	2164	Noelia Malvido González	00:54:52	00:53:36	Senior	47	F	157		A Coruña	1348	00:07:30	1208	00:36:30	994	00:54:52
873	2570	Humberto Carro Fidalgo	00:54:52	00:53:36	Senior	176	M	716		A Coruña	1352	00:07:28	1198	00:36:40	1011	00:54:52
874	2017	Isa Dequidt Carretero	00:54:53	00:53:52	Senior	48	F	158		A Coruña	1135	00:06:50	968	00:35:29	909	00:54:53
875	2347	Carlos Vázquez Alonso	00:54:53	00:53:43	Veterano 1	167	M	717		Pontevedra	1271	00:07:11	1112	00:35:06	880	00:54:53
876	1287	Jessy Busto Durán	00:54:54	00:54:28	Senior	49	F	159	CLUB ATLETISMO SADA	Cambre	611	00:06:06	735	00:34:48	864	00:54:54
877	2037	María Gonzalez-regalado Abel	00:54:54	00:54:06	Veterano 2	63	F	160		Abegondo	980	00:06:35	892	00:34:58	871	00:54:54
878	1626	Nuria Patiño García	00:54:57	00:54:42	Veterano 2	64	F	161		Gijón	379	00:05:48	652	00:34:44	862	00:54:57
879	2478	Miguel Maneiro	00:54:59	00:53:54	Veterano 1	168	M	718		A Coruña	1196	00:07:13	1137	00:35:36	921	00:54:59
880	1973	Argentina Pan Fernandez	00:54:59	00:54:11	Veterano 1	34	F	162		Oleiros	985	00:07:05	1065	99:99:99	999999	00:54:59
881	1877	Jose Clemente Serrano Garcia	00:55:01	00:54:43	Veterano 3	105	M	719		A Coruña	436	00:05:43	622	00:34:54	869	00:55:01
882	2249	Jesús Manuel Iglesias Mariño	00:55:03	00:54:26	Veterano 2	240	M	720		A Laracha	805	00:06:05	731	00:35:03	875	00:55:03
883	2571	Santiago Bort Couceiro	00:55:07	00:54:26	Veterano 2	241	M	721		A Coruña	869	00:06:24	829	00:34:54	870	00:55:07
884	1840	Diego Sánchez Cal	00:55:07	00:54:06	Senior	177	M	722		Abegondo	1140	00:06:30	862	00:34:21	830	00:55:07
885	2454	Jose Caínzos	00:55:08	00:54:38	Veterano 2	242	M	723		Ferrol	674	00:06:42	923	00:35:35	919	00:55:08
886	1852	Fernando Sandá Macho	00:55:08	00:54:22	Veterano 3	106	M	724		A Coruña	958	99:99:99	999999	00:34:27	835	00:55:08
887	2559	Miguel Mato Outeiro	00:55:09	00:54:29	Senior	178	M	725		A Coruña	854	00:06:41	914	00:35:44	932	00:55:09
888	1650	Susana Somme López	00:55:09	00:54:49	Veterano 2	65	F	163	LA MOCHILA DEL DEPORTE	A Coruña	482	00:05:36	582	00:34:19	828	00:55:09
889	1647	Rosa Armental Roo	00:55:11	00:54:15	Veterano 2	66	F	164		A Coruña	1078	00:07:01	1041	00:35:45	933	00:55:11
890	1640	Marga Gonzalez Fernández	00:55:12	00:54:52	Veterano 2	67	F	165	CLUB ATLETISMO SADA	Oleiros	502	00:06:06	734	00:35:27	906	00:55:12
891	1880	Iván Nogueroi Diz	00:55:13	00:54:01	Senior	179	M	726		Oza Dos Rios	1305	00:06:59	1024	00:35:59	956	00:55:13
892	1616	María Concepción Haro Alamilla	00:55:18	00:54:36	Veterano 2	68	F	166	MEDINA LAUXA	Loja	878	00:06:45	945	00:35:32	914	00:55:18

893	2459	Juan José García Aviles	00:55:18	00:54:36	Veterano 2	243	M	727	Atletismo Medina Lauxa	Loja	879	99:99:99	999999	00:35:32	913	00:55:18
894	2125	Catalina Feás Saavedra	00:55:20	00:54:50	Veterano 2	69	F	167		A Coruña	673	00:06:01	722	00:35:00	872	00:55:20
895	2613	Alejandro Fernandez Garcia	00:55:20	00:54:25	Senior	180	M	728		A Coruña	1068	00:06:50	971	00:35:23	899	00:55:20
896	1618	María Vicente Martín	00:55:20	00:54:37	Senior	50	F	168		A Coruña	903	00:06:33	881	00:35:26	905	00:55:20
897	1422	Aureliano Méndez Sanchis	00:55:21	00:54:37	Veterano 1	169	M	729		A Coruña	904	00:06:34	887	00:35:26	904	00:55:21
898	2561	Alejandro De Lorenzo Losada	00:55:21	00:54:44	Veterano 1	170	M	730		A Coruña	806	00:06:53	991	00:35:58	955	00:55:21
899	1636	María Teresa Romero Ramos	00:55:21	00:54:06	Senior	51	F	169		A Coruña	1343	99:99:99	999999	00:35:23	900	00:55:21
900	2420	Victor Manuel Paradelá Fernández	00:55:22	00:54:07	Veterano 3	107	M	731		A Coruña	1332	00:07:40	1279	00:36:33	1000	00:55:22
901	1243	Rosa María Sandes Fernandez	00:55:23	00:55:10	Veterano 4	5	F	170	Club Triatlón Coruña	A Coruña	337	00:06:09	746	00:35:09	885	00:55:23
902	2341	Nicolás Alejandro Tripodi	00:55:23	00:54:08	Senior	181	M	732		A Coruña	1342	99:99:99	999999	00:35:22	897	00:55:23
903	1934	María Teresa Martínez Breijo	00:55:24	00:54:49	Veterano 3	11	F	171	enerxica	Ferrol	766	00:06:33	882	00:35:27	907	00:55:24
904	2380	Juan Trobajo De Las Matas	00:55:24	00:54:49	Veterano 3	108	M	733		Oleiros	774	00:06:33	875	00:35:28	908	00:55:24
905	2602	Jorge Lopez Garcia	00:55:25	00:54:26	Senior	182	M	734		Bergondo	1111	00:06:50	974	00:35:24	901	00:55:25
906	1982	Débora Poisa Sande	00:55:26	00:55:02	Veterano 1	35	F	172	CLUB ATLETISMO SADA	Bergondo	557	00:05:50	663	00:35:07	882	00:55:26
907	1457	Edgar Sanchez Rodriguez	00:55:26	00:55:04	Veterano 1	171	M	735	CLUB ATLETISMO SADA	Bergondo	544	00:05:51	667	00:35:07	881	00:55:26
908	2145	Alma Trillo Fernández	00:55:26	00:55:05	Veterano 2	70	F	173	CLUB ATLETISMO SADA	Oleiros	519	00:05:40	605	00:35:05	878	00:55:26
909	2312	Agustín Toral Garrido	00:55:28	00:55:08	Veterano 3	109	M	736		A Coruña	492	00:05:34	574	00:34:23	832	00:55:28
910	2566	Manuel Prado Mendez	00:55:29	00:54:26	Veterano 2	244	M	737		A Coruña	1164	00:06:41	921	00:34:13	810	00:55:29
911	2475	Noe Vaamonde Blanco	00:55:31	00:54:16	Veterano 1	172	M	738		Frades	1340	99:99:99	999999	00:35:58	953	00:55:31
912	2213	María De Los Angeles Alvarez Nogueira	00:55:31	00:54:34	Veterano 1	36	F	174		Larouco	1090	00:06:51	979	00:35:55	950	00:55:31
913	1094	Fran Rodal Abal	00:55:31	00:54:35	Senior	183	M	739	ATLETISMO VILA DE CANGAS	Cangas	1086	00:06:52	982	00:35:56	951	00:55:31
914	1933	Patricia Barreira Rodriguez	00:55:31	00:55:25	Veterano 1	37	F	175	C.D. SAN PAIO A ESTRADA	A Coruña	191	00:05:23	506	00:34:52	868	00:55:31
915	1902	Eladio Casal Vazquez	00:55:35	00:54:56	Veterano 3	110	M	740	A. D. Cerne	Melide	838	00:06:33	879	00:35:34	918	00:55:35
916	2413	Segundo Eiras Sánchez	00:55:35	00:54:40	Veterano 2	245	M	741		A Coruña	1065	00:06:21	808	00:34:34	843	00:55:35
917	2408	Jose Leyte	00:55:36	00:54:55	Veterano 2	246	M	742		Miño	877	00:06:34	884	00:35:54	947	00:55:36
918	1988	Amparo Taboada Villaravid	00:55:36	00:54:58	Veterano 3	12	F	176	A. D. Cerne	Melide	837	00:06:34	883	00:35:34	917	00:55:36
919	2603	Jacobo Freire Calvo	00:55:38	00:54:51	Veterano 1	173	M	743		A Coruña	963	99:99:99	999999	00:36:26	986	00:55:38
920	2025	Alsira Reboredo Barreiro	00:55:38	00:55:02	Veterano 1	38	F	177	LA MOCHILA DEL DEPORTE	A Coruña	799	00:06:25	832	00:35:46	936	00:55:38
921	1975	María Hermida Carballo	00:55:39	00:55:07	Veterano 2	71	F	178	LA MOCHILA DEL DEPORTE	A Coruña	722	00:06:10	753	00:35:19	894	00:55:39
922	1215	Victor Manuel Francos Vázquez	00:55:40	00:55:07	Veterano 2	247	M	744		A Coruña	731	00:06:11	759	00:35:19	893	00:55:40
923	2599	Carlos De Luis Carballada	00:55:41	00:55:08	Veterano 3	111	M	745		A Coruña	732	00:05:58	709	00:35:03	876	00:55:41
924	2405	Fernando García Pazos	00:55:42	00:54:46	Veterano 3	112	M	746		A Coruña	1083	00:07:05	1069	00:36:52	1033	00:55:42
925	2331	Jose Ramon Blanco Gayoso	00:55:42	00:54:31	Veterano 3	113	M	747		A Coruña	1294	99:99:99	999999	00:35:43	930	00:55:42
926	1994	María Castaño Alonso	00:55:43	00:55:20	Veterano 3	13	F	179	BURGAS ATLETISMO OURENSE	Laza	556	00:06:00	715	00:35:17	892	00:55:43
927	1980	Marta Rodríguez Barreiro	00:55:43	00:54:26	Veterano 1	39	F	180		A Coruña	1357	00:07:33	1224	00:36:38	1008	00:55:43
928	2520	Luis Salgado Abelleira	00:55:43	00:55:22	Veterano 4	19	M	748	CLUB ATLETISMO SADA	Oleiros	518	00:05:43	624	00:35:05	879	00:55:43
929	1513	Rubén Díaz Gil	00:55:44	00:54:29	Veterano 1	174	M	749		A Coruña	1333	00:07:02	1045	00:35:26	903	00:55:44
930	1598	María Vázquez - Gundín Paz	00:55:44	00:55:02	Senior	52	F	181	NOSPORTLIMIT	Oleiros	881	00:06:43	931	00:35:31	912	00:55:44
931	1624	Marisol García Nieto	00:55:44	00:54:32	Veterano 3	14	F	182		Santiago De Compostela	1298	99:99:99	999999	00:35:42	925	00:55:44
932	2267	Guillermo Maldonado Avila	00:55:45	00:55:16	Veterano 2	248	M	750	O Burgo	Culleredo	663	00:05:47	646	00:35:01	873	00:55:45
933	1639	María Alvarez Torga	00:55:46	00:55:21	Veterano 2	72	F	183		Nava	583	00:05:54	685	00:34:35	845	00:55:46
934	1656	Ana Celia Golpe Gonzalez	00:55:50	00:55:28	Veterano 2	73	F	184	MARINEDA ATLETICO	A Coruña	528	00:06:14	772	00:36:05	964	00:55:50
935	2035	Ariana Suárez Chorén	00:55:54	00:54:51	Senior	53	F	185		Culleredo	1174	00:06:55	1001	00:35:46	937	00:55:54
936	2072	Alejandra Pailos Pasandín	00:55:55	00:55:16	Senior	54	F	186		A Coruña	834	00:06:42	922	00:36:19	978	00:55:55
937	2240	María Delcarmen Lorenzo Lodeiro	00:55:57	00:55:35	Veterano 1	40	F	187	FLUVIAL	A Coruña	542	00:06:03	725	00:35:45	934	00:55:57
938	1985	Trinidad Corral Ares	00:55:59	00:55:51	Veterano 2	74	F	188		A Coruña	204	00:05:33	565	00:35:11	887	00:55:59
939	2585	Francisco José Rocha García	00:56:00	00:54:55	Veterano 1	175	M	751		Oza Dos Rios	1194	00:07:07	1087	00:35:43	927	00:56:00

940	2350	Boris Mosquera	00:56:03	00:55:16	Veterano 2	249	M	752		Oleiros	962	00:06:53	993	00:36:25	984	00:56:03
941	2330	Jose F. Sobrino Otero	00:56:04	00:54:54	Veterano 3	114	M	753		A Coruña	1265	00:07:29	1205	00:36:20	979	00:56:04
942	2358	Manuel Piñeiro Gonzalez	00:56:05	00:54:54	Veterano 2	250	M	754		A Coruña	1285	00:07:12	1124	00:36:31	996	00:56:05
943	2646	Luis Viñas Domínguez	00:56:05	00:55:33	Veterano 1	176	M	755		A Coruña	699	00:06:16	780	00:35:32	915	00:56:05
944	1942	Lourdes Garcia Vazquez	00:56:05	00:55:08	Veterano 3	15	F	189	CLUB ATLETISMO MILLARAIO	Brión	1096	00:06:43	933	00:35:34	916	00:56:05
945	2088	Sonia Mauriz Pereira	00:56:09	00:55:45	Veterano 2	75	F	190	Club Altafit Odeon	Ferrol	576	00:05:42	618	00:35:17	891	00:56:09
946	1851	José Fernando Trillo Carlin	00:56:11	00:55:36	Veterano 2	251	M	756	A.D. FOGAR CARBALLO	Carballo	780	00:06:19	798	00:34:50	866	00:56:11
947	2353	Pablo Ulloa Besteiro	00:56:12	00:54:58	Veterano 2	252	M	757		A Coruña	1331	00:07:20	1176	00:36:16	973	00:56:12
948	2074	Lara Novoa Fernández	00:56:13	00:54:32	Senior	55	F	191		Monforte De Lemos	1372	00:07:16	1157	00:36:28	987	00:56:13
949	1930	Begoña De Arriba Bellogin	00:56:13	00:55:37	Veterano 4	6	F	192	EGOVARROS DE VIVEIRO	Oviedo	794	00:06:11	762	00:35:30	910	00:56:13
950	1992	Marie Meranda	00:56:16	00:55:10	Senior	56	F	193	no tengo	Franklin	1207	99:99:99	999999	00:36:12	968	00:56:16
951	1957	Jesica Torrado Morado	00:56:17	00:55:15	Senior	57	F	194		A Coruña	1154	99:99:99	999999	00:36:01	958	00:56:17
952	2563	Xosé Caamaño Castro	00:56:17	00:55:01	Senior	184	M	758		A Coruña	1349	00:07:42	1286	00:38:14	1130	00:56:17
953	2016	Sandra Gonzalez Herrera	00:56:18	00:55:17	Veterano 1	41	F	195		Carballo	1132	99:99:99	999999	00:36:01	957	00:56:18
954	2100	Rocio Fernández Larrañaga	00:56:22	00:55:55	Promesa	1	F	196		Viveiro	620	00:05:59	711	00:35:10	886	00:56:22
955	2297	Jose Manuel Cambon Rey	00:56:24	00:55:28	Veterano 2	253	M	759		A Laracha	1073	00:07:06	1079	00:35:58	954	00:56:24
956	1779	Roberto Sanchez Reñones	00:56:25	00:55:59	Veterano 1	177	M	760	CLUB DEPORTIVO GAS NATURAL	A Coruña	604	00:06:22	811	00:35:51	943	00:56:25
957	1527	Eduardo Domínguez Medina	00:56:26	00:55:25	Veterano 2	254	M	761		Oleiros	1134	00:07:08	1090	00:36:33	1001	00:56:26
958	2013	Beatriz Carames Perez	00:56:27	00:55:28	Veterano 2	76	F	197		Oleiros	1124	00:07:08	1089	00:36:34	1002	00:56:27
959	2329	Antonio Trillo Prego	00:56:32	00:55:44	Veterano 2	255	M	762		Oleiros	981	00:06:35	891	00:35:20	895	00:56:32
960	2282	Jose Nuñez	00:56:32	00:55:30	Veterano 2	256	M	763		Culleredo	1161	00:07:20	1175	00:37:07	1047	00:56:32
961	1777	Sergio Noguerol Urrutia	00:56:33	00:55:30	Veterano 2	257	M	764	NOSPORTLIMIT	A Coruña	1162	00:07:17	1165	00:37:07	1046	00:56:33
962	1869	Javier Montero Pardo	00:56:33	00:55:30	Veterano 2	258	M	765		A Coruña	1165	00:07:18	1169	00:37:06	1045	00:56:33
963	2593	Jacobo Veiras Bello	00:56:33	00:55:30	Senior	185	M	766		Culleredo	1180	00:07:14	1143	00:36:14	969	00:56:33
964	2175	Marta Guizán Roca	00:56:34	00:55:49	Promesa	2	F	198		A Coruña	923	00:06:49	962	00:36:17	974	00:56:34
965	2434	Pablo Caridad Díaz	00:56:34	00:55:49	Veterano 1	178	M	767		A Coruña	934	00:06:39	903	00:36:05	963	00:56:34
966	2055	Cristina Bernárdez Aradas	00:56:35	00:56:18	Veterano 2	77	F	199	CLUB ATLETISMO SADA	Culleredo	431	00:06:01	724	00:35:45	935	00:56:35
967	1969	Marta Muñoz Pérez	00:56:36	00:56:00	Veterano 2	78	F	200		A Coruña	781	00:06:18	789	00:35:40	922	00:56:36
968	2337	Jose Luis Villar Morcillo	00:56:36	00:56:07	Veterano 2	259	M	768		A Coruña	666	00:05:57	702	00:35:30	911	00:56:36
969	2486	Fernando Menéndez Galán	00:56:38	00:55:56	Senior	186	M	769		Castrillón	874	00:07:13	1134	00:37:44	1098	00:56:38
970	1917	Daniel Juan Otero	00:56:38	00:55:50	Veterano 2	260	M	770		A Coruña	983	00:06:34	886	00:35:43	926	00:56:38
971	2401	Kike Barral Alvedro	00:56:38	00:55:49	Veterano 2	261	M	771		A Coruña	992	00:06:32	870	00:35:43	928	00:56:38
972	2315	Francisco De Anta Pérez	00:56:39	00:55:26	Senior	187	M	772		Santiago De Compostela	1318	00:07:19	1172	00:37:15	1057	00:56:39
973	2162	Ana María Pérez Sánchez	00:56:40	00:56:04	Veterano 2	79	F	201	LA MOCHILA DEL DEPORTE	Cambre	790	00:06:21	805	00:35:22	898	00:56:40
974	2581	Daniel Fernández García	00:56:42	00:56:02	Senior	188	M	773	C.D.ELECTRONICA - RATO AVILES ATMO.	Castrillón	857	00:06:32	873	00:36:31	995	00:56:42
975	2289	Miguel Fraga Seco	00:56:45	00:55:58	Veterano 1	179	M	774		A Coruña	965	99:99:99	999999	00:37:37	1083	00:56:45
976	2105	Noelia Bosco Gentile	00:56:46	00:56:15	Senior	58	F	202		A Coruña	684	00:06:16	783	00:36:22	981	00:56:46
977	2127	Kiki Gómez Avilés	00:56:48	00:55:55	Veterano 2	80	F	203	Club Hércules Termaria A Coruña	A Coruña	1041	00:07:12	1128	00:36:44	1020	00:56:48
978	2533	José Manuel Louzao Mella	00:56:48	00:55:54	Veterano 2	262	M	775		A Coruña	1046	99:99:99	999999	00:36:44	1018	00:56:48
979	2128	Lucía Rivas Rodríguez	00:56:49	00:55:36	Senior	59	F	204		A Coruña	1312	00:07:16	1163	00:35:49	941	00:56:49
980	2529	Borja Vázquez Picón	00:56:49	00:55:36	Veterano 1	180	M	776		A Coruña	1321	00:07:17	1166	00:35:49	940	00:56:49
981	2483	Ruben Lucas Pardo	00:56:51	00:55:37	Veterano 1	181	M	777		A Coruña	1335	00:07:39	1269	00:37:38	1085	00:56:51
982	2425	Miguel Ángel Lucas Pardo	00:56:52	00:55:37	Veterano 1	182	M	778		Vinaroz	1336	00:07:40	1278	00:37:38	1086	00:56:52
983	2257	Luis Garcia Iglesias	00:56:54	00:56:20	Senior	189	M	779		A Coruña	751	00:06:22	816	00:36:29	988	00:56:54
984	1642	María Zarzosa Estevez	00:56:54	00:55:53	Senior	60	F	205		A Laracha	1143	00:07:06	1077	00:36:46	1023	00:56:54
985	1938	Pilar Vazquez Febrero	00:56:56	00:56:23	Senior	61	F	206		A Coruña	726	00:06:23	827	00:36:04	962	00:56:56
986	2131	Paula García Freire	00:56:59	00:56:38	Veterano 1	42	F	207	CLUB ATLETISMO SADA	Oleiros	515	00:06:05	732	00:35:52	944	00:56:59

987	2302	Jesús Montero Lago	00:57:02	00:55:53	Veterano 4	20	M	780	Trasnos coruña	Cambre	1258	00:07:13	1131	00:36:30	993	00:57:02
988	2479	Ismael Teijeiro Flórez	00:57:03	00:56:26	Senior	190	M	781		A Coruña	796	00:06:27	845	00:36:42	1014	00:57:03
989	2435	Alfonso Vázquez Oliván	00:57:07	00:56:31	Veterano 2	263	M	782		A Coruña	779	00:06:04	729	00:35:52	945	00:57:07
990	1976	Soraya Álvarez Milano	00:57:08	00:56:27	Veterano 3	16	F	208		Culleredo	871	00:06:44	936	00:36:33	999	00:57:08
991	2344	Oscar Besteiro Vazquez	00:57:08	00:56:13	Veterano 2	264	M	783		Miranda De Ebro	1066	00:06:55	1003	00:36:23	982	00:57:08
992	1993	María Del Rosario Crespo Merelas	00:57:11	00:56:12	Veterano 2	81	F	209		A Coruña	1109	00:06:46	948	00:36:21	980	00:57:11
993	2248	Paula Gonzalez Salillas	00:57:11	00:56:17	Senior	62	F	210		A Coruña	1052	00:07:07	1083	00:36:17	975	00:57:11
994	2615	Daniel Sánchez Patiño	00:57:12	00:56:15	Junior	6	M	784		A Coruña	1093	00:07:08	1094	00:36:07	965	00:57:12
995	2381	Manuel Becerra López	00:57:13	00:56:07	Veterano 4	21	M	785		A Coruña	1212	00:06:58	1015	00:36:17	976	00:57:13
996	2223	Belen Serrano Sánchez	00:57:15	00:56:08	Veterano 3	17	F	211	PAPA,O CAN E NOSO	A Coruña	1221	00:07:15	1153	00:36:59	1041	00:57:15
997	1597	Paloma Bergós Farja	00:57:15	00:57:00	Veterano 2	82	F	212	DIR	Barcelona	386	00:05:46	641	00:35:44	931	00:57:15
998	1175	Jose Antonio Torrado Sobrido	00:57:15	00:56:08	Veterano 3	115	M	786	PAPA,O CAN E NOSO	A Coruña	1234	00:07:15	1155	00:36:59	1040	00:57:15
999	2436	Manu Iglesias Rial	00:57:16	00:56:06	Veterano 4	22	M	787		A Coruña	1266	00:07:13	1133	00:36:48	1028	00:57:16
1000	2461	Raúl Galán Cerveró	00:57:18	00:56:18	Veterano 3	116	M	788		A Coruña	1125	00:06:53	988	00:36:48	1027	00:57:18
1001	1963	María Begoña Ferreiro Lamas	00:57:20	00:56:59	Veterano 2	83	F	213	CLUB ATLETISMO SADA	Sada	512	00:05:57	701	00:35:49	939	00:57:20
1002	2003	Mercedes Fajardo Moreno	00:57:20	00:56:58	Veterano 3	18	F	214	CLUB ATLETISMO SADA	Oleiros	532	00:06:03	726	00:35:53	946	00:57:20
1003	2568	Diego Pedreira Fernandez	00:57:21	00:56:40	Veterano 1	183	M	789		A Coruña	863	00:06:46	950	00:37:12	1053	00:57:21
1004	1960	Belén Cambior	00:57:21	00:56:38	Veterano 2	84	F	215		A Coruña	892	00:06:47	958	00:36:41	1012	00:57:21
1005	1833	Alberto Mantifan Pernas	00:57:21	00:56:15	Veterano 2	265	M	790		A Coruña	1203	00:07:11	1121	00:37:52	1101	00:57:21
1006	2386	Emilio J. Ponte Barbeito	00:57:22	00:56:45	Veterano 2	266	M	791		A Coruña	795	00:06:33	876	00:36:04	961	00:57:22
1007	1432	Jose Maria Casal Taboada	00:57:22	00:56:33	Veterano 4	23	M	792		Vigo	986	00:06:27	848	00:36:11	967	00:57:22
1008	1539	Jose Ignacio Caamaño Gonzalez	00:57:22	00:56:34	Veterano 4	24	M	793		A Coruña	972	00:06:28	850	00:36:10	966	00:57:22
1009	1634	Erika Fernández Reina	00:57:23	00:56:48	Veterano 1	43	F	216	ATLETISMO RIAZOR CORUÑA	A Coruña	765	00:06:51	980	00:36:51	1032	00:57:23
1010	1617	Susana Cepa Rodríguez	00:57:24	00:57:04	Veterano 2	85	F	217		Aldeamayor De San Martín	486	00:05:48	654	00:36:02	959	00:57:24
1011	2108	Iria Domínguez	00:57:25	00:56:21	Veterano 1	44	F	218		A Coruña	1185	00:07:14	1148	00:37:03	1044	00:57:25
1012	2549	Javier Pombar Guillán	00:57:25	00:56:44	Senior	191	M	794		A Coruña	875	00:07:03	1053	00:37:15	1059	00:57:25
1013	1867	Francisco Guillán García	00:57:26	00:56:11	Veterano 1	184	M	795	C.D. GAS NATURAL FENOSA	A Coruña	1339	00:07:18	1168	00:37:15	1058	00:57:26
1014	2400	Diego Quevedo Perez	00:57:28	00:56:12	Senior	192	M	796		A Coruña	1351	00:07:34	1231	00:36:58	1039	00:57:28
1015	2173	Laura Castellanos Jimenez	00:57:29	00:57:00	Senior	63	F	219		Sada	658	00:06:17	784	00:36:04	960	00:57:29
1016	2250	Carlos Adrián Caruso Torrisi	00:57:29	00:56:10	Veterano 2	267	M	797		Carballo	1365	00:07:50	1297	00:37:11	1052	00:57:29
1017	1316	Eduardo Barcos Pereira	00:57:29	00:56:10	Veterano 2	268	M	798	C.D. OS MUDITOS	Carballo	1364	00:07:46	1292	00:37:10	1051	00:57:29
1018	2369	Poldo Jaudenes Juncal	00:57:30	00:56:23	Veterano 2	269	M	799		Cambre	1229	00:07:20	1173	00:37:31	1075	00:57:30
1019	2024	Patricia Fernández Armada	00:57:30	00:56:57	Senior	64	F	220		A Coruña	733	00:06:30	861	00:36:36	1003	00:57:30
1020	2230	Vanessa Garcia Cuco	00:57:31	00:56:19	Veterano 1	45	F	221		Culleredo	1301	00:07:30	1206	00:37:39	1088	00:57:31
1021	1594	María Josefa Casal Cambon	00:57:33	00:56:39	Veterano 2	86	F	222		A Laracha	1055	00:07:06	1073	00:36:47	1024	00:57:33
1022	1824	Jaime Regueiro Yebra	00:57:38	00:57:11	Veterano 2	270	M	800		A Coruña	641	00:05:52	673	00:35:55	948	00:57:38
1023	1971	Ana Isabel López Suárez	00:57:40	00:57:06	Veterano 2	87	F	223		A Coruña	748	00:06:24	828	00:36:25	983	00:57:40
1024	2075	Teresa De La Cruz Rodríguez	00:57:43	00:56:56	Veterano 3	19	F	224	Amigos de San Diego	A Coruña	966	00:06:43	926	00:36:32	998	00:57:43
1025	2642	Juan Manuel Rodríguez Puga	00:57:43	00:56:35	Veterano 1	185	M	801		A Coruña	1256	00:06:52	984	00:35:40	923	00:57:43
1026	1621	Aroa Ares Pérez-herrera	00:57:46	00:57:21	Veterano 1	46	F	225		A Coruña	575	00:05:56	696	00:35:56	952	00:57:46
1027	2419	João Carlos Pinto Da Cunha Pimenta	00:57:46	00:57:17	Veterano 3	117	M	802		Angola	654	00:06:13	769	00:36:29	992	00:57:46
1028	1984	Gloria Edilia Clavijo Pelaez	00:57:46	00:57:10	Veterano 1	47	F	226	ATLETAS DE ACEA DE AMA	A Coruña	786	00:06:21	806	00:36:43	1017	00:57:46
1029	2466	Alberto Garcia Garcia	00:57:47	00:56:41	Veterano 1	186	M	803		A Coruña	1214	00:07:14	1141	00:36:54	1035	00:57:47
1030	1794	Marcos Alcantara Tenreiro	00:57:47	00:56:43	Veterano 1	187	M	804		Ferrol	1193	00:07:13	1129	00:36:54	1036	00:57:47
1031	2545	Efren Garcia Castro	00:57:48	00:56:38	Senior	193	M	805		Culleredo	1268	00:07:34	1233	00:36:14	970	00:57:48
1032	2325	Francisco Javier Cuenca Pujades	00:57:48	00:56:35	Veterano 2	271	M	806		Bergondo	1319	00:07:22	1181	00:38:06	1121	00:57:48
1033	2046	Irene Galan Rapp	00:57:49	00:56:37	Veterano 2	88	F	227		A Coruña	1304	00:07:11	1115	00:36:16	972	00:57:49

1034	2387	Alejandro Enriquez Varela	00:57:49	00:56:41	Veterano 1	188	M	807	FUBASA LEGENDS	A Coruña	1245	00:07:34	1232	00:36:37	1007	00:57:49
1035	2589	Agustín López Otero	00:57:50	00:56:39	Veterano 2	272	M	808		A Coruña	1275	00:07:11	1119	00:36:15	971	00:57:50
1036	1983	Ana María Santos Hermida	00:57:50	00:57:18	Veterano 1	48	F	228	CORREDORES POPULARES ARMADA FERROL	Rota	709	00:06:50	970	00:37:25	1065	00:57:50
1037	2152	Serena Alfonso	00:57:51	00:56:42	Senior	65	F	229		A Coruña	1250	00:07:33	1223	00:36:18	977	00:57:51
1038	2423	Ramon Rodríguez Roca	00:57:56	00:57:07	Senior	194	M	809		A Coruña	988	00:07:18	1170	00:37:34	1081	00:57:56
1039	2538	Andrés Froilán Rodríguez Rodríguez-corredoura	00:57:58	00:56:52	Junior	7	M	810		Oleiros	1204	00:07:30	1210	00:37:00	1042	00:57:58
1040	1954	Angeles Amor Garcia	00:57:59	00:57:02	Veterano 2	89	F	230	CLUB ATLETISMO SADA	Sada	1094	00:06:55	1002	00:36:51	1031	00:57:59
1041	1940	Veronica Mosquera Silva	00:58:00	00:57:10	Veterano 1	49	F	231	NOSPORTLIMIT	A Coruña	995	00:06:32	872	00:36:36	1004	00:58:00
1042	2402	Borja Fernández Bermudez	00:58:00	00:57:10	Veterano 2	273	M	811		A Coruña	996	00:06:30	857	00:36:49	1029	00:58:00
1043	2485	Aureliano G Gonzalez-Ilanos	00:58:00	00:56:51	Veterano 4	25	M	812		A Coruña	1255	00:07:18	1171	00:37:10	1050	00:58:00
1044	2048	Belen Ferreiro Garea	00:58:03	00:57:15	Veterano 1	50	F	232		A Coruña	977	00:06:44	944	00:36:57	1038	00:58:03
1045	2404	Mario S. García González	00:58:03	00:56:56	Veterano 3	118	M	813	Trasnos coruña	Oleiros	1217	00:07:15	1152	00:36:37	1006	00:58:03
1046	2070	María Del Carmen Picatoste Mateu	00:58:03	00:57:20	Veterano 3	20	F	233		A Coruña	893	00:06:29	855	00:36:31	997	00:58:03
1047	2513	David Garcia Gacio	00:58:03	00:57:28	Veterano 1	189	M	814		Mondoñedo	762	00:06:23	820	00:36:26	985	00:58:03
1048	2521	Jesús Combarro Mato	00:58:05	00:57:09	Veterano 3	119	M	815		A Coruña	1080	00:07:03	1047	00:36:43	1016	00:58:05
1049	2500	Borja Fernández Pillado	00:58:07	00:57:21	Senior	195	M	816		A Coruña	935	00:06:58	1018	00:37:31	1018	00:58:07
1050	2634	Pablo Pazos Rey	00:58:07	00:57:21	Senior	196	M	817	Barkibu	Oleiros	937	00:07:00	1033	00:37:32	1077	00:58:07
1051	2247	Patricia Mendez Seoane	00:58:07	00:57:22	Veterano 1	51	F	234		Vigo	936	00:07:01	1037	00:37:32	1078	00:58:07
1052	2031	Nadia Medina Gálvez	00:58:09	00:58:09	Senior	66	F	235		La Coruña	999999	00:06:47	953	00:36:37	1005	00:58:09
1053	2558	Jaime Prado Costoya	00:58:12	00:57:34	Senior	197	M	818		A Coruña	807	00:06:52	986	00:36:44	1019	00:58:12
1054	2260	Marcos Amoedo Collazo	00:58:16	00:57:05	Veterano 2	274	M	819		Cangas	1272	00:07:33	1225	00:38:09	1125	00:58:16
1055	1964	Rosa Ramudo Rivas	00:58:16	00:57:23	Veterano 3	21	F	236		A Coruña	1044	00:06:45	946	00:36:52	1034	00:58:16
1056	2244	Diana Silva Castro	00:58:17	00:57:06	Senior	67	F	237		Teo	1293	00:07:32	1217	00:38:09	1124	00:58:17
1057	1653	Ana Carro Abarategui	00:58:18	00:57:59	Senior	68	F	238		A Coruña	479	00:05:46	635	00:36:29	989	00:58:18
1058	1153	Pablo Montenegro Rey	00:58:21	00:57:48	Senior	198	M	820	MARINEDA ATLETICO	A Coruña	723	00:06:34	885	00:37:30	1072	00:58:21
1059	1991	Paula Dorrego	00:58:21	00:57:48	Senior	69	F	239		A Coruña	724	00:06:33	880	00:37:31	1074	00:58:21
1060	2050	Isabel Pereira Carpintero	00:58:22	00:57:15	Veterano 1	52	F	240	RUNNING OLEIROS	Oleiros	1224	00:07:13	1139	00:37:32	1079	00:58:22
1061	1638	María Jesus Rey Rodríguez	00:58:23	00:57:55	Veterano 2	90	F	241	SOCIEDADE DEPORTIVA BARBANTIA RODA	Rianxo	644	00:06:19	797	00:36:47	1025	00:58:23
1062	1172	Santiago Manuel Gey Segade	00:58:24	00:57:56	Senior	199	M	821	SOCIEDADE DEPORTIVA BARBANTIA RODA	Oliva, La	643	00:06:19	792	00:36:47	1026	00:58:24
1063	1997	Nieves Pedreira Souto	00:58:26	00:57:55	Veterano 2	91	F	242		Oleiros	690	00:06:12	765	00:36:29	991	00:58:26
1064	2209	Yolanda Bugía Rodríguez	00:58:27	00:57:57	Veterano 2	92	F	243		A Coruña	669	00:06:11	763	00:36:29	990	00:58:27
1065	1953	Belén Pardo Fariña	00:58:29	00:57:52	Veterano 2	93	F	244		A Coruña	789	00:06:18	785	00:36:45	1021	00:58:29
1066	1240	Pilar Charlon Redondo	00:58:30	00:57:34	Veterano 2	94	F	245	CLUB CASTRO DE LOBADIZ	Narón	1088	00:06:39	904	00:37:17	1060	00:58:30
1067	2355	José Manuel Pérez Maside	00:58:35	00:57:28	Veterano 2	275	M	822		A Coruña	1231	99:99:99	999999	00:37:24	1063	00:58:35
1068	2433	Diego Conde Santos	00:58:35	00:57:28	Veterano 2	276	M	823		A Coruña	1233	99:99:99	999999	00:37:25	1064	00:58:35
1069	2338	Carlos Carrodegas Abadin	00:58:36	00:58:01	Veterano 4	26	M	824		A Coruña	777	00:06:18	788	00:36:42	1013	00:58:36
1070	2636	Angel Delgado Barona	00:58:39	00:57:53	Veterano 2	277	M	825	Los Pezes	A Coruña	938	00:07:00	1031	00:37:41	1093	00:58:39
1071	1941	Sonia María Carro Ríos	00:58:39	00:58:19	Veterano 2	95	F	246		A Coruña	500	00:05:49	658	00:36:39	1009	00:58:39
1072	2414	Fernando Pérez San Vicente	00:58:40	00:57:36	Veterano 2	278	M	826		A Coruña	1184	00:07:15	1154	00:37:54	1102	00:58:40
1073	1966	Tania Martínez Ramilo	00:58:42	00:57:47	Veterano 2	96	F	247		Miño	1069	00:06:56	1004	00:36:39	1010	00:58:42
1074	2424	Luis Graciliano Iglesias Gonzalez	00:58:42	00:57:31	Veterano 4	27	M	827	A GÁNDARA	Arteixo	1288	00:07:12	1126	00:37:26	1066	00:58:42
1075	2010	Begoña Sánchez Zabala	00:58:44	00:58:00	Veterano 3	22	F	248		A Coruña	905	99:99:99	999999	00:36:42	1015	00:58:44
1076	2429	José Pantín López	00:58:46	00:57:37	Veterano 4	28	M	828		Narón	1257	00:07:29	1203	00:38:10	1126	00:58:46
1077	2224	Monica Rodríguez	00:58:49	00:57:42	Veterano 2	97	F	249		Culleredo	1226	99:99:99	999999	00:37:09	1049	00:58:49
1078	2014	Martina Casarín	00:58:50	00:57:56	Veterano 2	98	F	250		Sada	1045	00:06:50	977	00:36:45	1022	00:58:50
1079	1935	María Antonia Deive Rey	00:58:52	00:58:18	Veterano 3	23	F	251		Narón	760	00:06:56	1006	00:38:07	1123	00:58:52
1080	2540	Alvaro Pernas Calderón	00:58:52	00:57:51	Veterano 1	190	M	829		Oleiros	1152	00:07:13	1132	00:37:47	1099	00:58:52

1081	1829	Miguel Pereira Fernandez	00:58:54	00:58:08	Veterano 1	191	M	830	NOSPORTLIMIT	A Coruña	945	00:06:54	995	00:37:56	1104	00:58:54
1082	1292	Ana Isabel Bogueiro Francos	00:58:54	00:57:46	Senior	70	F	252		A Coruña	1243	99:99:99	999999	00:38:05	1117	00:58:54
1083	2494	Jose Javier Mayo Fernandez	00:58:57	00:58:04	Veterano 2	279	M	831		Arteixo	1034	00:07:16	1160	00:39:23	1199	00:58:57
1084	2333	Roberto Zuheros Perez	00:58:59	00:57:55	Veterano 2	280	M	832		Viveiro	1176	00:07:30	1207	00:37:44	1096	00:58:59
1085	2595	Oscar Fernandez Pardo	00:58:59	00:57:55	Veterano 2	281	M	833		A Coruña	1178	00:07:31	1213	00:37:44	1097	00:58:59
1086	2431	Alejandro Gestal	00:59:00	00:57:43	Veterano 1	192	M	834		A Coruña	1360	99:99:99	999999	00:38:03	1114	00:59:00
1087	2409	Florentino Méndez Gómez	00:59:03	00:58:20	Veterano 4	29	M	835	CLUB ATLETISMO SADA	Sada	895	00:06:49	963	00:37:18	1061	00:59:03
1088	2388	Miguel Ángel Gonzalez Roca	00:59:04	00:57:50	Veterano 4	30	M	836		Monforte De Lemos	1326	00:07:36	1245	00:38:19	1135	00:59:04
1089	2395	Manuel Blanco Parada	00:59:04	00:57:51	Veterano 2	282	M	837	CLUB RIALTO	A Coruña	1313	00:07:38	1266	00:38:20	1138	00:59:04
1090	2195	María Prieto González	00:59:08	00:57:53	Promesa	3	F	253		A Coruña	1334	99:99:99	999999	00:37:39	1091	00:59:08
1091	2336	Francisco José De La Iglesia Vázquez	00:59:08	00:57:59	Veterano 1	193	M	838		A Coruña	1259	00:07:16	1159	00:37:01	1043	00:59:08
1092	1053	Isabel García Rodríguez	00:59:08	00:58:06	Veterano 2	99	F	254		Arteixo	1150	00:07:00	1029	00:37:30	1070	00:59:08
1093	2587	Antonio Prieto González	00:59:08	00:57:53	Senior	200	M	839		A Coruña	1341	99:99:99	999999	00:37:40	1092	00:59:08
1094	2410	Alberto Rodríguez Fernández	00:59:08	00:58:18	Veterano 2	283	M	840	C. A. AS MARIÑAS BETANZOS	Betanzos	1004	00:07:10	1104	00:37:42	1094	00:59:08
1095	1633	María Pardo Leis	00:59:09	00:58:07	Veterano 2	100	F	255		Arteixo	1153	00:07:00	1035	00:37:23	1062	00:59:09
1096	1952	María Teresa Varela Bretón	00:59:09	00:58:19	Veterano 3	24	F	256	C. A. AS MARIÑAS BETANZOS	Betanzos	1005	00:07:09	1100	00:37:43	1095	00:59:09
1097	2376	Antonio Martínez Fernandez	00:59:10	00:58:12	Veterano 1	194	M	841	ATLETISMO FONTES DO SAR	Culleredo	1107	00:07:02	1044	00:37:58	1109	00:59:10
1098	1936	Iria Fernández Rodríguez	00:59:11	00:58:33	Senior	71	F	257	SARDI TEAM	A Coruña	819	00:07:03	1046	00:38:06	1118	00:59:11
1099	1492	Manu Muíño Miron	00:59:12	00:58:15	Veterano 2	284	M	842	RUNNING OLEIROS	Sada	1092	00:07:00	1030	00:37:39	1090	00:59:12
1100	2183	Mª Del Carmen Miranda Amado	00:59:12	00:58:33	Veterano 3	25	F	258		A Coruña	828	00:07:05	1067	00:38:06	1119	00:59:12
1101	2028	Romina Cambon Cristobal	00:59:12	00:58:23	Senior	72	F	259		Arteixo	997	00:07:36	1251	00:39:31	1218	00:59:12
1102	2184	Mª Isabel Domínguez García	00:59:12	00:58:34	Veterano 3	26	F	260		A Coruña	829	00:07:05	1070	00:38:06	1120	00:59:12
1103	1961	Fuencisla Pérez Verdugo	00:59:13	00:58:37	Veterano 2	101	F	261		A Coruña	767	00:06:28	849	00:37:14	1056	00:59:13
1104	2437	Pablo Cañas Couselo	00:59:14	00:58:26	Veterano 2	285	M	843		A Coruña	974	00:06:43	927	00:36:50	1030	00:59:14
1105	2159	Noemí Pico Llamazares	00:59:14	00:58:31	Veterano 1	53	F	262		Arteixo	887	00:07:06	1076	00:38:24	1144	00:59:14
1106	2426	Santiago Valencia Vila	00:59:15	00:58:00	Veterano 2	286	M	844		A Coruña	1344	99:99:99	999999	00:38:01	1112	00:59:15
1107	1595	María Gomez Fernandez	00:59:21	00:58:13	Veterano 2	102	F	263		Neda	1238	00:07:28	1199	00:38:03	1115	00:59:21
1108	1970	Lucía Val Peón	00:59:21	00:58:49	Senior	73	F	264		A Coruña	707	00:06:11	758	00:37:13	1054	00:59:21
1109	2415	Ricardo Boquete Veiga	00:59:21	00:58:49	Senior	201	M	845		A Coruña	708	00:06:13	768	00:37:14	1055	00:59:21
1110	2054	Cristina Sanchez Lopez	00:59:21	00:58:29	Veterano 2	103	F	265		A Laracha	1020	00:06:57	1007	00:37:38	1084	00:59:21
1111	2278	Julio Escalante Diego	00:59:22	00:58:56	Veterano 3	120	M	846	CLUB ATLETISMO SADA	Bergondo	605	00:06:10	754	00:37:36	1082	00:59:22
1112	1612	Begoña Chas Barreiro	00:59:24	00:58:17	Veterano 2	104	F	266		A Coruña	1225	00:07:17	1167	00:38:27	1146	00:59:24
1113	2644	Noa Vedeña Valiñas	00:59:24	00:58:58	Veterano 1	54	F	267		Oleiros	612	00:06:10	751	00:37:38	1087	00:59:24
1114	2364	Alberto Couselo	00:59:25	00:58:22	Veterano 1	195	M	847		A Coruña	1182	00:07:31	1211	00:38:00	1111	00:59:25
1115	1655	Nuria Lago Palmero	00:59:28	00:58:30	Veterano 2	105	F	268		A Coruña	1095	00:07:14	1146	00:38:03	1113	00:59:28
1116	2063	Anita Méndez Castro	00:59:30	00:58:58	Veterano 2	106	F	269		A Coruña	697	00:06:48	961	00:38:17	1134	00:59:30
1117	2067	Eva Iglesias Reboredo	00:59:30	00:58:58	Veterano 2	107	F	270		A Coruña	702	00:06:48	959	00:38:17	1132	00:59:30
1118	2430	Arturo Candal Gomez	00:59:32	00:58:36	Veterano 3	121	M	848		Cambre	1085	00:07:08	1091	00:37:29	1069	00:59:32
1119	2523	Jose María García Janeiro	00:59:33	00:58:37	Veterano 3	122	M	849		Pontevedra	1077	00:07:03	1054	00:37:30	1071	00:59:33
1120	2524	Paulo Cesar Pinho	00:59:36	00:58:14	Veterano 3	123	M	850		S.m.feira	1369	00:07:37	1253	00:38:10	1127	00:59:36
1121	2185	Lucía Núñez Álvarez	00:59:37	00:58:37	Veterano 1	55	F	271		Monforte De Lemos	1129	00:07:20	1174	00:38:20	1137	00:59:37
1122	2578	Santiago Mariño Outeiro	00:59:37	00:58:36	Veterano 1	196	M	851	CLUB ATLETISMO NEGREIRA	Negreira	1136	00:07:25	1188	00:38:19	1136	00:59:37
1123	2417	Jose Andres Mondelo Gonzalez	00:59:42	00:59:18	Veterano 3	124	M	852		A Coruña	581	00:06:04	728	00:36:56	1037	00:59:42
1124	1958	Sara Salgado Martín	00:59:43	00:58:37	Senior	74	F	272		A Coruña	1209	00:07:33	1222	00:38:30	1151	00:59:43
1125	2403	Miguel Ángel González Talavero	00:59:46	00:59:10	Veterano 3	125	M	853	ATLETAS DE ACEA DE AMA	A Coruña	783	00:06:22	813	00:37:07	1048	00:59:46
1126	2064	María Jose Zas Castro	00:59:46	00:58:39	Veterano 3	27	F	273		A Coruña	1227	00:07:16	1158	00:38:27	1145	00:59:46
1127	2104	Noelia López Pena	00:59:46	00:59:10	Senior	75	F	274		A Coruña	778	00:06:48	960	00:37:58	1108	00:59:46

1128	2103	Melania Rodríguez Malvesada	00:59:46	00:59:11	Senior	76	F	275		Culleredo	768	00:06:47	957	00:37:57	1107	00:59:46
1129	2129	Vanessa Rodríguez Rodríguez	00:59:48	00:58:33	Senior	77	F	276		A Coruña	1337	00:07:40	1276	00:38:53	1171	00:59:48
1130	2363	Sergio Muíño Domínguez	01:00:04	00:59:20	Senior	202	M	854		A Coruña	913	00:07:00	1032	00:38:23	1142	01:00:04
1131	1959	Tamara Carrera Quintero	01:00:05	00:59:22	Senior	78	F	277		A Coruña	886	00:06:43	934	00:38:29	1148	01:00:05
1132	2362	Diego Lopez Alvarez	01:00:05	00:59:21	Senior	203	M	855		A Coruña	912	00:06:59	1025	00:38:23	1141	01:00:05
1133	2604	José Antonio Rebollo Porto	01:00:06	00:59:23	Senior	204	M	856		A Coruña	890	00:06:43	932	00:38:29	1147	01:00:06
1134	1614	Isabel Santana	01:00:06	00:58:48	Veterano 2	108	F	278		A Coruña	1363	00:07:39	1271	00:38:04	1116	01:00:06
1135	1929	María Barbara Pan Hontiyuelo	01:00:07	00:59:25	Senior	79	F	279	NOSPORLIMIT	Cambre	882	00:06:43	929	00:37:59	1110	01:00:07
1136	2087	Manuela París Lado	01:00:10	00:59:31	Veterano 1	56	F	280		Culleredo	832	00:06:38	900	00:38:11	1128	01:00:10
1137	1978	Noelia Seoane Pardo	01:00:11	00:59:11	Veterano 1	57	F	281		A Coruña	1133	00:06:54	999	00:37:54	1103	01:00:11
1138	2113	Montse Balsa Canto	01:00:11	00:59:11	Veterano 1	58	F	282		A Coruña	1128	00:06:54	998	00:37:56	1105	01:00:11
1139	2440	David Pardo Naya	01:00:16	00:59:42	Veterano 2	287	M	857		A Coruña	750	00:06:33	878	00:37:57	1106	01:00:16
1140	2179	Natalia García Feijóo De Sotomayor	01:00:18	00:59:42	Veterano 2	109	F	283	LA MOCHILA DEL DEPORTE	Bergondo	787	00:06:53	992	00:38:32	1153	01:00:18
1141	1728	Tomas Ruiz Bujan	01:00:19	00:59:52	Veterano 3	126	M	858		A Coruña	630	00:06:25	838	00:38:21	1139	01:00:19
1142	2080	Silvia Candia Exposito	01:00:19	00:59:50	Veterano 1	59	F	284		Burela	655	00:06:25	833	00:38:22	1140	01:00:19
1143	1298	Alvaro Rodríguez Fernandez-argüelles	01:00:29	00:59:42	Veterano 1	197	M	859		A Coruña	955	00:07:35	1238	00:39:49	1241	01:00:29
1144	2471	Jorge Pérez García	01:00:29	00:59:19	Veterano 2	288	M	860		A Coruña	1269	00:07:40	1277	00:39:21	1195	01:00:29
1145	2045	Isabel Leon Muíños	01:00:30	00:59:23	Veterano 2	110	F	285		A Coruña	1215	00:07:11	1120	00:38:44	1163	01:00:30
1146	2235	Laura Seoane Conde	01:00:33	01:00:02	Veterano 2	111	F	286		A Coruña	691	00:07:09	1101	00:39:06	1183	01:00:33
1147	2161	Manuela Filgueiras Barro	01:00:33	00:59:54	Veterano 3	28	F	287		Culleredo	826	00:06:38	899	00:38:47	1166	01:00:33
1148	1906	Ángel Rey Amor	01:00:33	00:59:17	Veterano 1	198	M	861		A Coruña	1354	00:07:35	1234	00:39:32	1219	01:00:33
1149	2234	Elena Lopez Suarez	01:00:34	01:00:03	Junior	2	F	288		A Coruña	689	00:07:11	1117	00:39:07	1184	01:00:34
1150	1564	Ana Sebelon Barrio	01:00:34	00:59:17	Veterano 1	60	F	289		A Coruña	1353	00:07:35	1235	00:39:33	1220	01:00:34
1151	2590	Juan Manuel Filgueira Fernández	01:00:34	00:59:47	Veterano 2	289	M	862		Noia	970	99:99:99	999999	00:38:45	1164	01:00:34
1152	2508	Mario Franco Torres	01:00:43	01:00:08	Veterano 2	290	M	863		Oleiros	757	00:06:21	807	00:38:16	1131	01:00:43
1153	1950	Sara Barreira Blanco	01:00:46	00:59:44	Veterano 4	7	F	290		A Coruña	1151	00:07:37	1259	00:39:48	1239	01:00:46
1154	1767	Jaime Carro Merchan	01:00:48	01:00:03	Veterano 3	127	M	864	CLUB ATLETISMO SADA	Oleiros	921	00:07:11	1114	00:38:48	1168	01:00:48
1155	2138	Marta Lago Mendez	01:00:48	01:00:03	Veterano 2	112	F	291	CLUB ATLETISMO SADA	Oleiros	919	00:07:10	1110	00:38:48	1169	01:00:48
1156	2005	Luisa Iglesias Villanueva	01:00:49	00:59:34	Veterano 1	61	F	292	CLUB ATLETISMO INDEPENDIENTE A ESTRADA	Pobra Do Caramiñal, A	1330	00:07:29	1204	00:39:30	1215	01:00:49
1157	1995	Sofía Crespo Merelas	01:00:51	00:59:52	Veterano 1	62	F	293		A Coruña	1119	00:06:46	951	00:37:50	1100	01:00:51
1158	2553	Adrián Legaspi Freije	01:00:52	00:59:42	Senior	205	M	865		A Coruña	1270	00:06:29	852	00:31:43	569	01:00:52
1159	2421	Nicolás Molina Santiago	01:00:55	01:00:10	Senior	206	M	866		A Coruña	941	99:99:99	999999	00:38:44	1162	01:00:55
1160	2086	Patricia Renon Ferreira	01:00:57	01:00:07	Veterano 2	113	F	294		A Coruña	1003	00:07:13	1136	00:39:14	1187	01:00:57
1161	2047	Carmen Pasandin Peteiro	01:00:57	01:00:09	Veterano 1	63	F	295	NO SPORT LIMIT	A Coruña	976	00:07:13	1140	00:39:14	1188	01:00:57
1162	2548	Rafael Regueira Canosa	01:00:57	01:00:09	Veterano 2	291	M	867		A Coruña	975	00:07:13	1135	00:39:41	1228	01:00:57
1163	2496	Rogelio Robles Morales	01:00:59	00:59:46	Senior	207	M	868		Nogales	1316	00:07:39	1273	00:38:43	1161	01:00:59
1164	2000	Teresa Merlo Varela	01:00:59	01:00:05	Senior	80	F	296		Arteixo	1048	00:07:35	1243	00:39:29	1210	01:00:59
1165	1968	Raluca Mihaela Poenar	01:01:00	01:00:16	Senior	81	F	297	NOITEBRA	Baia Mare	900	00:06:50	969	00:38:37	1155	01:01:00
1166	2094	Isabel Teresa Folgoso Cruz	01:01:00	01:00:31	Veterano 2	114	F	298		Culleredo	650	00:06:49	965	00:39:52	1244	01:01:00
1167	2174	Regina Diez Martínez	01:01:00	01:00:32	Veterano 1	64	F	299		A Coruña	640	00:06:11	760	00:37:33	1080	01:01:00
1168	2567	José Antonio Blanco Quiroga	01:01:00	01:00:32	Veterano 1	199	M	869		A Coruña	642	00:06:11	756	00:37:30	1073	01:01:00
1169	2011	María Angeles Area Teijeiro	01:01:01	01:00:06	Veterano 3	29	F	300		A Coruña	1061	00:07:36	1247	00:39:30	1213	01:01:01
1170	2445	Rafael Fernández Sánchez	01:01:01	01:00:32	Veterano 1	200	M	870		A Coruña	659	00:06:23	819	00:38:24	1143	01:01:01
1171	2114	Ana Aguiar Enriquez	01:01:03	01:00:00	Veterano 3	30	F	301		A Coruña	1175	00:07:21	1177	00:39:05	1182	01:01:03
1172	2215	Iria Fernandez Baz	01:01:05	00:59:57	Senior	82	F	302		A Coruña	1254	00:07:27	1194	00:39:15	1189	01:01:05
1173	1380	Ignacio Normiella Fernandez	01:01:08	00:59:58	Senior	208	M	871		A Coruña	1278	00:07:28	1197	00:39:16	1190	01:01:08
1174	2012	Cruz Rodríguez Suárez	01:01:08	01:00:32	Veterano 2	115	F	303	ATLETAS DE ACEA DE AMA	A Coruña	776	00:06:27	843	00:39:07	1185	01:01:08

1175	2617	Pablo Miranda Blanco	01:01:09	01:00:10	Veterano 2	292	M	872			Culleredo	1117	00:07:03	1049	00:38:49	1170	01:01:09
1176	2446	Javier Blanco Clemente	01:01:11	00:59:57	Veterano 2	293	M	873			A Coruña	1328	00:07:25	1187	00:39:24	1203	01:01:11
1177	2492	Ángel Pombo Castro	01:01:13	01:00:30	Veterano 2	294	M	874	CLUB ATLETISMO SADA		Sada	897	00:06:50	976	00:38:54	1172	01:01:13
1178	2160	Naiara Penas Ferreiro	01:01:19	01:00:26	Veterano 1	65	F	304			A Coruña	1037	00:06:54	997	00:38:29	1149	01:01:19
1179	1932	María Vazquez Aviles	01:01:20	01:01:20	Veterano 1	66	F	305			A Coruña	999999	00:06:54	996	00:38:30	1150	01:01:20
1180	1280	Loli Rial Carballa	01:01:22	01:00:29	Veterano 1	67	F	306			A Coruña	1032	00:07:28	1201	00:39:05	1181	01:01:22
1181	1641	Mar Quintela Abad	01:01:22	01:00:29	Veterano 2	116	F	307			A Coruña	1035	00:07:26	1193	00:39:05	1180	01:01:22
1182	2537	Carlos Olegariodriguez Rodriguez Veiras	01:01:22	01:00:17	Veterano 3	128	M	875			Oleiros	1200	00:07:31	1216	00:38:35	1154	01:01:22
1183	2564	Esteban Cazás Chao	01:01:24	01:00:42	Senior	209	M	876			Pontes De García Rodríguez, As	884	00:07:08	1095	00:38:59	1176	01:01:24
1184	2487	Sergio López Rey	01:01:24	01:00:47	Veterano 1	201	M	877	PATUKOS TIM RANIN		A Coruña	810	00:06:50	975	00:39:40	1227	01:01:24
1185	2170	Fátima Freire Castro	01:01:25	01:00:43	Senior	83	F	308			A Coruña	891	00:07:08	1096	00:38:58	1175	01:01:25
1186	1931	María Seijo Calaza	01:01:26	01:00:32	Veterano 2	117	F	309			A Coruña	1056	00:07:35	1242	00:39:28	1209	01:01:26
1187	2006	Cristina Vara Vázquez	01:01:26	01:00:34	Veterano 2	118	F	310			A Coruña	1027	00:07:35	1241	00:39:28	1208	01:01:26
1188	2107	Cristina Suárez Fraga	01:01:27	01:00:31	Veterano 1	68	F	311			A Coruña	1072	00:07:11	1122	00:39:02	1177	01:01:27
1189	2155	Caterina Silvia Boado García	01:01:30	01:01:05	Senior	84	F	312			Oza Dos Rios	598	00:05:52	675	00:38:07	1122	01:01:30
1190	2360	Javier Caamaño Gonzalez	01:01:31	01:00:50	Senior	210	M	878			A Coruña	873	00:07:03	1052	00:39:18	1192	01:01:31
1191	2449	Sergio Morandeira Varela	01:01:31	01:00:51	Senior	211	M	879			A Coruña	853	00:07:03	1055	00:39:18	1193	01:01:31
1192	2245	Carmen Sömmme López	01:01:34	01:00:57	Veterano 2	119	F	313			Vilagarcía De Arousa	792	00:06:57	1014	00:39:29	1212	01:01:34
1193	2252	Jose Santiago Rueda Romero	01:01:38	01:00:28	Veterano 2	295	M	880	ALTA FIT GYM		A Coruña	1282	00:07:25	1189	00:38:40	1157	01:01:38
1194	2418	Julen Bueno	01:01:38	01:00:31	Veterano 3	129	M	881			A Coruña	1235	00:07:25	1190	00:38:40	1156	01:01:38
1195	1990	Soraya Varela Bao	01:01:41	01:00:47	Veterano 1	69	F	314			A Coruña	1062	00:07:35	1236	00:39:30	1214	01:01:41
1196	1951	Eider Gogorza Olazabal	01:01:42	01:00:47	Veterano 2	120	F	315	HÉRCULES XTRM		A Coruña	1063	00:07:36	1249	00:39:30	1216	01:01:42
1197	2137	Verónica Naya Salgado	01:01:42	01:00:43	Senior	85	F	316			Culleredo	1106	00:07:43	1288	00:40:37	1275	01:01:42
1198	2098	Alicia Pedreira Souto	01:01:42	01:00:50	Veterano 1	70	F	317			A Coruña	1036	00:07:23	1182	00:39:39	1225	01:01:42
1199	2059	Sonia Carballo Castiñeira	01:01:42	01:00:50	Veterano 1	71	F	318			Oleiros	1033	00:07:22	1179	00:39:38	1224	01:01:42
1200	2460	Miguel Gómez Sexto	01:01:43	01:00:51	Veterano 1	202	M	882			A Coruña	1028	00:07:38	1264	00:39:55	1249	01:01:43
1201	1972	Nuria Basanta Alvarez	01:01:43	01:00:51	Veterano 2	121	F	319			Oleiros	1024	00:07:36	1248	00:39:55	1248	01:01:43
1202	2019	Rebeca Mg	01:01:43	01:00:52	Veterano 1	72	F	320			A Coruña	1017	00:07:37	1255	00:40:00	1256	01:01:43
1203	2120	Sabela Rodríguez Rascado	01:01:44	01:00:53	Senior	86	F	321			Noia	1010	00:07:22	1180	00:39:42	1229	01:01:44
1204	2009	Marta García Quijada	01:01:48	01:00:42	Veterano 2	122	F	322			A Coruña	1210	00:07:31	1215	00:39:30	1217	01:01:48
1205	1631	Lorena Rouco Baña	01:01:49	01:00:40	Veterano 1	73	F	323			A Coruña	1252	00:07:08	1097	00:39:22	1198	01:01:49
1206	2027	María Cruz Belver Soto	01:01:49	01:00:58	Veterano 1	74	F	324			Cambre	1019	00:07:06	1074	00:39:04	1179	01:01:49
1207	1946	Nuria Seijo Pérez	01:01:49	01:00:40	Veterano 2	123	F	325	ALTA FIT		A Coruña	1260	00:07:10	1108	00:39:22	1196	01:01:49
1208	1998	Lola Varela Guitian	01:01:49	01:00:41	Veterano 2	124	F	326			A Coruña	1253	00:07:09	1098	00:39:22	1197	01:01:49
1209	2465	Jose Luis García Fanego	01:01:50	01:00:59	Veterano 2	296	M	883			Cambre	1011	00:07:06	1075	00:39:04	1178	01:01:50
1210	2592	Alfonso Gutiérrez Alvarez	01:01:51	01:01:01	Veterano 2	297	M	884			A Coruña	1006	00:07:01	1038	00:38:48	1167	01:01:51
1211	2441	Pablo Barbeito Vilariño	01:01:52	01:00:43	Veterano 2	298	M	885			A Coruña	1262	00:07:11	1116	00:39:36	1223	01:01:52
1212	1615	Laura Iglesias García	01:01:52	01:00:52	Veterano 2	125	F	327			Cedeira	1130	00:07:33	1227	00:40:02	1262	01:01:52
1213	2243	Sabela Caridad Garcia	01:01:52	01:01:00	Senior	87	F	328			Sada	1038	00:07:06	1078	00:39:23	1200	01:01:52
1214	2194	Andrea Barreiro Martínez	01:01:54	01:00:56	Veterano 3	31	F	329			Cedeira	1103	00:07:33	1226	00:40:02	1261	01:01:54
1215	2029	Monica Beteta	01:01:54	01:01:05	Veterano 1	75	F	330	superate		A Coruña	987	00:07:14	1145	00:39:33	1221	01:01:54
1216	2205	Marta Chouciño Garrote	01:01:55	01:01:24	Senior	88	F	331			A Coruña	681	00:07:01	1039	00:39:28	1207	01:01:55
1217	2081	Noelia Pereira Cabeza	01:01:56	01:01:25	Promesa	4	F	332	TERRA DE SONEIRA		Carballo	683	00:07:02	1043	00:39:29	1211	01:01:56
1218	1629	Lorena Camean Bao	01:02:03	01:01:41	Veterano 1	76	F	333			A Coruña	536	00:05:59	710	00:38:12	1129	01:02:03
1219	2557	Jose Manuel Rua Freire	01:02:04	01:01:01	Veterano 2	299	M	886			A Coruña	1170	00:07:38	1262	00:39:59	1255	01:02:04
1220	2166	María Cristina Mosquera Mareque	01:02:05	01:01:02	Veterano 2	126	F	334			A Coruña	1166	00:07:38	1263	00:39:59	1254	01:02:05
1221	2207	Sonia Cal	01:02:05	01:01:04	Veterano 2	127	F	335			A Coruña	1149	00:07:38	1265	00:39:57	1252	01:02:05

1222	2026	Rosario Garcia Ch	01:02:06	01:01:07	Veterano 2	128	F	336		A Coruña	1115	00:07:40	1275	00:39:54	1246	01:02:06
1223	1285	Raquel Vázquez Sánchez	01:02:07	01:01:05	Veterano 1	77	F	337		A Coruña	1148	00:07:38	1260	00:39:56	1251	01:02:07
1224	2480	Daniel Fernández Bibian	01:02:07	01:01:41	Veterano 1	203	M	887		Oleiros	629	00:06:35	888	00:39:50	1242	01:02:07
1225	2061	Alejandra Soto Suarez	01:02:08	01:01:09	Veterano 2	129	F	338		A Coruña	1114	00:07:38	1261	00:39:56	1250	01:02:08
1226	2101	María Adita Vázquez Mosqueira	01:02:08	01:01:34	Veterano 1	78	F	339		Culleredo	758	00:07:13	1130	00:39:48	1240	01:02:08
1227	2484	Jorge José Méndez Herrera	01:02:14	01:00:57	Veterano 2	300	M	888		Zamora	1358	00:07:39	1270	00:39:51	1243	01:02:14
1228	2007	Alma Blanco Pita	01:02:15	01:01:13	Veterano 2	130	F	340		A Coruña	1157	00:07:29	1202	00:39:47	1238	01:02:15
1229	2001	Vanessa Velo Picallo	01:02:17	01:01:17	Veterano 1	79	F	341		A Coruña	1127	00:07:27	1196	00:39:47	1234	01:02:17
1230	1261	María Corredoira Baleato	01:02:19	01:01:44	Veterano 1	80	F	342	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Ames	754	00:06:27	847	00:38:41	1159	01:02:19
1231	2157	Isabel Bohigues Incio	01:02:25	01:01:33	Veterano 1	81	F	343		Oviedo	1026	00:07:26	1191	00:39:46	1232	01:02:25
1232	2552	José María Conde Fernández	01:02:25	01:01:34	Veterano 1	204	M	889		Oviedo	1012	00:07:28	1200	00:39:46	1230	01:02:25
1233	2158	Mª Arántzazu Fernández García	01:02:25	01:01:34	Veterano 2	131	F	344		Oviedo	1015	00:07:24	1183	00:39:46	1231	01:02:25
1234	1336	Estanislao Francisco Fernández Insua	01:02:29	01:01:41	Veterano 3	130	M	890		Noia	978	99:99:99	999999	00:39:47	1236	01:02:29
1235	2201	Susana Santluis Morales	01:02:30	01:01:42	Veterano 2	132	F	345		Noia	973	99:99:99	999999	00:39:47	1237	01:02:30
1236	2200	María Del Carmen Liñares Pérez	01:02:31	01:01:43	Veterano 3	32	F	346		Noia	979	99:99:99	999999	00:39:47	1235	01:02:31
1237	2422	Richard Marcel Sessa Alcaraz	01:02:33	01:01:21	Veterano 1	205	M	891		A Coruña	1297	00:07:41	1284	00:40:03	1223	01:02:33
1238	2187	Isabel García Ferreiro	01:02:34	01:01:51	Senior	89	F	347		A Coruña	888	00:07:08	1093	00:39:35	1262	01:02:34
1239	2124	Vanessa Souto De La Fuente	01:02:36	01:01:58	Veterano 1	82	F	348		Arteixo	813	00:07:07	1085	00:39:26	1204	01:02:36
1240	2220	Irene Fernandez Fidalgo	01:02:37	01:01:35	Veterano 2	133	F	349	ATLETISMO NARON	Naron	1145	00:07:04	1062	00:39:24	1202	01:02:37
1241	2071	Mar Calo Blanco	01:02:37	01:01:30	Veterano 2	134	F	350		A Coruña	1218	99:99:99	999999	00:39:39	1226	01:02:37
1242	1482	Jose Manuel Camba Deus	01:02:38	01:01:37	Veterano 2	90	M	892	SÍGUEME SI PUEDES	A Coruña	1144	00:07:05	1066	00:39:24	1201	01:02:38
1243	2052	Cristina Anguita	01:02:41	01:02:16	Senior	90	F	351		Culleredo	595	00:06:46	949	00:39:18	1191	01:02:41
1244	2040	Esther Moscoso Vidal	01:02:43	01:01:27	Veterano 2	135	F	352		Abegondo	1350	00:07:37	1257	00:40:02	1260	01:02:43
1245	1738	Rubén Darío Hidalgo Martínez	01:02:49	01:01:52	Veterano 2	302	M	893	abuela Carmen y abuelo Pepe	Madrid	1087	00:07:03	1051	00:40:01	1258	01:02:49
1246	2178	Noelia Pan Grela	01:02:49	01:01:54	Veterano 1	83	F	353		A Coruña	1058	00:07:05	1064	00:40:01	1259	01:02:49
1247	2275	Rodrigo Alfonso Rodríguez Fernández	01:03:01	01:02:36	Veterano 2	303	M	894		A Coruña	599	00:05:57	703	00:39:53	1245	01:03:01
1248	2130	Amelia Meijide Martínez	01:03:02	01:02:40	Veterano 3	33	F	354	CLUB ATLETISMO SADA	Oleiros	533	00:06:13	771	00:39:12	1186	01:03:02
1249	2115	Tirsa Chaves Matei	01:03:08	01:02:43	Veterano 3	34	F	355	CLUB ATLETISMO SADA	Oleiros	590	00:06:10	752	00:38:17	1133	01:03:08
1250	2474	Angel Hermida Otero	01:03:08	01:01:55	Veterano 2	304	M	895		Leiro	1317	00:07:41	1280	00:40:29	1271	01:03:08
1251	2623	Adrián Rivas Sante	01:03:10	01:02:23	Senior	212	M	896		Foz	968	00:06:59	1022	00:38:58	1173	01:03:10
1252	2227	Nasira Vázquez Villares	01:03:11	01:02:23	Senior	91	F	356		A Coruña	969	00:06:58	1017	00:38:58	1174	01:03:11
1253	2462	Pablo Urrutia Ferrin	01:03:14	01:02:08	Veterano 2	305	M	897		A Coruña	1208	00:07:15	1150	00:38:31	1152	01:03:14
1254	1637	Carlota Otero	01:03:20	01:03:03	Senior	92	F	357		A Coruña	408	00:05:53	676	00:38:41	1158	01:03:20
1255	1576	Pilar Mesa Cervigon	01:03:22	01:03:04	Veterano 1	84	F	358		A Coruña	452	00:06:44	943	00:39:27	1206	01:03:22
1256	2196	Andrea Pérez González	01:03:24	01:02:58	Senior	93	F	359		A Coruña	627	00:06:29	856	00:39:46	1233	01:03:24
1257	1999	Mª Concepción Alonso Báez	01:03:30	01:02:27	Veterano 3	35	F	360		San Cristóbal De La Laguna	1167	00:07:13	1138	00:40:14	1267	01:03:30
1258	2577	Ramon Mosquera Pan	01:03:41	01:02:45	Veterano 3	131	M	898		Miño	1074	00:07:04	1060	00:38:42	1160	01:03:41
1259	1979	María Francisca Fernandez Carballal	01:03:45	01:02:49	Veterano 3	36	F	361		A Coruña	1081	00:07:14	1147	00:40:08	1264	01:03:45
1260	2015	Neli Formoso Noceda	01:03:49	01:03:09	Senior	94	F	362		A Coruña	852	00:06:56	1005	00:40:36	1274	01:03:49
1261	2197	Elba Pita Fernández	01:03:52	01:03:25	Senior	95	F	363		A Coruña	617	00:06:31	863	00:40:00	1257	01:03:52
1262	2023	Andrea Pérez Díaz	01:03:53	01:03:30	Promesa	5	F	364		Mugardos	552	00:05:48	655	00:39:21	1194	01:03:53
1263	2481	Edmundo Garcia Gomez	01:04:02	01:03:10	Veterano 3	132	M	899		A Coruña	1031	00:07:10	1106	00:39:57	1253	01:04:02
1264	2214	Carmen Fernández Banqué	01:04:13	01:03:27	Senior	96	F	365		Cabezón De La Sal	952	00:07:41	1283	00:41:52	1299	01:04:13
1265	1974	Belen Rodriguez Salas	01:04:21	01:03:18	Veterano 2	136	F	366		A Coruña	1179	00:07:22	1178	00:40:50	1280	01:04:21
1266	2233	Eva Vilaríño Ramos	01:04:22	01:03:12	Veterano 1	85	F	367		A Coruña	1279	00:07:37	1252	00:40:19	1268	01:04:22
1267	2148	Laura Castro López	01:04:27	01:03:59	Senior	97	F	368		A Coruña	647	00:06:44	939	00:40:09	1265	01:04:27
1268	1977	Barbara Álvarez Domínguez	01:04:35	01:03:24	Veterano 2	137	F	369		Oleiros	1283	00:07:38	1268	00:41:01	1283	01:04:35

1269	2399	Francisco Vila Baleato	01:04:38	01:03:19	Veterano 2	306	M	900		A Coruña	1366	00:08:08	1323	00:42:31	1321	01:04:38
1270	2018	Sandra Lema Ozon	01:04:38	01:03:48	Senior	98	F	370		Arteixo	1009	00:07:38	1267	00:41:50	1297	01:04:38
1271	1962	Marta López Morales	01:04:44	01:04:03	Senior	99	F	371		A Coruña	872	00:06:42	924	00:40:12	1266	01:04:44
1272	2043	Begoña Río Cotrofe	01:04:45	01:03:56	Senior	100	F	372	superate	A Coruña	989	00:07:14	1144	00:39:55	1247	01:04:45
1273	2190	Mª Del Carmen González Clives	01:04:53	01:04:14	Veterano 3	37	F	373		A Coruña	830	00:07:05	1068	00:40:33	1272	01:04:53
1274	2225	Nuria Gómez Pereira	01:04:56	01:04:31	Veterano 2	138	F	374		Oleiros	589	00:07:06	1072	00:40:24	1269	01:04:56
1275	2501	Jesús Rodrigo Poveda Rivera	01:04:59	01:04:03	Veterano 1	206	M	901		Narón	1089	00:07:56	1310	00:42:30	1320	01:04:59
1276	2191	Jessica Vazquez Montes	01:05:11	01:04:20	Senior	101	F	375		Arteixo	1018	00:08:05	1320	00:42:51	1326	01:05:11
1277	2039	María Lopez	01:05:12	01:04:07	Veterano 2	139	F	376		Cerceda	1191	00:07:39	1274	00:41:13	1286	01:05:12
1278	2038	Karina Lopez	01:05:12	01:04:06	Senior	102	F	377		Cerceda	1213	00:07:37	1254	00:41:12	1285	01:05:12
1279	2169	Beatriz Haz García	01:05:12	01:04:36	Senior	103	F	378	LA MOCHILA DEL DEPORTE	A Coruña	788	00:06:55	1000	00:40:51	1282	01:05:12
1280	1916	Luis Barrio Casas	01:05:14	01:04:09	Veterano 2	307	M	902	CLUB CASTRO DE LOBADIZ	Ferrol	1189	00:07:52	1301	00:42:28	1318	01:05:14
1281	2226	Lucia Troilño Rey	01:05:14	01:04:09	Veterano 3	38	F	379		Pontevedra	1195	00:07:52	1300	00:43:28	1335	01:05:14
1282	2089	María Luisa Morano Lista	01:05:14	01:04:21	Veterano 2	140	F	380		Arteixo	1042	00:07:15	1149	00:41:17	1287	01:05:14
1283	2619	Neme Gallardo Estévez	01:05:15	01:04:10	Veterano 2	308	M	903		Pontevedra	1201	00:07:53	1303	00:43:28	1336	01:05:15
1284	2228	Ruth Jimenez Fraga	01:05:16	01:04:57	Veterano 2	141	F	381		A Coruña	465	00:06:44	942	00:40:50	1281	01:05:16
1285	2539	Francisco Javier Rodríguez Veiras	01:05:20	01:04:15	Veterano 2	309	M	904		Oleiros	1205	00:07:34	1228	00:41:22	1289	01:05:20
1286	2090	Antia Fontan Souto	01:05:22	01:04:44	Senior	104	F	382		Arteixo	823	00:07:31	1212	00:42:26	1315	01:05:22
1287	2497	Hector Armesto Gomez	01:05:22	01:04:42	Veterano 1	207	M	905		Arteixo	859	00:07:32	1218	00:42:26	1316	01:05:22
1288	2606	Sergio Porto Calvo	01:05:23	01:04:09	Veterano 1	208	M	906		A Coruña	1327	00:07:41	1281	00:42:13	1308	01:05:23
1289	2189	Rebeca Vilarinho Martinez	01:05:30	01:04:39	Senior	105	F	383		A Laracha	1014	00:07:39	1272	00:41:51	1298	01:05:30
1290	2032	Raquel Freiria	01:05:30	01:04:32	Senior	106	F	384	CLUB TRIEUME	Pontes De García Rodríguez, As	1099	00:07:16	1156	00:40:34	1293	01:05:30
1291	2476	Luis Sánchez Santos	01:05:31	01:04:55	Veterano 2	310	M	907		A Coruña	782	00:06:22	815	00:41:25	1273	01:05:31
1292	2455	Pablo Gesto Areosa	01:05:44	01:04:57	Senior	213	M	908		A Coruña	967	00:06:57	1013	00:40:37	1276	01:05:44
1293	2222	Andrea Bianca Barbu	01:05:48	01:05:09	Senior	107	F	385		A Couña	848	00:07:11	1118	00:42:01	1303	01:05:48
1294	2221	Lourdes María Marti Pombo	01:05:49	01:05:09	Veterano 2	142	F	386		A Coruña	847	00:07:11	1113	00:42:01	1304	01:05:49
1295	2085	Monse Piñón	01:05:50	01:05:18	Veterano 2	143	F	387		Fene	701	00:06:50	978	00:41:02	1284	01:05:50
1296	2193	Elena Lorenzo Lopez	01:05:52	01:05:08	Veterano 1	86	F	388		Culleredo	906	99:99:99	999999	00:40:27	1270	01:05:52
1297	2618	Antonio Bertolez Rodriguez	01:05:55	01:04:50	Veterano 2	311	M	909		Ourense	1198	00:07:53	1302	00:42:28	1319	01:05:55
1298	2453	Andres Mosquera Lamas	01:05:58	01:05:14	Veterano 4	31	M	910		A Coruña	901	00:07:12	1127	00:41:22	1290	01:05:58
1299	2097	María Purificación Vázquez Martinez	01:06:00	01:04:53	Veterano 2	144	F	389		Lugo	1228	00:07:52	1299	00:42:18	1311	01:06:00
1300	2468	Pedro Lozano Fero	01:06:05	01:05:11	Veterano 2	312	M	911		A Coruña	1049	00:07:15	1151	00:41:27	1294	01:06:05
1301	2092	Maritza Quispe Molleapaza	01:06:12	01:05:12	Senior	108	F	390		A Coruña	1126	00:07:55	1305	00:41:47	1296	01:06:12
1302	2091	Yride Maylen Rivera Rangel	01:06:12	01:05:11	Veterano 2	145	F	391		A Coruña	1137	00:07:55	1308	00:41:46	1295	01:06:12
1303	2168	Sara Fuentes Nieto	01:06:21	01:05:45	Veterano 2	146	F	392	LA MOCHILA DEL DEPORTE	A Coruña	791	00:06:53	990	00:40:48	1279	01:06:21
1304	2073	Sonia Miguez	01:06:21	01:05:45	Veterano 2	147	F	393	LA MOCHILA DEL DEPORTE	A Coruña	800	00:06:54	994	00:41:18	1288	01:06:21
1305	2502	Miguel Angel Mosquera Abad	01:06:22	01:05:53	Veterano 4	32	M	912		A Coruña	648	00:06:50	973	00:40:41	1277	01:06:22
1306	2499	Enrique Martorell Pascual	01:06:22	01:05:54	Veterano 2	313	M	913		Culleredo	645	00:06:49	967	00:40:40	1278	01:06:22
1307	2020	Alba María Basoa Portos	01:06:24	01:05:44	Senior	109	F	394		A Coruña	855	00:07:10	1107	00:41:23	1292	01:06:24
1308	2442	Victor Manuel Lopez Fernandez	01:06:36	01:05:49	Veterano 2	314	M	914		A Coruña	961	00:07:10	1105	00:41:23	1291	01:06:36
1309	2519	Samuel Paz Castrillo	01:06:41	01:06:03	Veterano 2	315	M	915		Culleredo	814	99:99:99	999999	00:42:06	1306	01:06:41
1310	2118	Beatriz Sousa Negreira	01:06:41	01:06:03	Senior	110	F	395		A Coruña	822	00:07:05	1071	00:42:05	1305	01:06:41
1311	2078	Angela De Miguel	01:06:50	01:05:43	Veterano 2	148	F	396		Lugo	1237	00:07:50	1296	00:42:20	1312	01:06:50
1312	2463	Alberto Sanchez Regueiro	01:06:52	01:05:49	Veterano 2	316	M	916		A Coruña	1181	00:07:35	1237	00:42:22	1314	01:06:52
1313	2056	Noemi Rodríguez Conde	01:06:56	01:06:04	Senior	111	F	397		A Coruña	1029	00:07:26	1192	00:42:47	1322	01:06:56
1314	1723	Alvaro Ramos Puente	01:06:58	01:05:59	Veterano 1	209	M	917		Cabrerizos	1120	00:07:43	1290	00:41:53	1301	01:06:58
1315	2135	Pilar Nuñez Cartelle	01:06:59	01:06:00	Veterano 2	149	F	398		A Coruña	1116	00:07:43	1287	00:41:53	1300	01:06:59

1316	2503	Carlos Quintas Vila	01:07:02	01:05:49	Veterano 2	317	M	918	Os Rodeiros	A Coruña	1324	00:07:58	1312	00:42:56	1327	01:07:02
1317	2544	Miguel Borrachero Rajadel	01:07:14	01:06:04	Veterano 2	318	M	919		A Coruña	1280	00:07:42	1285	00:42:14	1309	01:07:14
1318	2156	Beatriz Gonzalez Maceiras	01:07:15	01:06:37	Veterano 2	150	F	399		A Coruña	821	00:07:36	1250	00:42:49	1323	01:07:15
1319	2335	Jesus Sáez Varela	01:07:37	01:06:33	Veterano 1	210	M	920		A Coruña	1183	00:07:31	1214	00:42:22	1313	01:07:37
1320	2375	Gustavo Patiño Ogea	01:07:43	01:06:52	Veterano 3	133	M	921	ATLETISMO RIAZOR CORUÑA	Oleiros	1013	00:07:55	1309	00:43:06	1328	01:07:43
1321	2095	Irene Patiño Castro	01:07:45	01:06:49	Senior	112	F	400		Narón	1076	00:07:55	1306	00:43:06	1329	01:07:45
1322	2163	Lorena Fernández González	01:07:51	01:06:58	Senior	113	F	401		A Coruña	1040	00:07:37	1258	00:43:25	1332	01:07:51
1323	2077	María Pilar Fernández San Jose	01:07:55	01:07:29	Veterano 2	151	F	402		Brion	619	00:06:41	916	00:42:09	1307	01:07:55
1324	2110	Helena Fernandez Perez	01:07:57	01:07:03	Senior	114	F	403		A Coruña	1054	00:07:25	1186	99:99:99	999999	01:07:57
1325	2093	Silvana Lopez Carballo	01:08:04	01:06:57	Senior	115	F	404		Ares	1222	00:07:14	1142	00:42:16	1310	01:08:04
1326	2142	Ana Lema Cambor	01:08:12	01:07:31	Promesa	6	F	405		A Coruña	866	00:07:30	1209	00:43:27	1333	01:08:12
1327	1213	Evaristo Lema Marifo	01:08:13	01:07:32	Veterano 2	319	M	922		A Coruña	876	00:07:32	1220	00:43:27	1334	01:08:13
1328	2021	Paz Gonzalez Martínez	01:08:17	01:07:25	Veterano 3	39	F	406		A Coruña	1021	00:07:35	1240	00:42:50	1325	01:08:17
1329	2181	Maribel Vicente González	01:08:42	01:08:11	Veterano 3	40	F	407		Miño	685	00:07:04	1059	00:42:27	1317	01:08:42
1330	2428	Jose Antonio Alcalde Outeiral	01:08:54	01:07:42	Veterano 3	134	M	923		Ames	1296	00:08:07	1321	00:44:08	1342	01:08:54
1331	2033	M Teresa Valcarce Rodríguez	01:09:13	01:08:55	Veterano 2	152	F	408		A Coruña	440	00:07:01	1040	00:43:12	1331	01:09:13
1332	2443	José Carucho Pena	01:09:14	01:08:44	Veterano 4	33	M	924		A Coruña	667	00:06:33	877	00:42:00	1302	01:09:14
1333	2034	Silvia Lopez Rodríguez	01:09:15	01:08:57	Veterano 2	153	F	409		Ponferrada	441	00:07:03	1050	00:43:11	1330	01:09:15
1334	2398	Arturo Pérez Gómez	01:09:36	01:08:52	Veterano 1	211	M	925		A Coruña	909	00:06:19	793	99:99:99	999999	01:09:36
1335	2458	Xabier Garcia Perez	01:09:55	01:08:38	Senior	214	M	926		Culleredo	1355	00:08:12	1324	00:44:10	1343	01:09:55
1336	2208	Rosana Núñez Senra	01:09:55	01:08:38	Senior	116	F	410		A Coruña	1356	00:08:07	1322	00:44:10	1344	01:09:55
1337	2117	Susana Garcia Boquete	01:10:08	01:08:56	Veterano 2	154	F	411		A Coruña	1286	00:07:41	1282	00:43:51	1337	01:10:08
1338	1696	Gerardo Pérez López	01:10:15	01:09:03	Veterano 1	212	M	927		A Coruña	1289	00:07:54	1304	00:44:01	1340	01:10:15
1339	2069	Beatriz Figueroa Núñez	01:10:15	01:09:04	Veterano 1	87	F	412		A Coruña	1290	00:07:55	1307	00:44:01	1341	01:10:15
1340	2096	Nina Yarovenko	01:10:38	01:09:24	Senior	117	F	413		Gondomar	1315	00:08:26	1328	00:45:26	1351	01:10:38
1341	2068	Teresa Chouchiño Iglesias	01:10:39	01:09:29	Veterano 1	88	F	414		Oleiros	1273	00:07:52	1298	00:44:20	1345	01:10:39
1342	1735	Javier Sordo Ferreiro	01:11:00	01:10:15	Senior	215	M	928		A Coruña	925	00:07:09	1102	00:43:58	1338	01:11:00
1343	2084	Laura Santos Suárez	01:11:02	01:10:17	Senior	118	F	415		Oleiros	924	00:07:09	1103	00:43:58	1339	01:11:02
1344	2241	Belen Carrera Iglesias	01:11:09	01:10:37	Veterano 2	155	F	416		A Coruña	719	00:06:57	1011	00:44:26	1346	01:11:09
1345	2242	Carolina Cañizares Arizmendi	01:11:25	01:10:13	Veterano 1	89	F	417		Arteixo	1287	00:08:04	1319	00:45:21	1348	01:11:25
1346	2232	Sonia Lantes Perez	01:11:25	01:10:13	Veterano 2	156	F	418		Cambre	1291	00:08:04	1318	00:45:21	1349	01:11:25
1347	2217	Eva Añón Piña	01:11:46	01:10:55	Veterano 1	90	F	419		Arteixo	1016	00:08:04	1317	00:45:23	1350	01:11:46
1348	2044	María Pilar Araujo Gomez	01:12:14	01:11:42	Veterano 2	157	F	420	BEER RUNNERS	Vigo	715	00:07:08	1092	00:46:52	1354	01:12:14
1349	2238	Erea Seijo Noya	01:12:41	01:11:30	Senior	119	F	421		A Coruña	1276	00:07:46	1293	00:46:58	1356	01:12:41
1350	2236	Beatriz Muras Romero	01:13:45	01:12:35	Senior	120	F	422		Pobra Do Caramiñal	1281	00:07:43	1289	00:46:58	1355	01:13:45
1351	2575	Joaquin Diaz Rondono	01:14:07	01:13:34	Veterano 3	135	M	929		A Coruña	718	00:06:59	1026	00:44:48	1347	01:14:07
1352	2489	José Castro Orte	01:14:12	01:14:12	Veterano 1	213	M	930		Ferrol	999999	99:99:99	999999	00:50:30	1367	01:14:12
1353	2099	María Merián Rodríguez	01:14:12	01:14:12	Senior	121	F	423		Ferrol	999999	99:99:99	999999	00:50:31	1368	01:14:12
1354	2109	Alicia Ana Couce Falcon	01:14:21	01:13:14	Veterano 2	158	F	424		Ares	1219	00:08:13	1325	00:47:06	1358	01:14:21
1355	1845	Juan Carlos Porto Lopez	01:14:21	01:13:14	Veterano 2	320	M	931		Ares	1220	00:08:14	1327	00:47:06	1357	01:14:21
1356	2491	Jose Javier Mesias Vazquez	01:14:34	01:14:13	Veterano 2	321	M	932		A Coruña	508	00:07:03	1048	00:45:45	1352	01:14:34
1357	2216	Silvia Varela Mallo	01:14:45	01:13:55	Senior	122	F	425		Arteixo	1000	00:07:46	1294	00:45:56	1353	01:14:45
1358	2237	Iria Casais Morales	01:15:05	01:13:54	Senior	123	F	426		Arteixo	1277	00:07:47	1295	00:47:27	1359	01:15:05
1359	2633	Manuel Bustabad Alonso	01:17:17	01:15:45	Veterano 2	322	M	933		Abegondo	1371	00:08:14	1326	00:48:35	1360	01:17:17
1360	2218	Leticia Souto Vazquez	01:18:55	01:18:05	Senior	124	F	427		A Coruña	1008	00:08:03	1316	00:48:40	1361	01:18:55
1361	2141	Ana Vázquez	01:19:28	01:18:16	Senior	125	F	428		Cambre	1295	00:07:58	1314	00:49:55	1366	01:19:28
1362	2536	Alejandro Vilas Debén	01:19:29	01:18:17	Senior	216	M	934		A Coruña	1303	00:07:58	1313	00:49:55	1365	01:19:29

1363	2354	José Luis Penedo Fernández	01:20:08	01:18:55	Veterano 2	323	M	935		A Coruña	1307	00:08:02	1315	00:48:57	1362	01:20:08
1364	2547	Luis Fontenla Ulloa	01:20:08	01:18:55	Veterano 3	136	M	936		A Coruña	1311	00:07:56	1311	00:49:02	1363	01:20:08
1365	2022	María Jose Alonso Corral	01:21:46	01:20:47	Veterano 3	41	F	429	CLUB CASTRO DE LOBADIZ	Pontes De García Rodríguez, As	1108	00:08:30	1330	00:49:52	1364	01:21:46
1366	2212	María Del Mar Paradela Miro	01:21:46	01:20:47	Veterano 2	159	F	430		A Coruña	1113	00:08:29	1329	00:50:36	1369	01:21:46
1367	1841	Jose Grela Rodríguez	02:28:48	02:28:48	Veterano 3	137	M	937	NINGUNO	A Coruña	999999	99:99:99	999999	99:99:99	999999	02:28:48